

Happy Birthday



## RESIDENT BIRTHDAY'S

Gertie H. 7/5

Paul L. 7/14

## DOCUMENTARY SATURDAY'S

7/6

4:00 PM

### Secrets of Hawaii's National Parks

Hawaii Volcanoes and Haleakala National Parks are two of the most extraordinary places on Earth. Here you can witness molten lava bubbling from the earth, catch a spectacular sunrise above the cloud-line, or take a dip into pools of paradise.

7/13

4PM

### Armchair Travel Destination: Summer in Paris

We take a close look the amazing things Paris has to offer in the summer.

7/20

4PM

### The Most Serious History of Wine

Join Jim Hodgson for a light hearted look at the history of wine from ancient history to today.

7/27

4PM

### John Wayne America at All Costs

This is the story of a man who climbed the Hollywood ladder, one rung at a time, until he reached the top and became the most popular American actor of his era.

All documentaries are shown in the Movie Room.

## BOWLING TOURNAMENT RESULTS

Our very own Cherry Hill Keglers finished 4<sup>th</sup> overall in the Waltonwood Bowling tournament. They fought hard and competed well!

Thank you, Mickey, Esther, Fran, Eleanor and Carol, for a job well done and a great tournament!

If you are interested in joining our Wii Bowling team please see Logan for more information.



## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# CHERRY HILL CONNECT

JULY 2024



## JULY OUTING OPPORTUNITIES

**July 2<sup>nd</sup>** 10:30AM Novi Civic Center; Tunes on Tuesday  
Enjoy good music and great company!

Cost: None

**July 9<sup>th</sup>** 11:00AM The Taco Factory  
Enjoy a good food with great company!

Cost: Per person depending on purchase

**July 10<sup>th</sup>** 1:15PM Emagine Theater  
Enjoy a showing of Bye Bye Birdy!

Cost: None

**July 11<sup>th</sup>** 1:30PM Joy Ride + Slurpee Stop  
Enjoy a scenic Joy Ride with a yummy Slurpee!

Cost: None

**July 16<sup>th</sup>** 9:00AM Waltonwood Golf Outing  
Enjoy a round of golf and a delicious lunch!

Cost: \$35

**July 18<sup>th</sup>** 11:00AM Kensington Park Island Queen Boat Ride  
Enjoy a beautiful boat ride with friends!

Cost: \$4

**July 25<sup>th</sup>** 1:30PM Joy Ride + Hot Fudge Sundae Stop  
Enjoy a scenic Joy Ride and some yummy ice-cream!

Cost: None

**July 30<sup>th</sup>** 1:30PM Target  
Enjoy an afternoon of shopping!

Cost: Per person depending on purchase

**Please see Logan to sign up.**



Redefining Retirement Living

**SINGH**  
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Facebook: /WaltonwoodCherryHill

## COMMUNITY MANAGEMENT

Tiffany Tucker  
Executive Director

Business Office Manager

Joel Vassallo  
Culinary Services Manager

Jamaal Saleh  
Environmental Services  
Manager

Krystal Sidibe  
Independent Living  
Manager

Ebony Adams  
IL Life Enrichment  
Manager

Logan Winton  
AL Life Enrichment  
Manager

Mallory Bryant  
MC Life Enrichment  
Manager

Renee Ralsky  
Marketing Manager

Katrina Duby  
Resident Care Manager

Kayla Gilson  
AL Wellness Coordinator

Tanya Hall  
MC Wellness Coordinator

## ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month  
**Erica**

Thank you, Erica, for all you do here at Waltonwood Cherry Hill. Erica is a part of our resident care team as a caregiver. We are so thankful for her constant kindness and willingness to help others. She always goes above and beyond to make sure our residents are well cared for. We are thankful to have her as a part of our team!

*If you have someone you would like to nominate, please see Logan.*



## JUNE HIGHLIGHTS

03

Residents created their own patchwork quilt canvas for some summer décor.

07

Residents enjoyed a delicious donut in honor of National Donut Day!



21

Residents enjoyed a delicious cup of coffee and even better company through our coffee club.

26

Members of our garden club are working hard to make sure that our plants and flowers are well taken care of!



## FOREVER FIT: Health in the Heat

While healthy hydration habits are important year-round, they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. Making small, subtle changes can greatly improve our ability to adapt and help our bodies better tolerate the summer heat. Having fluids nearby to drink throughout the day, avoiding strenuous outdoor activities during the peak hours of the afternoon and wearing appropriate clothing that allows for good circulation, you can help cut down on dehydration and keep us feeling comfortable and safe on the hottest summer days.

- Chris, Senior Forever Fit Manager

## LIFE ENRICHMENT CORNER

Welcome to July Waltonwood Family!

We have so much to look forward to in this wonderful summer month!

Our Waltonwood Golf Outing takes place on July 16<sup>th</sup>. Range beings at 9:30am and Tee Times at 10:30am. Cost per person is \$35, including the cart, range balls and cookout lunch. Registration is required by July 10<sup>th</sup>. Please see Logan or the Front desk to register or for further information if you are interested!

Gorgeous Grandma Day takes place on July 23<sup>rd</sup>! It is a chance to celebrate the beauty and grace of all the gorgeous Grandma's we have living in our community. To celebrate this year, we will be having our second annual Gorgeous Grandma Runway show! The theme this year is classic fairytales. We can't wait to celebrate our wonderful grandmas!

Please see the July Life Enrichment Calendar for all scheduled events and we look forward to an amazing month!

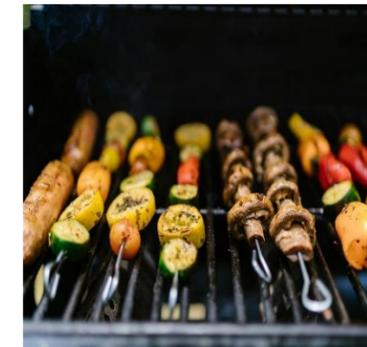
## JULY SPECIAL EVENTS

12

We will be making tie blankets to donate for the Humane Society.

19

Mixologist Matthew will be joining us for National Daquiri Day and making some delicious non-alcoholic daquiri's!



19

Families will join us for a fun family night of trivia!

24

We will enjoy a delicious BBQ outside on the front porch!



## EXECUTIVE DIRECTOR CORNER

Happy July!

We are looking forward to this fun filled Summer and all it brings. This season we will be able to enjoy outdoor entertainment and so much more. Please be sure to continue to check in and out through accushield. We invite you to see our activities calendar for additional information planned for this month. We continue to have monthly Town Hall Meetings scheduled that will provide community updates for all. As always, we value your input and suggestions. Happy July 4th 🌟

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at [Tiffany.tucker@singhmail.com](mailto:Tiffany.tucker@singhmail.com)

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