| SUN   | MON   | TUE  | WED  | THUR   | FRI   | SAT  |
|---|---|--|--|--|---|--|
| OCATION KEY<br>AR - Atrium Activity Room-4th Fl.<br>CR - Atrium Card Room-3rd Fl.<br>C - Back Courtyard<br>CR - Community Room-1st Fl.<br>GR - Game Room-2nd Fl.<br>IB - Library: 3rd Fl.<br>- Lobby<br>UB - Pub-2nd Fl.<br>AR - Terrace Activity Room-3rd Fl     | TDR - Terrace Dining Room<br>THR - Theatre-3rd Fl.  |  |  | 10:00 Morning Stretch<br>(Ch.956)<br>10:00 Town Hall (CR)<br>1:00 Shuffleboard (GR)<br>1:00 Veteran's Club Meeting (CR)<br>2:00 Bingo (PUB)<br>3:00 Cards (TAR)<br>6:00 BBC Series: "As Time Goes By"<br>(THR)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)   | 10:00 Chair Yoga w/ Vicky<br>(CR)<br>1:00 Bocce Ball (GR)<br>2:00 Kings-in-the-Corner<br>(TAR)<br>3:00 Happy Hour (PUB)<br>6:00 Friday Night Card Club (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)                | <ul> <li>10:30 Morning Mov'in to the Oldies w/ Heidi (PUB)</li> <li>12:30 Clever Crafts w/ Heidi (TAR)</li> <li>2:00 Kitchen Korner (Lemonade Puff Pastry Pigs) (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul>   |
| <ul> <li>10:30 Bible Study (Terrace<br/>Activity Room)</li> <li>1:00 Gardening Club<br/>(TAR)</li> <li>2:00 Church (THR)</li> <li>3:00 Coffee, Tea &amp; Cookies (TAR)</li> <li>6:15 Farkle (LIB)</li> <li>6:30 Flex &amp; Relax w/ Pahla<br/>(Ch.956)</li> </ul> | 10:00Morning Stretch<br>(Ch.956)52:00Bingo (PUB)3:00Fox Fitness Fun (PUB)3:00Store Cart (PUB)3:30Board Games w/ Babs (TAR)6:00Pinochle Club (LIB)6:30Flex & Relax w/ Pahla<br>(Ch.956)                | 10:30 Shuffleboard (GR)<br>1:00 Country Drive (L)<br>2:00 UNO (TAR)<br>3:00 Villa Stitchers (AAR)<br>3:00 Villa Store (4th Fl.)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)<br>6:30 Music w/ Pat Kocen (PUB)                               | <ul> <li>10:30 Catholic<br/>Communion w/<br/>Mary (THR)</li> <li>12:30 Walking Group (L)</li> <li>2:00 Sing-a-longs w/ Debbie on<br/>piano (PUB)</li> <li>3:00 Gabbing in the Garden (BC)</li> <li>6:00 Canasta (ACR)</li> <li>6:30 Flex &amp; Relax w/ Pahla<br/>(Ch.956)</li> </ul>  | 10:00Morning Stretch<br>(Ch.956)810:30Blood Pressures w/<br>Karen (PUB)81:00Cardio Drumming (CR)1:00Shuffleboard (GR)2:00Bingo (PUB)3:00Cards (TAR)6:00BBC Series: "As Time Goes By"<br>(THR)6:30Flex & Relax w/ Pahla<br>(Ch.956)   | 10:00 Chair Yoga w/ Vicky<br>(CR)<br>1:00 Bocce Ball (GR)<br>2:00 Kings-in-the-Corner<br>(TAR)<br>3:00 Happy Hour (PUB)<br>6:00 Friday Night Card Club (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)                | 9:00 Mexican Train (LIB)<br>1:00 Allyson on piano<br>(PUB)<br>2:30 Bingo (PUB)<br>3:30 Group Puzzle (TAR)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)<br>6:30 Travelogue (THR)   |
| <ul> <li>8:30 Bus to OMPH (L)</li> <li>10:00 UNO (TAR)</li> <li>1:00 Mexican Train (TAR)</li> <li>2:00 Church (THR)</li> <li>3:00 Karaoke w/ Henry (PUB)</li> <li>6:15 Farkle (LIB)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> </ul>                   | 10:00 Morning Stretch<br>(Ch.956)<br>2:00 Bingo (PUB)<br>3:00 Store Cart (PUB)<br>3:30 Board Games w/ Babs (TAR)<br>6:00 Pinochle Club (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)                | 10:30 Shuffleboard (GR)<br>11:00 Lunch at Longhorn<br>Steakhouse (L)<br>2:00 UNO (TAR)<br>3:00 Villa Stitchers (AAR)<br>3:00 Villa Store (4th Fl.)<br>6:15 Games w/ Cathy (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)                | 10:30 Catholic<br>Communion w/<br>Mary (THR)<br>12:30 Walking Group (L)<br>2:00 Sing-a-longs w/ Debbie on<br>piano (PUB)<br>3:00 Gabbing in the Garden (BC)<br>6:00 Canasta (ACR)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)  | <ul> <li>10:00 Hearing Aid<br/>"Check-ups" w/<br/>Marnie (PUB)</li> <li>10:00 Morning Stretch<br/>(Ch.956)</li> <li>1:00 Shuffleboard (GR)</li> <li>2:00 Bingo (PUB)</li> <li>3:00 Cards (TAR)</li> <li>6:00 BBC Series: "As Time Goes By"<br/>(THR)</li> <li>6:00 Dementia Support Group (CR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> </ul> | Birthday-Susan<br>10:00 Chair Yoga w/ Vicky<br>(CR)<br>1:00 Bocce Ball (GR)<br>2:00 Kings-in-the-Corner (TAR)<br>3:00 Happy Hour (PUB)<br>6:00 Friday Night Card Club (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956) | <ul> <li>10:30 Morning Mov'in to<br/>the Oldies w/ Heidi<br/>(PUB)</li> <li>12:30 Clever Crafts w/<br/>Heidi (TAR)</li> <li>2:00 Kitchen Korner (Pina Colad<br/>Parfaits) (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla<br/>(Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul>                                     |
| 10:30 Bible Study (Terrace<br>Activity Room)<br>1:00 Gardening Club<br>(TAR)<br>2:00 Church (THR)<br>3:00 Coffee, Tea & Cookies (TAR)<br>6:15 Farkle (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)  |   | 10:30 Shuffleboard (GR)<br>1:00 Miniature Horse<br>Farm (L)<br>2:00 UNO (TAR)<br>3:00 Villa Stitchers (AAR)<br>3:00 Villa Store (4th Fl.)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)<br>6:30 Music w/ Just Friends Jazz Trio<br>(PUB)     | 10:30 Mass w/ Father Paul<br>(THR)<br>12:30 Walking Group (L)<br>3:00 Gabbing in the<br>Garden (BC)<br>6:00 Canasta (ACR)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)  | 10:00Morning Stretch<br>(Ch.956)2210:30Blood Pressures w/<br>Karen (PUB)2001:00Shuffleboard (GR)2:00Bingo (PUB)3:00Cards (TAR)6:00BBC Series: "As Time Goes By"<br>(THR)6:30Flex & Relax w/ Pahla<br>(Ch.956)  | 10:00 Chair Yoga w/ Vicky<br>(CR)<br>1:00 Bocce Ball (GR)<br>2:00 Kings-in-the-Corner<br>(TAR)<br>3:00 Happy Hour (PUB)<br>6:00 Friday Night Card Club (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)                | <ul> <li>9:00 Mexican Train (LIB)</li> <li>11:00 Bake Sale Fundraiser<br/>(L)</li> <li>12:00 Family Picnic<br/>(12n-2pm)</li> <li>12:15 Music by the Heidelburg<br/>Polka Band (L)</li> <li>3:30 Group Puzzle (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla<br/>(Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul> |
| 10:00 UNO (TAR)<br>1:00 Mexican Train (TAR)<br>2:00 Church (THR)<br>3:00 Karaoke w/ Henry<br>(PUB)<br>6:15 Farkle (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)   | 10:00Morning Stretch<br>(Ch.956)261:00Food Committee<br>Meeting (TDR)2:002:00Bingo (PUB)3:00Store Cart (PUB)3:30Board Games w/ Babs (TAR)6:00Pinochle Club (LIB)6:30Flex & Relax w/ Pahla<br>(Ch.956) | 10:30 Shuffleboard (GR)<br>1:00 Ice Cream at<br>Oregon Dairy (L)<br>2:00 UNO (TAR)<br>3:00 Villa Stitchers (AAR)<br>3:00 Villa Store (4th FL)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)<br>6:30 Music w/ Peggy Keller,<br>Vocalist (PUB) | <ul> <li>10:30 Catholic<br/>Communion w/<br/>Mary (THR)</li> <li>12:30 Walking Group (L)</li> <li>1:30 Birthday Party w/ Sandy<br/>Heisey on Piano (PUB)</li> <li>3:00 Gabbing in the Garden (BC)</li> <li>6:00 Canasta (ACR)</li> <li>6:30 Flex &amp; Relax w/ Pahla<br/>(Ch.956)</li> <li>7:00 Calvary Menn. Church Choir<br/>(PUB)</li> </ul> | <ul> <li>10:00 Morning Stretch<br/>(Ch.956)</li> <li>1:00 Shuffleboard (GR)</li> <li>2:00 Bingo (PUB)</li> <li>3:00 Cards (TAR)</li> <li>6:00 BBC Series: "As Time Goes By"<br/>(THR)</li> <li>6:30 Flex &amp; Relax w/ Pahla<br/>(Ch.956)</li> </ul>  | 10:00 Chair Yoga w/ Vicky<br>(CR)<br>1:00 Bocce Ball (GR)<br>2:00 Kings-in-the-Corner<br>(TAR)<br>3:00 Happy Hour (PUB)<br>6:00 Friday Night Card Club (LIB)<br>6:30 Flex & Relax w/ Pahla<br>(Ch.956)                | <ul> <li>10:30 Morning Mov'in to the Oldies w/ Heidi (PUB)</li> <li>12:30 Clever Crafts w/ Heidi (TAR)</li> <li>2:00 Kitchen Korner (Cheesy Quesadillas &amp; Soda Floats) (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul>  |

## August 2024

Terrace Activity Dept. Director: Cathy Clouse ext.-80507 Keystone Villa AT EPHRATA