



651-455-6322  
 1746 Oakdale Ave., West St. Paul, 55118  
 TheSanctuary-WestStPaul.com

WE ARE DRIVEN TO  
 HEAL, DISCOVER AND  
 EDUCATE FOR LONGER,  
 HEALTHIER, MEANINGFUL LIVES.

—  
 A healthier future is realized when we  
 innovate to provide choices for vibrant senior living.

**DIGNITY, INTEGRITY, SERVICE, COMPASSION, INNOVATION**

# ASSISTED LIVING

## PRICING



### APARTMENTS

	Square Feet	Monthly Rent
One Bedroom	605-690	\$879
Second person occupancy, one bedroom		\$519

### INCLUDED IN MONTHLY RENT

- Gas, electric, water, garbage and recycling
- Kitchenette
- Community laundry room
- Maintenance of apartment, appliances and common spaces
- Heating and air conditioning
- Basic unsecured wireless internet in common areas

### COMMUNITY FEATURES AND AMENITIES

- Community lounges
- Club room
- Outdoor patios
- Fitness room
- Spa, salon
- Art room
- Mailroom
- Library/office area
- Dining room
- Private dining room
- Gardens
- General store
- Activity room
- Fireplace lounge



## ASSISTED LIVING PACKAGES

Each resident is **required** to purchase one of the following care level packages to receive Assisted Living services.

	Per Month
LEVEL ONE	\$1,455
LEVEL TWO	\$2,045
LEVEL THREE	\$3,155
LEVEL FOUR	\$4,075
LEVEL FIVE	\$4,825
LEVEL SIX	\$5,575
LEVEL SEVEN	\$6,325
LEVEL EIGHT	\$7,075

Package levels are determined based upon need per nurse assessment. Higher care level packages are available as needed.

## INCLUDED IN ALL ASSISTED LIVING PACKAGES

- Weekly housekeeping
- Initial and subsequent service plan updates
- Emergency pendants and/or pull cords
- Clinical record maintenance
- Registered nurse 40 hours per week and on-call triage 24 hours per day
- Ongoing monitoring by nursing staff
- Additional nursing hours may be available on site during select awake hours
- Personal care staff on duty 24 hours per day
- Two safety checks per day
- Two loads of laundry per week
- Monthly vital sign checks
- Care coordination
- Enriching activities, holistic wellness and fitness programs
- Scheduled group transportation

## LICENSED NURSING SERVICES

These and other licensed nursing services are available for an additional fee based upon your nursing assessment and needs.

- Catheter
- Wound care
- Injections
- Ostomy care
- Diabetic management
- Ongoing lab management (INR)

## FOOD PLAN

Chef-prepared meal plan options are available. Resident is not required to select a food plan.

	Monthly Charge
Three meals per day	\$291

  

	Monthly Charge
Housekeeping	\$25/30 min
Maintenance	\$35/30 min
Guest meals	\$8.25-\$18
Resident breakfast	\$7.25
Resident lunch	\$11.50
Resident dinner	\$17

**ELDERLY WAIVER RECIPIENTS:** Be advised that the Level of Care charges as outlined are the current rates for individuals not currently receiving Elderly Waiver assistance. Therefore, be advised that the current private pay rates listed would become effective if you no longer qualify and/or meet the criteria to remain an Elderly Waiver (EW) recipient and were to become a private pay resident.



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# MEMORY CARE

## PRICING



### APARTMENTS

	Square Feet	Monthly Rent
Studio	409-458	\$879
Second person occupancy		\$426

### INCLUDED IN MONTHLY RENT

- Gas, electric, water, garbage and recycling
- Kitchenette
- Community laundry room
- Maintenance of apartment, appliances and common spaces
- Heating and air conditioning
- Basic unsecured wireless internet in common areas

### COMMUNITY FEATURES AND AMENITIES

- Community lounges
- Club room
- Outdoor patios
- Fitness room
- Spa, salon
- Art room
- Mailroom
- Library/office area
- Dining room
- Private dining room
- Gardens
- General store
- Activity room
- Fireplace lounge



## MEMORY CARE LIVING PACKAGES

Each resident is **required** to purchase one of the following care level packages to receive Memory Care services.

	Per Month
LEVEL ONE	\$4,075
LEVEL TWO	\$4,825
LEVEL THREE	\$5,575
LEVEL FOUR	\$6,325
LEVEL FIVE	\$7,075
LEVEL SIX	\$7,825
LEVEL SEVEN	\$8,575
LEVEL EIGHT	\$9,325

Package levels are determined based upon need per nurse assessment. Higher care level packages are available as needed.

## INCLUDED IN ALL MEMORY CARE LEVELS

- Weekly light housekeeping
- Ebenezer Dimensions® program
- Enriching activities, holistic wellness and fitness programs
- Scheduled group transportation
- Care coordination
- Weekly housekeeping
- Daily bed making and trash removal
- Initial and subsequent service plan
- Emergency pendants (based upon nurse assessment)
- Emergency pull cords
- Registered nurse 40 hours per week and on-call triage 24 hours per day
- Ongoing monitoring by nursing staff
- Additional nursing hours may be available on site during select awake hours
- Personal care staff on duty 24 hours per day
- Two safety checks per day
- Two loads of laundry per week
- Monthly vital sign checks
- Clinical record maintenance

## LICENSED NURSING SERVICES

These and other licensed nursing services are available for an additional fee based upon your nursing assessment and needs.

- Catheter
- Wound care
- Injections
- Ostomy care
- Diabetic management
- Ongoing lab management (INR)

## FOOD PLAN

Chef-prepared meal plan option is available. Resident is not required to select a food plan. If a resident opts out of participation in the three meals per day food plan, family will be required to provide and prepare all three meals per day for the resident (without staff assistance). Daily refreshments and snacks included.

	Monthly Charge
Three meals per day	\$291

## ADDITIONAL OFFERINGS

Housekeeping	\$25/30 min
Maintenance	\$35/30 min
Guest meals	\$8.25-\$18

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