

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# August



5 **Coffee Club**  
 10:00am: Resident Led Bible Study  
 11:15am: Tai Chi  
 1:00pm: Bingo  
 3:00pm: Mexican Train Dominoes  
 6:00pm: Resident-led Ladies Poker

12 **Coffee Club**  
 10:00am: Resident Led Bible Study  
 11:15am: Tai Chi  
 1:00pm: Bingo  
 3:00pm: Mexican Train Dominoes  
 6:00pm: Resident-led Ladies Poker

19 **Coffee Club**  
 10:00am: Resident Led Bible Study  
 11:15am: Tai Chi  
 1:00pm: Bingo  
 3:00pm: Mexican Train Dominoes  
 6:00pm: Resident-led Ladies Poker

26 **Coffee Club**  
 10:00am: Resident Led Bible Study  
 11:15am: Tai Chi  
 1:00pm: Bingo  
 3:00pm: Mexican Train Dominoes  
 6:00pm: Resident-led Ladies Poker

6 9:30AM: **HISTORY CLUB**  
 11:00am: Chair Yoga & Meditation  
 11:30am: **Blue Ginger Japanese Bistro**  
 12:00pm: Card Games

13 9:30AM: **HISTORY CLUB**  
 11:00am: Chair Yoga & Meditation  
 12:00pm: Card Games  
 4pm: **Silver Derby**

20 9:30AM: **HISTORY CLUB**  
 10AM: **WINSTAR CASINO**  
 11:00am: Chair Yoga & Meditation  
 12:00pm: Card Games

27 9:30AM: **HISTORY CLUB**  
 11:00am: Chair Yoga & Meditation  
 12:00pm: Card Games  
 4pm: **Taco Tuesday**

7 **Coffee Club**  
 11:15am: Tai Chi  
 12:00pm: Card Games  
 4:00pm: **Sunstone Village Wine Down Wednesday**

14 **Coffee Club**  
 11:15am: Tai Chi  
 12:00pm: Card Games  
 4:00pm: Resident Wine Down Wednesday

21 **Coffee Club**  
 11:15am: Tai Chi  
 12:00pm: Card Games  
 4:00pm: **Sunstone Village Wine Down Wednesday**

28 **Coffee Club**  
 10:00am: **6th Floor Museum at Dealey Plaza**  
 11:15am: Tai Chi  
 12:00pm: Card Games  
 4:00pm: Resident Wine Down Wednesday

1 9:30AM: **HISTORY CLUB**  
 10am: **Aqua Fitness**  
 12:00pm: Dominoes  
 2:00pm: "42" Dominoes  
 6:00pm: Poker

8 9:30AM: **HISTORY CLUB**  
 10am: **Aqua Fitness**  
**FRONTIER**  
 12:00pm: Dominoes  
 2:00pm: "42" Dominoes  
 6:00pm: Poker

15 9:30AM: **HISTORY CLUB**  
 10am: **Aqua Fitness**  
 12:00pm: Dominoes  
 2:00pm: "42" Dominoes  
 3:30pm: **Watercolor Class**  
 6:00pm: Poker

22 9:30AM: **HISTORY CLUB**  
 10am: **Aqua Fitness**  
 12:00pm: Dominoes  
 2:00pm: "42" Dominoes  
 6:00pm: Poker

29 9:30AM: **HISTORY CLUB**  
 10am: **Aqua Fitness**  
 12:00pm: Dominoes  
 2:00pm: "42" Dominoes  
 6:00pm: Poker

2 **Coffee Club**  
 11:30am-12:30pm: **Grocery Run!**  
 12:00pm: Card Games  
 2:00pm: **Movie**  
 4:00pm: Tai Chi

9 **Coffee Club**  
 12:00pm: Card Games  
 2:00pm: **Movie**  
 4:00pm: Tai Chi  
 4:00pm: **Karaoke & Pizza**

16 **Coffee Club**  
 11:30am-12:30pm: **Grocery Run!**  
 2:00pm: **Movie**  
 12:00pm: Card Games  
 4:00pm: Tai Chi

23 **Coffee Club**  
 12:00pm: Card Games  
 2:00pm: **Movie**  
 4:00pm: Tai Chi

30 **Coffee Club**  
 11:30am-12:30pm: **Grocery Run!**  
 12:00pm: Card Games  
 2:00pm: **Movie**  
 4:00pm: Tai Chi  
 4:00pm: **Birthday Potluck!**

3 11:00am: **Resident-led Knitting Class**

10 10:00am **Sunstone Village Open House Jewelry & Craft Sale**

17 10:30am: **Craft - DIY Flower Arrangement**



A... **Life.**  
 Creative Healthy Mindful  
 Playful Inquisitive Centered  
 Social

**Office Hours :**  
 Monday - Friday 10:00 am - 6:00 pm  
 Saturday 10:00 am - 5:00 pm  
 Sunday CLOSED