

# July 21st through July 27th 2024



## Monday, July 21st

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Cream Chipped Beef, Fruit Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, 2% Milk

### Lunch

Garden Salad w/ Dressing

Smothered Beef Patty w/Gravy, Baked Sweet Potato, Peas & Carrots, Dinner Roll

### Alternate

Breaded Pork Chop w/Gravy, Baked Sweet Potato, Peas & Carrots, Dinner Roll

### Dessert

Jell-O Parfait / S.F. Jell-O

### Dinner

Ravioli w/Meat Sauce, Mixed Vegetables, Garlic Bread

### Alternate

Egg Salad Sandwich, Potato Chips, Apple Slices, Garden Salad

### Dessert

Ice Cream/Assorted/S.F. Desserts

## Tuesday, July 22nd

### Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Sausage Patty, Assort. Donuts, Yogurt Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Garden Salad w/ Dressing

Queso Birria Taco, Mexican Rice w/ Lime, Pico De'Galo

### Alternate

Marinated Pork Roast, Bacon Macaroni & Cheese, Lemon Buttered Broccoli, Dinner Roll

### Dessert

Ambrosia / Fresh Fruit

### Dinner

Garlic Buttered Crab Imperial, Baked Potato w/ Sour Cream, California Blend Vegetables, Dinner Roll

### Alternate

Italian Sausage Sandwich, Onion Rings, Feta Tomato Basil Salad

### Dessert

Ice Cream/Assorted/S.F. Desserts

## Wednesday, July 23rd

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Pork Roll, French Toast w/ Syrup, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Garden Salad w/ Dressing

Pork Vegetable Stew, Garlic Mashed Potatoes, Herbed Green Beans, Dinner Roll

### Alternate

Blackened Swai Fish, Garlic Mashed Potatoes, Herbed Green Beans, Dinner Roll

### Dessert

Apple Crisp w/Whipped Cream / S.F. Cake

### Dinner

Teriyaki Chicken Thigh, Seasoned Brown Rice, Fried Okra, Dinner Roll

### Alternate

Philly Cheesesteak, French Fries, Garden Salad

### Dessert

Ice Cream/Assorted/S.F. Desserts

## Thursday, July 24th

### Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Crispy Bacon, Belgian Waffles w/ Syrup, Apple Slices, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Garden Salad w/ Dressing

Cheese Stuffed Shells w/ Meat Sauce, Italian Blend Vegetables, Garlic Bread

### Alternate

Chicken Alfredo, Buttered Fettucine Noodles, Italian Blend Vegetables, Garlic Bread

### Dessert

Chocolate Chip Cookies / S.F.Cookies

### Dinner

Shepards Pie, Glazed Baby Carrots, Corn Bread

### Alternate

Chicken Divan, Mashed Potatoes, Baby Carrots, Corn Bread

### Dessert

Ice Cream/Assorted/S.F. Desserts

## Friday, July 25th

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Sausage Links, Buttered Biscuits, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Garden Salad w/ Dressing

Lemon Thyme Chicken Leg, Baked Potato w/Sour Cream, Sautéed Spinach, Dinner Roll

### Alternate

Pineapple Shrimp Skewer, Baked Potato w/Sour Cream, Sautéed Spinach, Dinner Roll

### Dessert

Texas Cake/ S.F. Cake

### Dinner

Rosemary Baked Salmon, Roasted Red Potatoes, Steamed Broccoli w/Butter, Dinner Roll

### Alternate

Pepperoni Pizza, Breaded Wing Dings, Caesar Salad

### Dessert

Ice Cream/Assorted/S.F. Desserts

## Saturday, July 26th

### Breakfast

Cream of Wheat, Cold Cereal, Cheese Omelets, Scrapple, Assorted Muffins, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Thin Sliced Beef w/ Garlic Sauce, White Rice, Grilled Stir Fry Vegetables, Dinner Roll

### Alternate

Chicken w/ Lemon Sauce, White Rice, Grilled Stir Fry Vegetables, Dinner Roll

### Dessert

Assorted / S.F. Assorted

### Dinner

Bacon Onion Burger, Seasoned Rice, Capri Blend Vegetables

### Alternate

Cod w/ Tomato Bruschetta, Seasoned Rice, Capri Blend Vegetables, Dinner Roll

### Dessert

Ice Cream/Assorted/S.F. Desserts

## Sunday, July 27th

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Sausage, Pancakes w/ Syrup, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Garden Salad w/ Dressing

Grilled Chicken w/ Mango Salsa, Loaded Baked Potato, Spring Blend Vegetables, Dinner Roll

### Alternate

Baked Pork Chop w/ Gravy, Loaded Baked Potato, Spring Blend Vegetables

### Dessert

Orange Sherbert/ S.F. Ice Cream

### Dinner

Chicken Pot Pie, Potato Wedges, Savory Succotash

### Alternate

BBQ Pork Chop, Potato Wedges, Savory Succotash, Dinner Roll

### Dessert

Ice Cream/Assorted/S.F. Desserts