

# Keystone Chronicle

Keystone Place at LaValle Fields | 14602 Finale Ave., Hugo MN 55038 | 651-888-6557 |



Answers:  
The Original  
13 Colonies  
Massachusetts  
Rhode Island  
Connecticut  
New Hampshire  
New York  
New Jersey  
Pennsylvania  
Delaware  
Maryland  
Virginia  
North Carolina  
South Carolina  
Georgia

Answers:  
Word  
Scramble  
independence  
liberty  
justice  
freedom  
patriotic  
states  
rights  
colonies  
nation

## Happy Birthday to...

### Residents

Helen I-O- 1<sup>st</sup>    Pat S- 12<sup>th</sup>    Gerry K- 19<sup>th</sup>  
Sandy S- 21<sup>st</sup>    Loretta L- 24<sup>th</sup>    Pat B- 31<sup>st</sup>

### Staff

Will H-5<sup>th</sup>    Annie G- 7<sup>th</sup>    Caden Z- 8<sup>th</sup>  
Elen G- 8<sup>th</sup>    Ashley M- 11<sup>th</sup>    Dakota F- 13<sup>th</sup>  
Brennan B- 16<sup>th</sup>    Abby C- 18<sup>th</sup>    Becky C- 24<sup>th</sup>  
Jeff R- 27<sup>th</sup>

### Now Showing

6<sup>th</sup>- Butch Cassidy and the Sundance Kid  
13<sup>th</sup>- Chitty Chitty Bang Bang  
20<sup>th</sup>- Hidden Figures  
27<sup>th</sup>- It's a Wonderful Life

### KEY Associate of the Month

Jennifer, Memory Care Coordinator, was nominated by Gary, whose wife lives in Sunny Cove. Gary wrote- "Jennifer is great with residents, smart, and a masterful multi-tasker; quite capable of handling any situation with a soft voice filled with a kindly authority; willing to take on difficult tasks such as the White Bear ice cream tour. Jennifer- SHE'S THE ONE!"

If you would like recognize an associate for their exceptional efforts, ask someone in Life Enrichment or a concierge member to give you a KEY Associate of the Month nomination form.



## RESIDENT ROUNDUP

The newly formed Resident Committee held its second All-Resident meeting on June 20<sup>th</sup> to review positive changes that have been enacted. In addition to the restrooms near the Pub being changed to unisex to better meet urgent needs, encroachment branches over our small evergreens are scheduled to be trimmed and clocks have been installed in both dining rooms, it was announced that the movies in the theater have been inventoried and placed alphabetically in new storage shelves in the theater along with a list of all our out movies. Residents can now peruse the list and request a movie using one of the suggestion forms on the counter outside the Trailway dining room. In addition, if a favorite movie does not appear on the list, residents can request that it be added to our inventory using a suggestion form.

Results of the recent Resident Questionnaire will be presented at the July meeting.

Helpful hint: To keep celery fresh and crisp, wrap it in aluminum foil before putting it in the refrigerator. If you have a helpful hint to share, let Lowell, Jan, Kathy, or Keith know about it.

Request: It has been brought to the attention of the committee that a number of residents have severe allergies to cat dander. It is requested that animals not be taken into the dining rooms or the Pub in order for residents with animal allergies to have an animal free sanctuary.

### Fun Facts of July 4<sup>th</sup>

\*President Zachary Taylor died in 1850 after eating spoiled fruit following 4<sup>th</sup> of July speeches.

\*The Liberty Bell is tapped 13 times by descendants of the signers of the Declaration of Independence every July 4<sup>th</sup> in honor of the original 13 colonies.

\*Americans spend more than \$1 billion on fireworks annually.

\*George Washington celebrated the July 4<sup>th</sup> holiday by giving his soldiers a double ration of rum.

\*There have been 27 versions of the US flag.

\*Americans consume approximately 150 million hot dogs every July 4<sup>th</sup>- enough to stretch from D.C. to Los Angeles more than 5 times.

\*There are more than 341 million people living in the US today; in 1776, there were just 2.5 million.

\*The Continental Congress actually completed and voted for the Declaration of Independence on July 2. It was adopted on the 4<sup>th</sup> but not signed by all 56 signers until August 2<sup>nd</sup>.

\*Thomas Jefferson believed Independence Day should be July 2<sup>nd</sup>, the initial date of signing, not the 4<sup>th</sup> and subsequently turned down all July 4<sup>th</sup> celebration invitations throughout his life.

## ACTIVITIES

Tues 2<sup>nd</sup> 2:00- Lemonade Social out in the Trailway Courtyard

Fri 5<sup>th</sup> 10:30- Catch a ride on the bus to Stillwater for lunch. Sign up at the concierge desk.

Mon 15<sup>th</sup> 2:00- Scoops Ice Cream Truck out front

Wed 17<sup>th</sup> 12:30- Take a boat ride on White Bear Lake- sign up at the concierge desk

Thurs 18<sup>th</sup> 2:30- All-Residents' Meeting

Tues 23<sup>rd</sup> 5:00-7:00- Car Show out front

Wed 24<sup>th</sup> 3:30- Summer Luau Special Guest Happy Hour in the Trailways Dining Room

Thurs 25<sup>th</sup> 2:00- Painting and Mimosas- P

Fri 28<sup>th</sup> 9:30- Win big money at Treasure Island Casino- sign up at the concierge desk

Fri 28<sup>th</sup> 3:30- July Birthday Happy Hour

Tues 30<sup>th</sup> 4:00- Caregiver Support Group

Check out the monthly calendar for some new happenings such as The Weekly Chronicle, Dominos, 500 Club, and an additional Blackjack! Also, please note that the time of some events have been changed.

Congratulations to Isabelle, our new Director of Life Enrichment!



**A cup of Joe with Joe**

