

July
2024

Arcadia
SENIOR LIVING
Clarksville

Letter from the Executive Director

Resident Birthdays

Joseph "Joe" Calderaro 7/5
James Todd 7/7
Juanita "Nita" Jones 7/9
Martha Nelson 7/20
Bettye Travis 7/22
Linda Griffy 7/28
Robert "Bob" Housh 7/30

Employee Birthdays

Latasha Holman 7/21
Katie Butler 7/30

Save the Date

Alzheimer's Community
Education Discussion-July 30th
5:30pm-6:30pm

July is here, and we have already been experiencing some extreme heat. Please make sure you stay hydrated. Drink plenty of water throughout the day, even if you are not thirsty and avoid caffeinated beverages which can dehydrate you more. You should wear loose, lightweight, light-colored clothing that reflects heat and sunlight. Protect your head with a hat. Stay safe!

The Paris Olympics opens on July 26th and run until August 11th. They claim the Opening Ceremony will be bold and unique. For the first time in the history of the Olympic Summer Games, the Opening Ceremony will not be held in a stadium, but in downtown Paris along the Seine River. Each national delegation will have a boat for their athletes. They will stop in front of the Trocadero across from the Eiffel Tower. With no admission fee for most of the Opening Ceremony having spectators is a first as well. Eighty giant screens and speakers will be used so everyone can enjoy this celebration throughout Paris. The Opening Ceremony for the Olympic Games Paris 2024 will be the largest in the game's history. Finally, by opening with the parade of athletes, the Paris Olympics is breaking with tradition. Let's enjoy!

As safety reminders regulated by the State of Tennessee, please note the following:

- All appliances in your apartment must have an automatic shut off.
- No extension cords are allowed. Power strips with a toggle switch must be used.
- Electric blankets or heating pads are occasionally allowed with an automatic shut off and with a physician's order stating the diagnosis and reason for the usage of the item. We must have this on file.
- All sprinkler heads (including those in the closets of each apartment) must be clear of all items by a minimum of 18 inches. Please let Wayne or Sheila know if you need assistance.

Thank you for your compliance with the above and thank you for being a part of Arcadia Clarksville.

Sheila Dickmann, Executive Director

"When you give joy to other people, you get more joy in return. You should give a good thought to the happiness that you can give out." —Eleanor Roosevelt

June Activities Captured



The month of June was both very busy and filled with fun. We acknowledged a few of June's National Days by having special smoothies, donuts, watermelon tasting, and crafting. We always have our monthly birthday party for those celebrating another year of life, not to mention enjoying new performances by our local violist James, Alzheimer's Education Discussion, Miss Lucille's lunch outing, monthly painting with Cindy, Greenhouse outing, testing our luck at the Oak Grove Casino, and gardening.



Employee Highlight

Welcome Noel Tyson!

Born and raised in Richmond, Missouri, Noel brings his own creative style to Arcadia's culinary team. With nearly twelve years of experience in food service and school systems, we are excited to see what new ideas he has to bring to our Arcadia dining experience.

Noel is a loving man with a passion for food, family, and friends. In Noel's spare time he enjoys making lasting memories outdoors with family and friends or playing his favorite board game, Monopoly.

We are truly blessed to have such a great addition to our Arcadia culinary team.

Welcome Noel!



Noel Tyson

Resident Highlight



Martha Pitts

Welcome Martha Pitts!

Ms. Martha Pitts joins us from the Oakwood area of Montgomery County where she spent the majority of her childhood. Martha met her late husband, Raymond, one Sunday morning during church services. They married at a young age and decided to start a family which consists of three sons and one daughter. Martha was a stay-at-home mother while her husband worked up until his retirement. Martha enjoys spending time with her family which includes five grandchildren and five great-grandchildren. When she isn't with her family or friends you can catch her in the garden or walking around the community. Thank you, Martha, for making Arcadia your new home.

Welcome to Arcadia!

Your Team

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More Info

Ambassador Program


We are starting the 3rd quarter nominations for our employee Ambassador Program.

Please get a nomination form from the front desk area, and nominate a staff member you think has gone above and beyond in their position.

Download the Spectrio Share app and use the pin code 175AL to get up-to-date info on what is going on at Arcadia Clarksville.



\$1,000 for you and \$1,000 for Your Neighbor.
Ask Amber for more details!

Visit our website at  www.arcadiaclarksville.com and give us a **Google review**. We would love to hear from you!

Like and follow us on **Facebook** for more photos and updates at Arcadia Clarksville!

