

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**AUGUST 2024**  
**Assisted Living & Cottages**

4 	5 	6 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Beat the Heat Social (AR) 5:45 Movie (T)	7 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Celebration in Paris (AR) 5:45 Movie (T)	8 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Uzzle (AR) 1:00 Movie (T) 1:30 Fitness Fun – Pickle Ball (AR) 3:00 Happy Hour & Music with Beverly Graham (AR) 5:45 Movie (T)	9 <b>Shopping Day</b> Bus leaves at 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Olympic History & Trivia (AR) 5:45 Movie (T)	10 <b>Annual Picnic</b> <b>Postponed</b> 1:00 Movie (T) 5:45 Movie (T)
11 1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T)	12 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Paul Ahnberg – Mount Saint Helens – Then & Now (AR) 5:45 Movie (T)	13 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 1:00 Movie (T) 1:30 Resident Meeting (AR) 3:00 Hand Massage & Nail Care (AR) 5:45 Movie (T)	14 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 EZ Sea Turtle Painting (AR) 5:45 Movie (T)	15 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Word in a Word (AR) 1:00 Movie (T) 1:30 You Be the Judge! (AR) 3:00 Happy Hour & Music with Lori & Friends (AR) 5:45 Movie (T)	16 <b>Shopping Day</b> Bus leaves at 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Hawaiian Shirt Social (AR) 5:45 Movie (T)	17 1:00 Movie (T) 5:45 Movie (T)
18 1:00 Movie (T) 3:00 Church – Pastor Lisa Connolley (AR) 5:45 Movie (T)	19 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Travelogue – Kauai (AR) 5:45 Movie (T)	20 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:00-1:30 Library on Wheels (AR) 1:30 Hand Massage & Nail Care (AR) 3:00 Summer Vacation Social (AR) 5:45 Movie (T)	21 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Granny Pot Craft (AR) 5:45 Movie (T) 	22 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Memory (AR) 1:00 Movie (T) 1:30 Fitness Fun – Floor Hockey (AR) 3:00 Happy Hour & Music with Ryan Prichard (AR) 5:45 Movie (T)	23 <b>Shopping Day</b> Bus leaves at 9:30 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Show-n-Tell (AR) 5:45 Movie (T)	24 1:00 Movie (T) 5:45 Movie (T)
25 1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T)	26 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Healthy Living Talk with Rainey (AR) 5:45 Movie (T)	27 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 August Birthday Social (AR) 5:45 Movie (T)	28 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Craft Wrap-Up (AR) 5:45 Movie (T)	29 <b>Doctor Day</b> 10:00 Video Mornings in Motion (AR) 10:45 Newsletter Prep 1:00 Movie (T) 1:30 You Be the Judge! (AR) 3:00 Happy Hour & Music with Keystone (AR) 5:45 Movie (T)	30 <b>Shopping Day</b> Bus leaves at 9:30  9:00-4:30 Regency on Whidbey's Annual Rock-a-Thon for Alzheimer's 1:00 & 5:45 Movie (T)	31 1:00 Movie (T) 5:45 Movie (T)

**ALL Activities are subject to change – Please check the Elevators & Front Desk for the most Up-to-Date schedule of Activities**