

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August 2024</div>				9:30 Exercise class 1 10:00- Chair yoga 11:00 Balloon volleyball 1:00 Rest and relaxation 1:30- Assorted Games 2:00 Bible study 3:00- Daily Chronicles 3:30- Music and movement	9:30 Exercise class 2 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30- Daily Chronicles 2:30 Happy hour with IL & AL 3:30 Reminiscing	9:30 Sittercise 3 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 4 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Stretching and Exercise5 10:00 Back Porch Hangs 11:00 Daily Cronicles 1:00 Rest and relaxation 1:30 Family Feud Game 2:00 Color and conversation 3:00 Manicures 3:30- Music and Movement	9:30 Arm chair yoga 6 10:00- Daily Chronicles 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 1:30- Yoga with InstruMix 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 7 10:00- Daily Chronicles 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30-Trivia Time 2:00 Color and Conversation 3:30 Chair yoga with AL	9:30 Exercise class 8 10:00- Chair yoga 11:00 Balloon volleyball 1:00 Rest and relaxation 1:30- Assorted Games 2:00 Bible study 2:30 Treat with Caretenders 3:00- Daily Chronicles 3:30- Music and Movement	9:30 Exercise class 9 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30- Daily Chronicles 2:30 Harbor Happy hour 3:30 Reminiscing	9:30 Sittercise 10 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 11 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Stretching and Exercise12 10:00 Back Porch Hangs 11:00 Daily Cronicles 1:00 Rest and relaxation 1:30 Family Feud Game 2:00 Color and conversation 3:00 Manicures 3:30- Music and Movement	9:30 Arm chair yoga 13 10:00- Daily Chronicles 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 1:30- Yoga with InstruMix 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 14 10:00- Daily Chronicles 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30-Trivia Time 2:00 Color and Conversation 3:30 Chair yoga with AL	9:30 Exercise class 15 10:00- Chair yoga 11:00 Balloon volleyball 1:00 Rest and relaxation 1:30- Assorted Games 2:00 Bible study 3:00- Daily Chronicles 3:30 Music and Movement	9:30 Exercise class 16 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30- Daily Chronicles 2:30 Happy hour with AL & IL 3:30 Reminiscing	9:30 Sittercise 17 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 18 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Stretching and Exercise19 10:00 Back Porch Hangs 11:00 Daily Cronicles 1:00 Rest and relaxation 1:30 Family Feud Game 2:00 Color and conversation 3:00 Manicures 3:30- Music and Movement	9:30 Arm chair yoga 20 10:00- Daily Chronicles 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 1:30- Yoga with InstruMix 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 21 10:00- Daily Chronicles 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30-Trivia Time 2:00 Color and Conversation 3:30 Chair yoga with AL	9:30 Exercise class 22 10:00- Chair yoga 11:00 Balloon volleyball 1:00 Rest and relaxation 1:30- Assorted Games 2:00 Bible study 3:00- Daily Chronicles 3:30- Music and Movement	9:30 Exercise class 23 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30- Daily Chronicles 2:30 Harbor Happy hour 3:30 Reminiscing	9:30 Sittercise 24 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn
9:30 Sunday Morning Church 25 10:00 Silver Sneakers 11:00 Noodle ball 1:00 Rest and Relaxation 2:00 Finish the phrase 3:00 Puzzle time	9:30 Stretching and Exercise26 10:00 Back Porch Hangs 11:00 Daily Cronicles 1:00 Rest and relaxation 1:30 Family Feud Game 2:00 Color and conversation 3:00 Manicures 3:30- Music and Movement	9:30 Arm chair yoga 27 10:00- Daily Chronicles 10:30 Are you smarter than a 5th grader 11:15 Chapel With JP 1:00 Rest and relaxation 1:30- Yoga with InstruMix 2:00 Bingo buddies 3:30 Puzzle time	9:30 Exercise class 28 10:00- Daily Chronicles 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30-Trivia Time 2:00 Color and Conversation 3:30 Chair yoga with AL	9:30 Exercise class 29 10:00- Chair yoga 11:00 Balloon volleyball 1:00 Rest and relaxation 1:30- Assorted Games 2:00 Bible study 3:00- Daily Chronicles 3:30- Music and Movement	9:30 Exercise class 30 10:30 Noodle ball 11:00- Sorting and Sensory 1:00 Rest and relaxation 1:30- Daily Chronicles 2:30 Happy hour with AL & IL 3:30 Reminiscing	9:30 Sittercise 31 10:30 Daily chronicle 11:00 Coffee and conversation 1:00 Rest and relaxation 2:00 Color and conversation 3:00 Uno 6:00 Movie and popcorn