



Bringing independence to living and quality to life

Regency on Whidbey— Hitting the Streets to Celebrate America’s Birthday!!!

On July 4th, Regency on Whidbey Residents and Staff participated in Oak Harbor’s annual 4th of July parade. The parade is an old fashioned celebration, where patriotism is on proud display, thanks in part to the communities strong ties to Naval Air Station Whidbey Island.

It was absolutely perfect weather for a parade, with warm sunshine and blue skies. Regency had three vehicles in the parade, including our bus filled with Residents eager to be part of the festivities. As everyone waited for the fly-over to officially start the parade, Staff worked feverishly to deck all three vehicles in red, white and blue. Once underway, the parade route was lined with thousands of spectators eagerly awaiting all the participants.

Everyone who participated had a great time!!

We hope your 4th of July was filled with joy, patriotism, and maybe a few fireworks!

August
2024



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Colleen Wofford
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



- **Bud Wallgren—8/4**
- **George Hamlin—8/11**
- **Murrell “Dan” Daniel—8/16**
- **Mary Lange—8/18**
- **Billie Cook—8/26**
- **Jay Decker—8/27**



Medications for Outings

If you will be taking your loved one out & they will require medication during their absence, Please notify us at least 2 hours prior, so that we can have their medication ready.

Thank you!!



Regency's Beauty Salons

Emily Kitchens will be filling in at both the Memory Care & Assisted Living Hair Salons.

**She will be here on
Tuesdays & Fridays
Walk-ins are welcomed &
encouraged
Thank you!!**



Traveling the Dementia Journey Together

Regency on Whidbey invites you to join our Memory Care Support Group

**The 2nd Thursday
of the Month
2:00pm—3:30pm**

**Regency Assisted
Living Building
3rd Floor Day Room**



Door Hours

**Regency on Whidbey's
Front door is
unlocked from**

8:30am—5:00pm
Daily

Please schedule visits appropriately.

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!



on facebook.



Please join us in welcoming our new Business Office Manager, **Bonnie Patterson.**



In Search of Speakers

Since Covid, it has been difficult to find speakers for the informational presentations that Residents so enjoy.

If you or someone you know has an interesting hobby, an unusual job, traveled to distant lands, or any other experience that Residents might find interesting, please consider doing a talk for them.

Please contact
Lanida Brophy in Activities
lbrophy@regency-pacific.com



Staff

- Merys Garcia-Barajas—8/1
- Aaliyah Robinson—8/3
- Heather Runner—8/16
- Aiesha “Q” Doe—8/16
- Rovic Parba—8/20
- Emily Kitchens—8/23
- Morgan Roundy—8/25
- Sheryl Bartolome—8/26
- Richard Robinson—8/30



Fighting Alzheimer's

Regency on Whidbey is gearing up to fight Alzheimer's Disease with...

Our annual Rock-a-Thon to End Alzheimer's
Friday, August 30th
9:00am–4:30pm

If you would like to support this important cause, please stop by to make a donation or purchase one of our purple pens for \$5

Donations can also be made online at...

<http://act.alz.org/goto/regencyonwhidbey>

Thank you for your support!



All Doctors appointments MUST be reported to the Med. Room.

If you wish to take the Regency bus on Doctor Day, you MUST schedule your ride with the Front Desk 24 Hours before your appointment.

The Last Tuesday of every month is reserved for Anacortes Doctor Visits ONLY We cannot accommodate visits to other areas. Please DO NOT schedule local appointments on that day.

Thank You!!!



Congratulations June RESPECT Winner—

Elizabeth Lovelady

Elizabeth “Liz” was born in Olympia, but was raised in South Bend, Washington. As she approached high school, she went back to Olympia to live with her Aunt, and that is where she graduated. After high school, Liz continued her education at community college, attending both South Puget Sound and Skagit Valley Community Colleges.

Liz worked many odd jobs after school, including fast food and Maintenance at Walmart. What she was most passionate about was her volunteer position as a camp counselor, which strangely enough is what brought her to caregiving...

As a child, Liz attended *To Belong*, a camp for children in the foster care system, she was in a familial placement with her Aunt. When she turned 16, she was anxious to become a Counselor in Training and at 18 she became a Counselor. One summer, Liz was trying to convince a friend to join her as a Counselor at the camp and her friend said she would do it if

Liz would consider going into caregiving, because she thought Liz “would be a really good caregiver.”

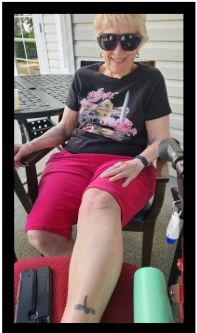
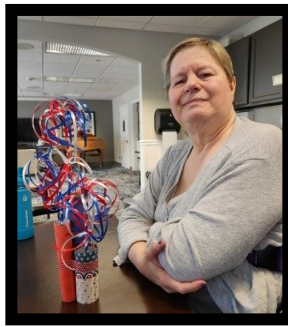
It turned out that her friend was correct!! Liz is a really good caregiver.

Prior to joining the Regency on Whidbey team two years ago, Liz worked at Regency Coupeville, where she earned her C.N.A. Residents love her and often speak of her kindness and willingness to listen, as well as her patience. Staff recognize Liz's willingness to help anywhere that she is needed, and managers appreciate her flexibility. She often picks-up shifts and covers for others when they are sick or on vacation.

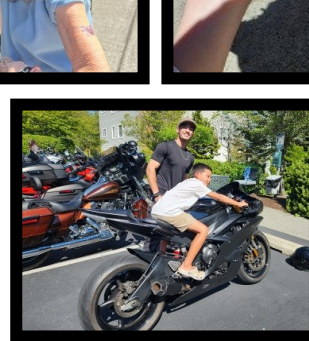
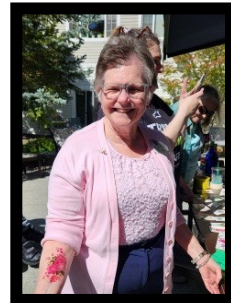
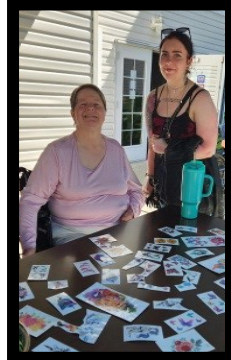
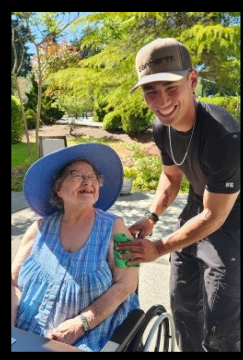
Thank you, Liz, for all you do!!
Congratulations!!!



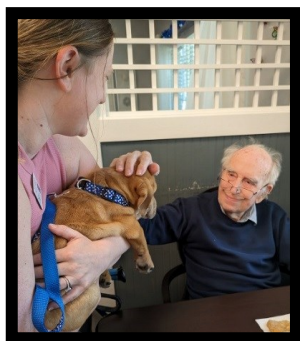
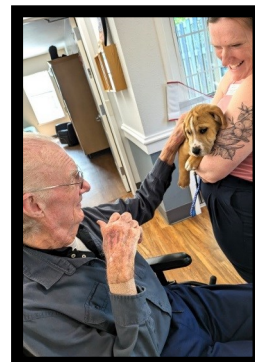
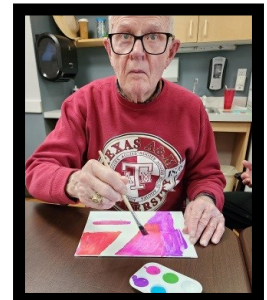
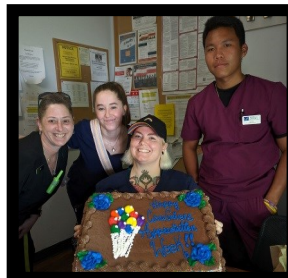
More July 4th



Motorcycles, Booze & Tattoos



Memory Care Moments





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

Swing on Over to the
Regency Annual Picnic

Saturday August 10 1:30pm to 2:00pm

Team Regency

Assisted Living & Parking Lot

Music by...
Steve Ellis & Ward McLary

POSTPONED
UNTIL FURTHER NOTICE