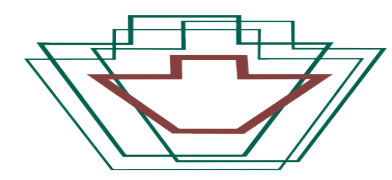




INDEPENDENT LIVING AUGUST 2024



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Monthly Theme</p> 	<p style="text-align: center;">Monthly Birthdays</p> <p>8/1- Ramil Mansourov 8/4- Brooke Lynes 8/8- Richard Tyrell 8/9- Gloria Cyranowski 8/10- Donald Lever 8/14- Jeanine Dube 8/16- Bob MacGregor 8/18- Charlotte Kites 8/20- Grace Snow 8/28- Jean Reed</p>	<p style="text-align: center;">*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p style="text-align: center;">Bikini Contest Come design your own bikini/ Bathing suit on August 13th - Men and Women. Designs will be worn over clothing on the 22nd in a contest- Prizes will be awarded to the most creative, most unique and the overall best for Men and Women</p> 	<p style="text-align: center;">1 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 11:30- Monthly Birthday Lunch-P 1pm- Jeopardy for Amateurs-3A 2pm- Race Car Racing in the Halls 3pm- Pitch- Billiards 3pm- Popcorn Club-Theater 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p style="text-align: center;">2 9:30- Walking by the River 12:30- Rosary-3A 1pm- Painting Class-3A 2:30pm- Pokeno-3A 3:30-Drumming Class-3A 4pm- Happy Hour-Pina Coladas-Pub 6:45- Mexican Train Dominos- Billiards Room</p>	<p style="text-align: center;">3 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Honky Tonk Piano Man Performs-3A</p>
<p style="text-align: center;">4 Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">5 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Meditation w/ Rob-3A 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Balloon Volleyball-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Harriet-3A</p>	<p style="text-align: center;">6 9:30-Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm-Golf- Billiards Room 3:15- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">7 Movie Theater Trip TBA 9:30- Hubbard Coffee Chat-3A 10:30 Mystery Card Game-Billiards 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p style="text-align: center;">8 9:30- Coffee and Chronicles-3A 10:30- Singalong-3A 2pm- Puerto Rican/ African Dancer, Brenda LizCepeda Performs-3A 3pm- Popcorn Club- Theater 3pm- Help Your Neighbor-pub 6:45- Kings in the Corner-BR</p>	<p style="text-align: center;">9 9:30- Painting Class-Pub 10:30- Larry Batter Performs-3A 12pm- Lobster Rolls in the pub From 99 restaurant- 25.00- sign up in Activity Room 12:30- Rosary-3A 1pm- Food Meeting-Pub 2pm- Beach Racing-3A 3pm- Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos- Billiards</p>	<p style="text-align: center;">10 9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p style="text-align: center;">11 Mass at St Elizabeth's 2pm- Rummikub- Billiards Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">12 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 2pm- Steve the Duo Performs-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Laurie and Judy</p>	<p style="text-align: center;">13 9:30-Golf on the Putting Green 10:00- Blood Pressure Clinic- Pub 10:30-Starting Our Bikinis-3A 1pm- Wii Bowling- Theater 2pm- Line Dancing-3A 3:15- Blackjack-Dollar Buy-in 4:30pm- Outing to Spaghetti Supper 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">14 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Bikinis Continued-3A 12:30- Rosary-3A 12:30- Knitting Club- 1st Floor 1pm- Exercise w/ Kelsey OT-3A 2pm- Dime Bingo-3A 3pm- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p style="text-align: center;">15 9:30- Coffee and Chronicles-3A 10:30- T- Bone Performs-3A 1pm-Jeopardy for Amateurs-3A 2pm- Axe Throwing-3A 3pm- Popcorn Club-Theater 3pm- Painting Beach Shelf Sitters-3A Sign ups needed 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p style="text-align: center;">16 9:00- Walking at the Hadley Mall followed by lunch and frozen Yogurt 12:30- Rosary-3A 1pm- Rummikub-Billiards 2pm- Pokeno-3A 3pm- Beach Scavenger Hunt-3A 4pm- Happy Hour-Strawberry Daquiris-Pub 6:30- Help Your Neighbor- BR</p>	<p style="text-align: center;">17 9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1st Floor 1pm- Wii Bowling- Theater 2pm- Dime Bingo-3A</p>
<p style="text-align: center;">18 Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">19 Keystone Movie Marathon Day 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Rosary- IL Dining Room 12pm- Movie Special Feature and Pizza Party- Theater 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45-Quarter Bingo w/ Denise-Pub</p>	<p style="text-align: center;">20 Massage Therapist 1-4 9:30- Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club-Chicken and Pineapple Kabobs 1pm- Wii Bowling- Theater 2pm- Divine Discussion w/ Judy and Laurie- Library 3:15- Blackjack- Dollar buy-in-3A 5pm- Outdoor Concert Dufresne Park w/ Pizza in Pub beforehand- Johnny and the Flashbacks</p>	<p style="text-align: center;">21 9:30- Hubbard Coffee Chat-3A 10:30- Bus Leaves for Red Lobster 12:30- Rosary- 3A 12:30- Knitting Club-1st Floor 1pm-Exercise w/ Kelsey-OT-3A 2pm- Wii Bowling- Theater 3pm- Ladder Bingo-3A 3pm- Pet Visits w/ Keeper-2A 3:45- Bikini Touch Ups and Fitting 6:45- Rummikub-Billiards</p>	<p style="text-align: center;">22 9:30- Coffee and Chronicles-3A 10:30- Roger Hart presents Slideshow "Animal Crackers"-3A 1pm- Bikini Touch Ups-3A 2pm Richie Mitnik Performs-3A 3pm- Bikini Parade and Popsicles in the courtyard 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p style="text-align: center;">23 10:00- Painting Class-3A 11:30- Chicopee State Park Picnic and Beach 12:30- Rosary-3A 1pm- Rummikub- Billiards 2:30pm- Pokeno-3A 3:30pm- Beach Ball Relay-3A 4pm- Happy Hour-Pub 6:30- Mexican Train Dominos- Billiards Room</p>	<p style="text-align: center;">24 9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p style="text-align: center;">25 Mass at St Elizabeth's 2pm- Rummikub-Pub Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">26 9:30- Shopping to Ocean State Job Lot 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Corn Hole-3A 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Laurie and Judy</p>	<p style="text-align: center;">27 9:30- Golf on the Putting Green 10:00- Blood Pressure Clinic-Pub 10:30- Adaptive Boxing-3A 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Todd Goodwin Presents Campfire Songs and Stories-3A 3:30pm- Blackjack Gold-3A Free Game 25.00 pot 6:45- Popcorn Club- Theater</p>	<p style="text-align: center;">28 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Meditation w/Rob- 3A 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-T 2pm- Dime Bingo-3A 3pm- Wii Bowling- Theater 4pm- Wine Down Wednesday-Pub 6:45- Rummikub- Billiards</p>	<p style="text-align: center;">29 Wear your Tropical Attire 10:00- Coffee House 10:30- Johnny P Performs-3A 1pm- Jeopardy for Amateurs-3A 2pm- Sand Glass Art-3A 3pm- Caretenders Talk-Pub 5:15- Clam Bake Dinner- IL Dining Room 6:45- Kings in the Corner-BR</p>	<p style="text-align: center;">30 10:00- Painting Class-3A 12:30- Rosary-3A 1pm- Rummikub- Billiards 2pm- Pokeno-3A 3:30- Drumming Class-3A 4pm- Happy Hour-Pub 6:30- Mexican Train Dominos- Billiards Room</p>	<p style="text-align: center;">31 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Bella Voce Performs- 3A</p>