

Resident Spotlight



Mike

Mike grew up in Minnesota, but traveled around the world as a dentist for the Navy. He's lived in Iceland, which he says has great fire-works and

midnight football, and also Hawaii where he loved watching the crowds in Waikiki.

Carrying on his love for people watching, you can find Mike regularly strolling the community with a smile. His calm demeanor has won all of us over in the Arbors family.

Team Member Spotlight



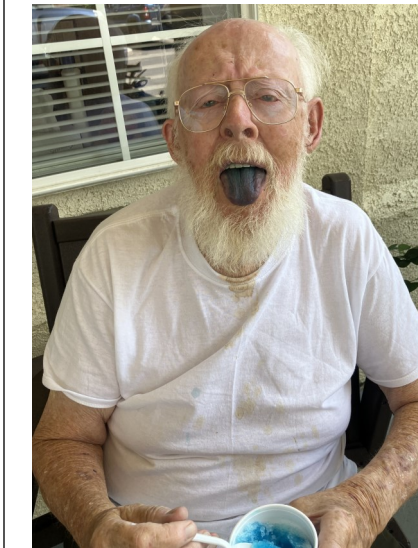
Rone, Caregiver

Ronnie has worked in the industry for over 10 years and feels that happiness creates more happiness! With the world being hard enough

as it is, Ronnie believes a smile makes all the difference. Our favorite thing about Ronnie is her dance moves. You can often find her grooving and laughing with residents.

In her off hours, Ronnie cares for her two sports star sons. She moved to the area from Wisconsin 10 years ago and instantly fell in love with the lights, just like we instantly loved her.

moments captured



Snow Cone Fun!

Our good friends over at Gentiva Hospice sent a snow cone truck to help combat these hot summer days! Both the residents and staff were grateful for the cool refreshment, not to mention the fun colored tongues!

Pictured below is our new Executive Director, Amanda Jenkins, with Gentiva Representative Lindsey.



www.arborsmemorycare.com

August 2024

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

Annual Arbors Car Show was a Success

Arbors partnered with the Corvette Club of Reno this summer for another successful event.

Antique cars of all makes and models were displayed in the parking lot for members and families to peruse and attendees relaxed for a good old fashioned BBQ.



A Note from the Executive Director

Greetings Everyone,



Amanda Jenkins, Executive Director

I am so excited to return to Arbors, a place that is so dear to my heart. After 26 years in the industry, working in several communities, it was time for me to find a home and stay put. The opportunity to be the Executive Director for Arbors was a blessing I was eager to take on.

There is nothing more important to me than taking care of residents. A key factor in caring for your loved one is direct communication with families. My door is always open to discuss your family member's care and how they

HAPPY Birthday

Residents

- Margaret, August 2
- Donna, August 4
- William, August 17
- Kathleen, August 20

Staff

- Mari, August 13
- Vilma, August 28
- Cassandra, August 29


are doing. Arbors is a home and the level of care within the home, and from our team, will always be of the highest quality. If it is not, my door is open. Your loved one deserves nothing less.

Thank you for embracing the changes within the Community and please feel free to say hello next time you are visiting. I look forward to working with each and every one of you.

kindest Regards, Amanda

AUGUST 2024

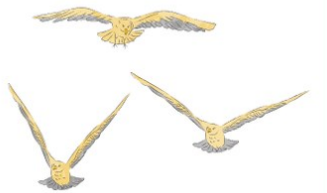
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SUN	MON	TUE	WED	THU	FRI	SAT
						
4 Chocolate Chip Cookie Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Cookie History 2:00 Hand Spa 3:30 Happy Hour 4:30 Dessert Trivia 6:00 Jeopardy	5 9:00 Morning News 10:00 Golden Walkers 11:00 Animal Trivia 2:00 Catfish Carl 3:30 BINGO 4:00 Fleetwood Mac Show 6:00 Murder She Wrote	6 9:00 Morning Updates 10:00 Fitness Fun 11:00 Prayers w/ Deacon 2:30 NASA Exploration 3:30 BINGO 6:00 Price Is Right	7 9:00 Morning News 10:00 Sit & Be Fit 11:00 Word Games 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 I love Lucy	1 9:00 Morning Chronicle 10:00 Music & Movement 11:00 Aromatherapy 2:00 Ring Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	2 9:00 Morning Updates 10:00 Sit & Be Fit 11:00 Letter Writing 2:00 Noodle Balloon 3:00 Happy Hour 4:00 Shake Out Truth 6:00 Movie and Popcorn	3 Sunflower Day 9:00 Morning News 10:00 Chair Yoga 11:00 Sunflower Craft 2:00 Flower Trivia 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
11 Start of Elvis Week 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Elvis Trivia 2:00 Hand Spa 3:30 Mocktails 4:30 Conversation Cards 6:00 Jeopardy	12 World Photography Day 9:00 Morning Updates 10:00 Chair Yoga 11:00 Art Appreciation 2:00 Robert Frost Poetry 3:30 BINGO 4:00 Elvis Presley Concert 6:00 Bob Ross	13 9:00 Morning News 10:00 Sit & Be Fit 11:00 Short Stories 2:00 Sierra Arts Music 3:30 BINGO 6:00 Price is Right	14 9:00 Morning Gardening 10:00 Music & Movement 11:00 Trivia 2:00 Bible Sing Along 3:30 Sunshine Visits 4:00 Table Games 6:00 Green Acres	8 9:00 Morning Chronicle 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Bean Bag Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	9 Book Lovers Day 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Chair Yoga 2:00 Noodle Balloon 3:00 Happy Hour 4:00 Pizza Poems/History 6:00 Movie and Popcorn	10 Bowling Day 9:00 Morning Updates 10:00 Music & Movement 11:00 1970's Reminiscing 2:00 Paint Birdhouses 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
18 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Mona Lisa History 2:00 Hand Spa 3:30 Snack & Chat 4:30 Trivia 6:00 Jeopardy	19 9:00 Morning News 10:00 Ball Exercises 11:00 Funny Kid Videos 2:00 Memory Lane 3:30 BINGO 4:00 Springsteen Show 6:00 Columbo	20 Radio Day 9:00 Morning Updates 10:00 Music & Movement 11:00 Prayers w/ Deacon 2:00 Violin & Piano 3:30 BINGO 6:00 Radio Theater	21 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:00 Candle Jar Craft 3:30 Sunshine Visits 4:00 Table Games 6:00 I Love Lucy	15 9:00 Ladybug Release 10:00 Chair Yoga 11:00 Word Games 2:00 All Shook Up Shakes 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	16 9:00 Morning Updates 10:00 Friday Stretch 11:00 Letter Writing 1:30 Birthday Bash w/ Jim 3:30 Snack and Chat 4:00 Shake Out Truth 6:00 Elvis Documentary	17 9:00 Morning News 10:00 Sit & Be Fit 11:00 1960s Reminiscing 2:00 Armchair Travel 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
25 Banana Split Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Coloring to Music 2:00 Hand Spa 3:30 Ice Cream Cart 4:30 Conversation Cards 6:00 Jeopardy	26 9:00 Morning Updates 10:00 Sit & Be Fit 11:00 Word Games 2:00 Short Stories 3:30 BINGO 4:00 Aretha Franklin Show 6:00 Golden Girls	27 9:00 Morning News 10:00 Fitness Fun 11:00 Jazz Trivia 2:00 Bean Bag Toss 3:30 BINGO 4:00 Rat Pack Jam 6:00 Price Is Right	28 9:00 Morning Updates 10:00 Music & Movement 11:00 Paint and Sip 2:00 Bowling 3:30 Sunshine Visits 4:00 Table Games 6:00 Murder She Wrote	22 9:00 Morning Chronicle 10:00 Fitness Fun 11:00 Aromatherapy 2:00 Ring Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	23 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Sit & Be Fit 2:00 Noodle Balloon 3:30 Snack and Chat 4:00 NASA Exploration 6:00 Movie and Popcorn	24 9:00 Morning Updates 10:00 Golden Walkers 11:00 Sing and Dance 2:00 Armchair Travel 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
25 Banana Split Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Coloring to Music 2:00 Hand Spa 3:30 Ice Cream Cart 4:30 Conversation Cards 6:00 Jeopardy	26 9:00 Morning Updates 10:00 Sit & Be Fit 11:00 Word Games 2:00 Short Stories 3:30 BINGO 4:00 Aretha Franklin Show 6:00 Golden Girls	27 9:00 Morning News 10:00 Fitness Fun 11:00 Jazz Trivia 2:00 Bean Bag Toss 3:30 BINGO 4:00 Rat Pack Jam 6:00 Price Is Right	28 9:00 Morning Updates 10:00 Music & Movement 11:00 Paint and Sip 2:00 Bowling 3:30 Sunshine Visits 4:00 Table Games 6:00 Murder She Wrote	29 9:00 Morning Chronicle 10:00 Chair Yoga 11:00 Word Games 2:00 D. Cobb Performs 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	30 9:00 Morning Updates 10:00 Ball Exercises 11:00 Jungle Exploration 2:00 Short Stories 4:00 Noodle Balloon 6:00 Movie and Popcorn	31 Labor Day 9:00 Morning News 10:00 Sit & Be Fit 11:00 1950s Reminiscing 2:00 Statue of Liberty 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud



August 2024

upcoming events



Senior Portraits

At the beginning of August, we will send out a community email to give details on this event so that families who want to sign up their loved one will have the opportunity.

Sierra Arts Performance

8/13, 2 PM
Grand Piano

Ladybug Release

8/15, 9 AM
Back Courtyard

Paint and Sip

8/28, 11 AM
Craft Room

Birthday Bash with Jim

8/16, 1:30 PM
West Side Foyer



Our mission is to create and maintain comfortable, caring environments for those who depend on us.