

July  
2024



THE  
*Stilley House*  
SENIOR LIVING

### Resident Birthdays

Verna July 2nd  
Betty H. July 4th  
Virginia July 9th  
Eddrie July 23rd

### Employee Birthdays

Nolan July 4th  
Jennifer July 14th  
Maddie July 26th

### Stilley Anniversaries

Shirley K. 1 year  
Janice 1 year  
Anna Lou 2 years  
Sandra T. 2 years  
Emma P. 8 years

## Letter from our Executive Director

Hello residents and families,

Welcome to July, I hope this correspondence finds you well. As I think back on the first 6 months of 2024, I find myself in awe of how quickly time passes. It really does seem like we were just celebrating Christmas and wishing for the cold temperatures to go away. Now we are fully into summer and thinking about those fall days. I feel blessed to live in a place where we have true seasons and always have something to look forward to. These summer days have made for great porch time for our residents. They are certainly enjoying the new porch furniture. We've had popsicles on the porch and a tea tasting on the porch and lots of porch sitting. Welcome to summer at the Stilley House!

For some time now we have been mentioning

-continued on next page



# Activities this month in A.L.

Tuesday, July 2nd - Reggie LaFaye on the sax, 2:10 p.m.  
Thursday, July 4th - Cold treats and Fireworks, 7:00 p.m.  
Monday, July 8th - "Poppin' on the Front Porch," 2:15 p.m.  
Tuesday, July 9th - Cow Appreciation Day with a COW visit! 10 a.m.  
Tuesday, July 9th - "Sippin' on the Front Porch," 2:15 p.m.  
Thursday, July 11th - Richard Cox sings classic country, 1:30 p.m.  
Friday, July 12th - Harley Davidson Tour and Lunch Bunch at Kastle  
Friday, July 12th - Popsicles on the Porch, 2:15 p.m.  
Monday, July 15th- Hymn Sing with Gary, 2:00 p.m.  
Tuesday, July 16th - Shopping Trip, 2:15 p.m.  
Thursday, July 18th - Sour Candy Tasting Party, 2:30 p.m.  
Monday, July 22nd - Popsicles w/ Sheriff Hilbrecht, 2:15 p.m.  
Tuesday, July 23rd - Funky Monkey Pottery, 10:30 a.m.  
Thursday, July 25th - Ice Cream Trip to Belews, 1:30 p.m.  
Friday, July 26th - Olympic Games, 2:15 p.m.  
Monday, July 29th - Lipstick Day Gametime, 2:15 p.m.  
Tuesday, July 30th- Watermelon Happy Hour, 2:15 p.m.



**IT'S  
GOOD TO  
BE A  
STILLEY**

I encourage you to download our Spectrio app (see back page), where you will find the most up-to-date information about our activities, announcements, and weekly menus. If you need help, please give me a call and I can walk you through it, or just stop by! We are always happy when families and friends join our activities! ~Paula

## Continued from Jennifer

changes that were coming to assisted living facilities in Kentucky. Historically, assisted living facilities have been based on a social model (not a medical model), which many of you will agree, has limited what we can do. The role-out and implementation of new legislation will allow assisted living facilities to be based on a medical model. Not like a skilled nursing facility, but we will be able to "do more" and allow our residents to "age in place." Overall, this is a huge win for all residents who live in assisted living in Kentucky, as it will allow them to stay in these facilities longer, rather than being sent to skilled care. More information can be found in this newsletter.

I am looking forward to a great month, with lots of fun and activities for our residents. I hope that this month brings good health, happy times, and lots of memories to be made.

All the best,  
Jennifer



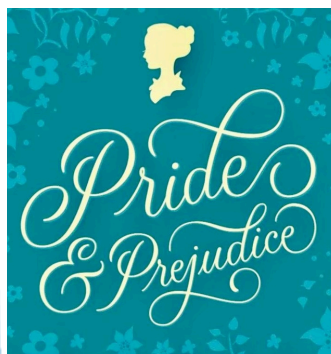


## Save the Date: Family Night at Stilley House

Stilley House residents and families, as previously mentioned in the newsletter, we are preparing for some changes to assisted living regulations in Kentucky. Please be on the lookout for a letter from Stilley House inviting you to a family night where we will update you on the new regulations and changes that are upcoming. Our family night will be held on Monday, July 15, at 6:00 p.m. Please make plans to attend this very important information-sharing session! Some of the changes, based on new regulations, will be the requirement of TB skin tests upon admission and annually, changes to the way we assist or administer medications, and expanded services we may be providing to allow your loved ones to age in place and stay with us longer before the need for a skilled nursing facility. One of the first items on our to-do list is a TB skin test clinic for all residents and staff. We are working on a partnership with the Marshall County Health Department which will allow these tests to be done in-house, eliminating the need for you to take your loved one to the doctor or health department. Again, much more information to come, please put July 15 on your calendar and please try to attend. If you have any questions in the meantime, do not hesitate to reach out.

All the best, Jennifer Brown/Executive Director

## Join our new Stilley Book Club!



Our new Book Club is reading Jane Austen's *Pride and Prejudice*. We would love for family and friends to join our discussions as we go along! Our next meeting is Thursday, July 11th at 1:00 p.m. to discuss chapters 1-30. Contact Paula for more information. As the character Miss Bingley said, "I declare after all, there is no enjoyment like reading!"

## From the Community Relations Director

### Making our new Stilley Residents feel welcome!

I just want to thank each and every one of our Stillies for being so welcoming to our new residents when they move in. You have been in their shoes and know such a big move can be overwhelming and emotional. Having supportive neighbors and friends can make all the difference in the world and help ease their minds and make them feel more at home. You are all shining examples for why it is So Good To Be A Stilley!!!! ~Robyn





# Your Team

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for You

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\*A referring resident receives \$500 credit  
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