

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2024

The Mountain View Building

							1	2	3
							10:30 Wii Games (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)P 1:00 Better Balance (E)AR 3:00 Resident Happy Hour(S)P 6:30 Chicken Foot (S/C)AR	9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 Woody's in Golden (O)L 1:00 Skip Bo & LV SB(S/C)AR 2:30 Maj Jongg Club(S/C)P 6:00 Resident Bingo(S/C)AR	9:30 Coffee & Donuts (S)P 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub
4	5	6	7	8	9	10			
8:30 Catholic Mass (R)CH2 10:00 Catholic Mass(R)CH233 10:30 Eucharist (R)TST 12:30 Memorial for Joe Heugel Until 4:30 all are Welcome in the Summit activity room 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Cards (S/C)AR	8:30 Booster Clinic (O)L 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Blood Pressure Clinic-3rd 10:45 Meditation (C)T 11:30 Walker Clinic-AR 1:00 Wii Bowling (E)AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C)AR	8:45 King Soopers & Safeway 9:30 King Soopers & Safeway 10:45 Weights (E)AR 1:00 Office Hours w/ the ED-PI 1:00 Scat Card Game(S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Bridge (S/C)Pub 1:00 Aquacise (E)Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR	10:30 Wii Games (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)P 1:00 Better Balance (E)AR 1:30 Chair Dancing (E)AR 2:15 Crafty Corner (A)AR 3:00 Resident Happy Hour(S)P 6:30 Chicken Foot (S/C)AR	9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 El Mirador (O)L 1:00 Skip Bo & LV SB(S/C)AR 2:30 Maj Jongg Club(S/C)P 6:00 Resident Bingo(S/C)AR	9:30 Coffee & Donuts (S)P 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub			
11	12	13	14	15	16	17			
8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Cards (S/C)AR	9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:45 Meditation (C)T 1:00 Wii Bowling (E)AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C)AR	8:45 Target & Dollar Tree (O)L 9:30 Target & Dollar Tree (O)L 10:45 Weights (E)AR 1:00 CH Book Mobile-AR 1:00 Scat Card Game(S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Bridge (S/C)Pub 1:00 Aquacise (E)Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR	10:30 Blackjack & Wii (S/C)AR 10:30 Scat Card Game (S/C) AR 1:00 Better Balance (E)AR 1:30 Chair Dancing (E)AR 2:15 Crafty Corner (A)AR 2:30 Chef Chat (A)DR 3:00 Resident Happy Hour(S)P 6:30 Chicken Foot (S/C)AR	9:00 RR Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 1:00 Skip Bo & LV SB(S/C)AR 2:30 Maj Jongg Club(S/C)P 6:00 Resident Bingo(S/C)AR	9:30 Coffee & Donuts (S)P 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub 2:00 Ariel Castillo in concert In the Activity Room			
18	19	20	21	22	23	24			
8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Cards (S/C)AR	8:45 VNA Foot Clinic-TSAR 10:30 Resident Assembly-AR 1:00 Active Minds presents Lebanon-AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C) AR	8:45/9:45 KS & Safeway (O)L 10:45 Weights (E)AR 1:00 Office Hours w/ the ED-PI 1:00 Specialty Foot Care-TSS 1:00 Bridge (S/C)Pub 1:00 Scat Card Game(S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 The Hearing Clinic-TSL 1:00 Aquacise (E)Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR	9:00 Family Hearing Clinic-L 9:30 Zumba (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)P 1:00 Better Balance (E)AR 2:00 Crafty Corner (A)AR 3:00 Resident Happy Hour(S)P 6:30 Chicken Foot (S/C)AR	9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 McCoy's Restaurant (O)L 1:00 Skip Bo & LV SB(S/C)AR 2:30 Maj Jongg Club(S/C)P 6:00 Resident Bingo(S/C)AR	9:30 Coffee & Donuts (S)P 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub			
25	26	27	28	29	30	31			
8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Low Vision Skip Bo(C)AR 2:00 Scat Card Game(S/C)AR 4:00 Cards (S/C)AR	10:30 Town Hall-AR 1:00 Wii Bowling (E)AR 1:00 Aquacise (E)Pool 2:00 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C)AR	8:45 Walmart & Sprouts (O)L 9:30 Walmart & Sprouts (O)L 1:00 Parkinson's Support Group-TST 1:00 Bridge (S/C)Pub 1:00 Scat Card Game(S/C)AR 3:00 Happy Hour ♪ (M)AR 3:00 Touching Lives (R)TSAR 6:30 Residents Choice(M)T	9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 1:30 Prize Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Cards & Games (S/C)	9:30 Zumba (E)AR 10:30 Blackjack Bunch(S/C)AR 10:30 Scat Card Game (S/C)P 1:00 Better Balance (E)AR 2:00 Crafty Corner (A)AR 3:00 Resident Happy Hour(S)P 6:30 Chicken Foot (S/C)AR	9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)AR 10:45 Meditation (C)T 11:00 Trader Joes & BJ's (O)L 1:00 Skip Bo & LV SB(S/C)AR 2:30 Maj Jongg Club(S/C)P 6:00 Resident Bingo(S/C)AR	9:30 Coffee & Donuts (S)P 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)Par 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)Pub			