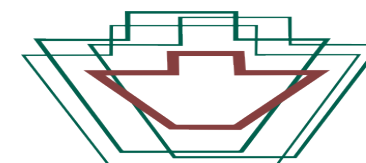




# ASSISTED LIVING AUGUST 2024



**Keystone  
Commons**  
*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p>	<p><b>Monthly Birthdays</b></p> <p>8/1- Ramil Mansourov 8/4- Brooke Lynes 8/8- Richard Tyrell 8/9- Gloria Cyranowski 8/10- Donald Lever 8/14- Jeanine Dube 8/16- Bob MacGregor 8/18- Charlotte Kites 8/20- Grace Snow 8/28- Jean Reed</p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p><b>Bikini Contest</b> Come design your own bikini/ Bathing suit on August 13<sup>th</sup> - Men and Women. Designs will be worn over clothing on the 22<sup>nd</sup> in a contest- Prizes will be awarded to the most creative, most unique and the overall best for Men and Women</p>	<p><b>1</b> 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 11:30- Monthly Birthday Lunch-P 1pm- Jeopardy for Amateurs-3A 2pm- Racing Cars in the Halls-3A 3pm- Trash Card Game-3A 3pm- Popcorn Club and Happy Hour-Pub 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p><b>2</b> 9:30- Walking by the River 11:30- Lunch Outing Redstone Pizza 12:30- Rosary-3A 1pm- Painting Class-3A 2:30pm- Pokeno-3A 3:30-Drumming Class-3A 6:45- Mexican Train Dominos- Billiards Room</p>	<p><b>3</b> 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Honky Tonk Piano Man Performs-3A</p>
<p><b>4</b> Mass at St Elizabeth's 2pm- Rummikub-Billiards  Day of Rest and Face Timing with Families</p>	<p><b>5</b> 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Meditation w/ Rob-3A 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Balloon Volleyball-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Harriet-3A</p>	<p><b>6</b> 9:30-Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm-Golf- Billiards Room 3:15- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</p>	<p><b>7 Movie Theater Trip TBA</b> 9:30- Hubbard Coffee Chat-3A 10:30-Mystery Card Game-Billiards 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p><b>8</b> 9:30- Coffee and Chronicles-3A 10:30- Singalong-3A 2pm- Puerto Rican/ African Dancer, Brenda LizCepeda Performs-3A 3pm- Popcorn Club and Happy Hour- Pub 3pm- Help Your Neighbor-Pub 6:45- Kings in the Corner-BR</p>	<p><b>9</b> 9:30- Painting Class-Pub 10:30- Larry Batter Performs-3A 12:30- Rosary-3A 1pm- Painting Class-3A 2pm- Beach Racing-3A 3pm- Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos- Billiards Room</p>	<p><b>10</b> 9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p><b>11</b> Mass at St Elizabeth's 2pm- Rummikub- Billiards  Day of Rest and Face Timing with Families</p>	<p><b>12</b> 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 2pm- Steve the Duo Performs-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Laurie and Judy</p>	<p><b>13</b> 9:30-Golf on the Putting Green 10:00- Blood Pressure Clinic- Pub 10:30-Starting Our Bikinis-3A 1pm- Wii Bowling- Theater 2pm- Line Dancing-3A 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater</p>	<p><b>14</b> 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Bikinis Continued-3A 12:30- Rosary-3A 12:30- Knitting Club- 1<sup>st</sup> Floor 1pm- Exercise w/ Kelsey OT-3A 2pm- Dime Bingo-3A 3pm- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p><b>15</b> 9:30- Coffee and Chronicles-3A 10:30- T- Bone Performs-3A 1pm-Jeopardy for Amateurs-3A 2pm- Axe Throwing-3A 3pm- Popcorn Club and Happy Hour-Pub 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p><b>16</b> 9:00- Walking at the Hadley Mall followed by lunch and frozen Yogurt 12:30- Rosary-3A 1pm- Rummikub- Billiards 2pm- Pokeno-3A 3pm- Beach Scavenger Hunt-3A 6:30- Help Your Neighbor- BR</p>	<p><b>17</b> 9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1<sup>st</sup> Floor 1pm- Wii Bowling- Theater 2pm- Dime Bingo-3A</p>
<p><b>18</b> Mass at St Elizabeth's 2pm- Rummikub-Billiards  Day of Rest and Face Timing with Families</p>	<p><b>19</b> Keystone Movie Marathon Day 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Rosary- IL Dining Room 12pm- Movie Special Feature and Pizza Party- Theater 1pm- Scenic Ride and Ice Cream 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45-Quarter Bingo w/ Denise-Pub</p>	<p><b>20 Massage Therapist 1-4</b> 9:30- Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club-Chicken and Pineapple Kabobs 1pm- Wii Bowling- Theater 2pm- Divine Discussion w/ Judy and Laurie- Library 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater</p>	<p><b>21</b> 9:30- Hubbard Coffee Chat-3A 10:30- Golden Buzzer winners America's Got Talent-Theater 12:30- Rosary- 3A 12:30- Knitting Club-1<sup>st</sup> Floor 1pm-Exercise w/ Kelsey-OT-3A 2pm- Wii Bowling- Theater 3pm- Ladder Bingo-3A 3pm- Pet Visits w/ Keeper-2A 6:45- Rummikub-Billiards</p>	<p><b>22</b> 9:30- Coffee and Chronicles-3A 10:30- Roger Hart presents Slideshow "Animal Crackers"-3A 1pm- Bikini Touch-ups 2pm Richie Mitnik Performs-3A 3pm- Bikini Parade and Popsicles in the courtyard 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p><b>23</b> 10:00- Painting Class-3A 12:30- Rosary-3A 1pm- Rummikub-Billiards 2:30pm- Pokeno-3A 3:30pm- Beach Ball Relay-3A 6:30- Mexican Train Dominos- Billiards Room</p>	<p><b>24</b> 9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p><b>25</b> Mass at St Elizabeth's 2pm- Rummikub-Pub  Day of Rest and Face Timing with Families</p>	<p><b>26</b> 9:30- Shopping to Ocean State Job Lot 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Corn Hole-3A 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Laurie and Judy</p>	<p><b>27</b> 9:30- Golf on the Putting Green 10:00- Blood Pressure Clinic-Pub 10:30- Adaptive Boxing-3A 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Todd Goodwin Presents Campfire Songs and Stories-3A 3:30pm- Blackjack Gold-3A Free Game 25.00 pot 6:45- Popcorn Club- Theater</p>	<p><b>28</b> 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Meditation w/Rob- 3A 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-T 2pm- Dime Bingo-3A 3pm- Wii Bowling-Theater 6:45- Rummikub-Billiards</p>	<p><b>29 Wear Your Tropical Attire</b> 10:00- Coffee House-3A 10:30- Johnny P Performs-3A 1pm- Jeopardy for Amateurs-3A 3pm- Happy Hour- Pub 4:30- Clam Bake Dinner- IL Dining Room 6:45- Kings in the Corner-BR</p>	<p><b>30</b> 10:00- Painting Class-3A 12:30- Rosary-3A 1pm- Painting Class-3A 2pm- Pokeno-3A 3:30- Drumming Class- 3A 6:30- Mexican Train Dominos- Billiards Room</p>	<p><b>31</b> 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Bella Voce Performs- 3A</p>