











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	July 1 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	July 2 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 1:00pm - Movie - Comedy - T 6:30pm - Game Night - GR	July 3 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 12:00am - Turning Stone - B 1:30pm-Bible Study - GR	July 4 	July 5 8:30 am - 4:00pm - Swim w/Buddy - P 10:00am - Bocci Ball back lawn 11:00m Scripture w/Debra- GR 1:30pm Table Tennis - GR		
July 7 2:00pm - Chips N Chat - GR 	July 8 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	July 9 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 1:00pm - Movie - Romance - T 6:30pm - Game Night - GR	July 10 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 10:30am - Red Cross "Hands Only CPR" 12:30pm - Lunch Bunch -Babes-B 1:30pm-Bible Study - GR	July 11 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 11:am - 4:00pm - Swim w/Buddy - P 1:30pm - Mahjong - GR SUMMER SERIES MUSIC Mark Santa Maria 6:00pm-7:00pm - Patio	July 12 8:30 am - 4:00pm - Swim w/Buddy - P 10:00am - Cornhole - back lawn 11:00m Scripture w/Debra- GR 1:30pm Table Tennis - GR	July 13	
July 14 2:00pm - Chips N Chat - GR	July 15 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR 3:00pm - Needles Niche - GR	July 16 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00 am - Boscov's - B 11:00am - 4:00pm - Swim w/Buddy P 6:30pm - Game Night - GR	July 17 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 11:30pm - National Hotdog Day- Patio Hotdog with All fixins' Bar 1:30pm-Bible Study - GR	July 18 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Clinton Farmer's Market- B 11:00am - 2:00pm - Swim w/Buddy -P SUMMER SERIES MUSIC PAUL GLEBA 6:00pm-7:00pm-Patio	July 19 8:30 am - 2:00pm - Swim w/Buddy - P 10:30am - Vernon Downs - B 11:00m Scripture w/Debra- GR 1:30pm Table Tennis - GR		
July 21 2:00pm - Chips N Chat 	July 22 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 12:30pm-National Root Beer Day-GR Rootbeer Floats!! 1:30pm - Bingo GR 	July 23 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 1:00pm - Movie - Comedy - T 6:30pm - Game Night - GR	July 24 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy -P 9:00 am - Grocery Shopping - B 1:30pm-Bible Study - GR	July 25 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 11:am - 4:00pm - Swim w/Buddy - P SUMMER SERIES MUSIC FRANK CANNISTRA 6:00pm-7:00pm - Patio	July 26 8:30 am - 4:00pm - Swim w/Buddy - P 11:00m Scripture w/Debra- GR 1:30pm Table Tennis - GR	July 27	
July 28 2:00pm - Chips N Chat	July 29 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	July 30 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 1:00pm - Movie - Drama - T 6:30pm - Game Night - GR	July 31 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy -P 8:30 am - Grocery Shopping - B 1:30pm-Bible Study - GR	  			

LOCATION KEY

B = Bus	FC = Fitness Center	L = Library
BP = Back Patio	G = Game Room	P = Pool
CR = Craft Room	GR = Great Room	T = Theater

Allure Life

♦Healthy♦	♦Social♦	♦Mindful♦
♦Playful♦	♦Creative♦	♦Inquisitive♦
	♦Centered♦	

OFFICE HOURS Monday - Friday
 Saturday
 Sunday

8:30 am - 4:30 pm
 By Appointment
 CLOSED

ANNOUNCEMENTS & ACTIVITIES

Watch for these upcoming events...
Save the date(s)

Upcoming activities/events to watch your upcoming calendars for more information:

Weds., July 10th @ 10:30am - Red Cross "Hands Only CPR"

Thurs., July 11th @ 6:00pm - Summer Music Series #1 - Mark Santa Maria

Mon., July 15th @ 10:30am - The Neighborhood Center - Brain Exercises

Weds., July 17th @ 11:30am - National Hotdog Day - Hotdog Bar

Thurs., July 11th @ 6:00pm - Summer Music Series #2 - Paul Gleba

Fri., July 19th @ 9:30am - Herkimer Community Market

Fri., July 19th @ 3:30pm - Happy Hour - National Daiquiri Day!

Thurs., July 25th @ 6:00pm - Summer Music Series #3 - Frank Cannistra



Jillian Ksiadz - Property Manager
Anita Walker - Assistant Manager
Bradley Patterman - Lead Maint
Justin Weaver - Maint Tech
Alexis Cleavland - Housekeeper
Tony Fraccola - Transportation

SCHUYLER DIRECTORY

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FRIENDSHIP. ENTHUSIASM.


**SCHUYLER
COMMONS**
an allure active adult community
1776 Independence Square
Utica, NY 13502

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