

AUGUST 2024

KEY

-  Bagels and Coffee on the Patio
 -  Mah Jong
 -  Resident Off-site Golf
 -  Canasta
 -  Pool Exercise
 -  Yoga Class
 -  Chair Strength Class
 -  Resident Off-site Breakfast
 -  Kayaking
- Dates and times subject to change on all activities**

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|---|---|
| | | | |  Pool Exercise 10 AM  Mah Jong - 1 PM 1 |  Resident Off-site Breakfast - 9 AM  Resident Off-site Golf - 12 PM (Check With Res) 2 |  Pool Exercise 11 AM 3 |
|  Yoga Class By The Pool - 10:30 AM  Kayaking 12 PM (Check With Res) 4 |  Chair Strength Class 11 AM  Canasta - 1 PM 5 |  Mah Jong - 1 PM Private Stretching - 12:30 PM Kona Ice - 2 PM 6 |  Bagels and Coffee on the Patio 9:30 AM Lunch and Learn Sponsored by Home Watch - 1 PM 7 |  Pool Exercise 10 AM  Mah Jong - 1 PM  Resident Social Gathering - 5 PM 8 |  Resident Off-site Breakfast - 9 AM  Resident Off-site Golf - 12 PM (Check With Res)  Canasta - 1 PM 9 |  Pool Exercise 11 AM 10 |
|  Yoga Class By The Pool - 10:30 AM  Kayaking 12 PM (Check With Res) 11 |  Chair Strength Class 11 AM  Canasta - 1 PM 12 |  Mah Jong - 1 PM Private Stretching - 12:30 PM 13 |  Bagels and Coffee on the Patio 9:30 AM Poker (Sign Up Required) - 2 PM 14 |  Pool Exercise 10 AM  Mah Jong - 1 PM 15 |  Resident Off-site Breakfast - 9 AM  Resident Off-site Golf - 12 PM (Check With Res)  Canasta - 1 PM 16 |  Pool Exercise 11 AM 17 |
|  Kayaking 12 PM (Check With Res) 18 |  Chair Strength Class 11 AM  Canasta - 1 PM 19 |  Mah Jong - 1 PM Private Stretching - 12:30 PM 20 |  Bagels and Coffee on the Patio 9:30 AM 21 |  Pool Exercise 10 AM  Mah Jong - 1 PM  Resident Social Gathering - 5 PM 22 |  Resident Off-site Breakfast - 9 AM  Resident Off-site Golf - 12 PM (Check With Res)  Canasta - 1 PM 23 |  Pool Exercise 11 AM 24 |
|  Kayaking 12 PM (Check With Res) 25 |  Chair Strength Class 11 AM  Canasta - 1 PM 26 |  Mah Jong - 1 PM Private Stretching - 12:30 PM 27 |  Bagels and Coffee on the Patio 9:30 AM Poker (Sign Up Required) - 2 PM 28 |  Pool Exercise 10 AM White Party in the Office - 4 PM 29 |  Resident Off-site Breakfast - 9 AM  Resident Off-site Golf - 12 PM (Check With Res)  Canasta - 1 PM 30 |  Pool Exercise 11 AM 31 |