

## Resident Spotlight



### Randy & Susan

Randy and Susan have lived at Sweetbriar Villa for about 6 months, but they've lived in the Springfield area their whole lives. Before retirement, Randy was a history teacher and wrestling/football coach at Thurston High School while Susan sold Mary Kay products. They have one son who also lives in the area. In their down time, you can find them at Bible study and participating in activities within the community. We are so grateful to have you both here!

## moments captured



### Monthly Resident Birthday Party:

Jack received his present at the monthly birthday party for the residents. We celebrated three birthdays for the month of July.



**4th of July Celebration:** Gretchen, Nita, and Jo enjoyed the 4th of July Party last month. We colored, had some delicious BBQ, and snow cones!

## Team Member Spotlight




### Haydn G.— Caregiver

Haydn has worked at Sweetbriar for almost a year. He moved down here from Dundee, OR, to continue his education in exercise science. When he's not at work you can find him with his friends, rock climbing, weight lifting, and playing basketball. Haydn has accomplished a lot of things athletically growing up. He broke multiple school records. We are so grateful to have you on our team, Haydn! Thank you for everything you do!



[www.sweetbriarvilla.com](http://www.sweetbriarvilla.com)



# August 2024

# Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



## HAPPY Birthday

### Residents

- Laralee H. 8/24
- Maggie S. 8/31


### Staff

- Amaya F. 8/11
- Jimmy H. 8/16
- Izzy T. 8/19
- Sarah S. 8/19
- Caroline W. 8/17
- Aleigh J. 8/21



# AUGUST 2024

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SUN	MON	TUE	WED	THU	FRI	SAT
				1 9:30 Garden club 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Power Hour w/ Haydn 2:00 Short story hour 3:00 Bingo 4:00 Residents Choice	2 9:30 Chair yoga 10:00 Garden club 11:00 Coloring social 1:00 Free Write group 2:00 Gambling hour 3:00 Bingo 4:00 Karaoke/Sing along	3 10:00 Comedy Hour 11:00 Balloon Ball 1:00 Bingo 2:00 Craft 3:00 MC Craft 4:00 Walk In The Garden
4 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	5 9:30 Music With Phil 10:30 Bible Study 11:00 <b>Resident council meeting</b> 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Chair yoga	6 9:30 Garden club 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 2:30 Tea Party 4:00 Bingo	7 9:30 Chair yoga 10:00 Cards & coffee 11:00 Needle point group 1:00 Short story hour 2:00 Beading 3:00 Bingo 4:00 Residents choice	8 9:30 Garden club 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Power Hour w/ Haydn 2:00 Short story hour 3:00 Bingo 4:00 Residents Choice	9 9:30 Chair yoga 10:00 <b>Hand Massages w/ Chandra</b> 11:00 Coloring social 1:00 Free Write group 2:00 Gambling hour 3:00 Bingo 4:00 Karaoke/Sing along	10 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
11 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	12 <b>Start of Elvis Week</b> 9:30 Music With Phil 10:30 Bible Study 11:30 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Residents choice	13 9:30 Garden club 10:00 Elvis Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents choice	14 9:30 Chair yoga 10:00 Cards & coffee 11:00 Arts & Crafts 1:00 Short story hour 2:00 Beading 3:00 Bingo 4:00 Residents choice	15 9:30 Garden club 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Power Hour w/ Haydn 2:30 <b>Elvis Performance</b> 3:00 Bingo 4:00 Residents Choice	16 9:30 Chair yoga 10:00 Garden club 11:00 Coloring social 1:00 Free Write group 2:00 Gambling hour 3:00 Bingo 4:00 <b>Sweetbriar Carnival</b>	17 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
18 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	19 9:30 Music With Phil 10:30 Bible Study 11:30 Chair yoga 1:00 Manicures 2:30 <b>Timothy Patrick Performance</b> 4:00 Bingo	20 9:30 Garden club 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 2:30 Surprise Treat Social 4:00 Bingo	21 <b>Senior Citizens Day</b> 9:30 Chair yoga 10:00 Cards & coffee 11:00 Needle point group 1:00 Short story hour 2:00 Beading 3:00 Bingo 4:00 Residents choice	22 9:30 Garden club 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Power Hour w/ Haydn 2:00 Short story hour 3:00 Bingo 4:00 Residents Choice	23 9:30 Chair yoga 10:00 Garden club 11:00 Coloring social 1:00 <b>Resident birthday party</b> 2:00 Gambling hour 3:00 Bingo 4:00 Residents choice	24 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
25 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	26 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Residents Choice	27 9:30 Garden club 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 2:30 Bingo 4:00 Residents Choice	28 9:30 Chair yoga 10:00 Cards & coffee 11:00 Arts & Crafts 1:00 Short story hour 2:00 Beading 3:00 Bingo 4:00 Residents choice	29 9:30 Garden club 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Power Hour w/ Haydn 2:00 Short story hour 3:00 Bingo 4:00 Residents Choice	30 9:30 Chair yoga 10:00 Garden club 11:00 Coloring social 1:00 Free Write group 2:00 Gambling hour 3:00 Bingo 4:00 Karaoke/Sing along	31 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden



SWEETBRIAR VILLA

## August 2024

upcoming events



**8/5 Resident Council Meeting 11 AM in the dining room**

**8/12 Start of Elvis Week**

**8/15 Elvis Week performance in the dining room @ 2:30 PM**

**8/16 Sweetbriar Carnival in the rose garden @ 4 PM**

**8/19 Timothy Patrick Performance in the dining room @ 2:30 PM**

**8/23 Resident Birthday Party @ 1 PM**



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*