

## Resident Spotlight



**Rob S.**

Rob grew up in St. Ignatius, MT as the seventh of 10 kids. He attended the University of Montana, originally pursuing a physical therapy degree. During his time at the U of M, he played football and did track and field for four years. He and his brothers were all very athletic and competitive. Rob didn't finish his PT degree, instead he started coaching track and field at the U of M in 1976 before finding his way to Montana State University a year later where he coached for the next 24 years! He retired in 2000 in order to open up coaching positions that were otherwise going to be cut. His favorite part of his coaching career was the people he got to know and work with.

On July 16, 2024, Rob was honored when Montana State University held the groundbreaking ceremony for their new indoor athletic center, named the Kennedy-Stark Athletic Center, after the two most influential coaches in track and field! Outside of sports, Rob's favorite type of food is Mexican, and his favorite colors are blue and gold. He enjoys sitting outside and talking with people, so be sure to tell him "hello"!


## moments captured



**"Breathe the sweetness that hovers in August."**

**— Denise Levertov**





August 2024

# Bozeman Lodge News

Independent & Assisted Living | 1547 N. Hunters Way | Bozeman, MT 59718 | 406-522-5452

www.bozeman-lodge.com



## A Few Notes from Life Enrichment

August is upon us! Thanks to everyone that helped our annual car show be a great success.

As we continue to experience the hot summer weather, don't forget the importance of staying hydrated! There are infused water stations set up in the bistro and near the living room, as well as a Culligan water dispenser in the exercise room for folks to use while accessing and enjoying the patio.

As a reminder, you're welcome to go out and use the patio whenever you'd like! We just ask that if you use the patio table umbrellas, please put them down when you're finished outside. Otherwise, they can get damaged or destroyed if it gets breezy.


We hope you'll invite your families and join us for our Summer Luau on August 15th from 4-6 PM. We'll have delicious drinks and food, including a roasted pig! Please RSVP with the front desk if you're bringing guests.

We look forward to another great month here at the Lodge!

## HAPPY Birthday

- Wybe D.: August 1
- Jay L.: August 9
- Pat L.: August 13
- Lance B.: August 14
- Lynn B.: August 19
- George E.: August 31



SUN	MON	TUE	WED	THU	FRI	SAT
		A * denotes signing up is required for that activity		1 9:30 Patio Coffee Chat 10:00 Strength & Relaxation Exercise 1:00 Knit/Crochet/Needlework 1:30 Parkinson's Support Group w/ Norm Dryer of Rock Steady 3:00 Presentation by Epiphany Dermatology 7:00 Evening Movie	2 9:30 Shopping at Smith's* 10:30 Play Dominoes 1:00 Catholic Mass with Father Mike 1:30 Exercise with Seranna 2:30 Resident Council Meeting 4:00 Patio Cocktails: Moscato Strawberry Lemonades 7:00 Evening Movie	3 9:30 Gardening Club 10:00 Saturday Sweet Treats 10:30 Table Topics 1:00 Modern Marvels: How Ice Cream is Made 2:00 Flower Arranging 3:30 Poetry Reading 7:00 Evening Movie
4 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Service 1:00 Catholic Mass with Father Mike 2:30 Ecumenical Service Via Video 3:00 Resident Walking Club 4:00 PBS: Backroads of MT 7:00 Evening Movie	5 9:30 TEDTalks: "Downsizing and Saying Goodbye" 10:00 Livingston Depot Museum & Lunch in Livingston* 1:30 Strength Training with Seranna 3:30 Make Sun Prints 6:00 Watch Jeopardy 7:00 Evening Movie	6 9:15 Fruit Smoothies 10:30 Seated Badminton 1:00 Grief Support Group 2:00 Hearing Aid Clinic 2:00 Movie Matinee 2:45 Seated Chair Dancing with Brittainey 3:30 Piano Tunes with Holly 7:00 Evening Movie	7 9:30 This Week in History Fun Facts 10:15 Gentle Movement Class 10:30 Greeting Card Sales 11:00 Play Crossword Puzzles 1:00 Catholic Communion 2:00 Cooking Club 3:30 Happy Hour with Music by Alice & Ray 7:00 Evening Movie	8 9:30 Patio Coffee Chat 10:00 Strength & Relaxation Exercise 11:00 Trivia Game 1:00 Knit/Crochet/Needlework 2:00 Low Vision Support Group 3:30 Happy Hour Health Talk w/ Encompass Hospice 7:00 Evening Movie	9 9:30 Shopping at Town & Country Foods 10:30 Laugh Therapy 1:00 Catholic Mass with Father Mike 1:30 Exercise with Seranna 2:00 Bingo 3:30 Patio Treats: Frozen S'mores & Country Tunes 7:00 Evening Movie	10 9:30 Gardening Club 10:00 Saturday Sweet Treats 10:30 "This or That?" Chat 1:00 Modern Marvels: Beneath the Canals of Venice 2:00 Make Paper Parrots 3:30 Hydration Station: Fun Ways to Flavor Your Water! 7:00 Evening Movie
11 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Service 12:00 Olympics Closing Ceremony 1:00 Catholic Mass with Father Mike 2:30 Ecumenical Service 3:00 Coloring for Relaxation 4:15 Music on the Library Lawn* 7:00 Evening Movie	12 TROPICAL WEEK 9:30 TEDTalks: "Laughter is Medicine" 10:30 Summer Walker & Wheelchair Decorating 11:00 Picnic at Storymill Park* 1:30 Strength Train with Seranna 2:00 Bingo 3:30 Paint Club: Beach Scenes 6:00 Watch Jeopardy 7:00 Evening Movie	13 9:15 Aloha Smoothies 10:30 Beach Ball Toss Game 1:00 Grief Support Group 2:00 Movie Matinee: "Blue Hawaii" 2:45 Seated Chair Dancing with Brittainey 4:00 Water Gun Games 7:00 Evening Movie	14 9:30 This Week in History Fun Facts 10:15 Gentle Movement Class 11:00 Play Crossword Puzzles 1:00 Catholic Communion 2:00 Music with Edis & Silas 3:30 Pina Colada Milkshakes and Hawaii Trivia 7:00 Evening Movie	15 9:30 Patio Coffee Chat 10:00 Strength & Relaxation Exercise 11:00 Make Your Own Flower Lei Necklace 1:00 Knit/Crochet/Needlework 2:00 Flamingo Ring Toss 4:00 Summer Luau Party 7:00 Evening Movie	16 9:30 Shopping at Winco* 10:30 Play Dice & Card Matching Game 1:00 Catholic Mass 1:30 Exercise with Seranna 2:00 Bingo 3:30 Patio Treats: Soda Floats & Elvis Tunes 7:00 Evening Movie	17 9:30 Gardening Club 9:30 Trip to Gallatin Valley Farmer's Market* 10:00 Saturday Sweet Treats 10:30 Table Topics 1:00 Modern Marvels: The History of Lighthouses 2:00 Clay Sculpting 3:30 Beachy Jello Cups 7:00 Evening Movie
18 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Service 1:00 Catholic Mass with Father Mike 2:30 Ecumenical Service 3:00 Resident Walking Club 4:00 PBS: Backroads of MT 7:00 Evening Movie	19 9:30 TEDTalks: "The Formula for Successful Aging" 10:00 Brain Games: "What to Bring" 1:30 Strength Train with Seranna 2:00 Bingo 3:30 Painting Club 6:00 Watch Jeopardy 7:00 Evening Movie	20 9:15 Orange Dream Smoothies 10:30 Seated Badminton 1:00 Grief Support Group 2:00 Movie Matinee 2:45 Seated Chair Dancing with Brittainey 3:30 Fingernail Painting 7:00 Evening Movie	21 World Senior Citizens' Day 9:30 This Week in History Fun Facts 10:15 Gentle Movement Class 11:00 Play Crossword Puzzles 12:00 Trip to Sunnyside Farms in Clyde Park* 2:30 Dining Services Meeting 3:15 Catholic Mass 3:30 Social Hour 7:00 Evening Movie	22 9:30 Patio Coffee Chat 10:00 Strength & Relaxation Exercise 11:00 Play Scattergories 1:00 Knit/Crochet/Needlework 2:00 Men's Group with CSC 3:30 Health Talk with Empower ME: Arthritis 7:00 Evening Movie	23 9:30 Shopping at Target* 10:30 August Trivia 1:00 Catholic Mass 1:30 Exercise with Seranna 2:00 Bingo 3:30 Patio Treats: Root Beer Float Pie & #1 Hit Songs 7:00 Evening Movie	24 9:00 Morning Meditations 10:00 Saturday Sweet Treats 10:30 "Would You Rather?" Fun Discussion Questions 1:00 Modern Marvels: How Fishing Feeds the Globe 2:30 Poetry Reading: Share Your Favorite Poems 3:30 Lemonade Bar 7:00 Evening Movie
25 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Service 1:00 Catholic Mass with Father Mike 2:30 Ecumenical Service 3:00 Coloring for Relaxation 4:00 PBS: Backroads of MT 7:00 Evening Movie	26 International Dog Day 9:30 TEDTalks: "Get Comfortable being Uncomfortable" 10:30 Brain Games: Canine Trivia 1:30 Strength Train with Seranna 2:00 Bingo 3:30 Make Dog Treats for Our Canine Friends 4:00 Book Club Meeting 6:00 Watch Jeopardy 7:00 Evening Movie	27 9:15 Fruit Smoothies 10:30 Beach Ball Toss Game 1:00 Grief Support Group 2:00 Movie Matinee 2:45 Seated Chair Dancing with Brittainey 3:45 Montana History w/ Tina: "What They Left Behind" 7:00 Evening Movie	28 9:30 This Week in History Fun Facts 10:15 Gentle Movement Class 11:00 Play Crossword Puzzles 1:00 Catholic Communion 2:00 Cooking Club 3:30 Happy Hour Celebrating August Birthdays 7:00 Evening Movie	29 9:30 Patio Coffee Chat 10:00 Strength & Relaxation Exercise 11:00 Play Jeopardy Game 1:00 Knit/Crochet/Needlework 2:30 Town Hall Meeting 3:45 Cottage Happy Hour 7:00 Evening Movie	30 9:30 Activity Interests Meeting 10:30 Pondering Prompts 11:15 Lunch at Hop Lounge* 1:00 Catholic Mass with Father Mike 1:30 Exercise with Seranna 2:00 Bingo 3:30 Patio Treats: Strawberries & Cream Sandwiches 7:00 Evening Movie	31 9:00 Morning Meditations 10:00 Saturday Sweet Treats 10:30 "You Be the Judge" Discussion 1:00 Modern Marvels: Construction of Panama Canal 2:30 Show & Tell 3:30 Trivia & Strawberry Shortcakes 7:00 Evening Movie



August 2024

upcoming events



Join us for some fun outings this month! You can sign up for outings at the front desk.

Mon., Aug. 5 at 10 AM:

Livingston Depot Museum & Lunch at Neptune's (\$)

Sun., Aug. 11 at 4:15 PM

Evening Music on the Library Lawn

Mon., Aug. 12 at 11 AM:

Picnic at Storymill Park

Sat., Aug. 17 at 9:30 AM:

Gallatin Valley Farmer's Market (\$)

Wed., Aug. 21 at Noon:

Visit to Sunnyside Farms

Fri., Aug. 30 at 11:15 AM:

Lunch at Hop Lounge (\$)



Our mission is to create and maintain comfortable, caring environments for those who depend on us.