

HAPPY BIRTHDAY

JULY BIRTHDAYS:

7/2 Dolores G.

7/6 Suzie N.

- 7/6 Cathy H.
- 7/7 Norma I.

7/9 Pete S.

7/26 Pauline S.

7/26 Hilda M.

7/27 Sal R.

7/30 Sharon A.

COMMUNITY MEETINGS

- Resident Council Meeting: July 3rd @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: July 30th @ 2pm (DR) Everyone is invited to come and share dining feedback as we continue to welcome our new Culinary Manager, Joel Vassallo.
- Town Hall: July 30th @ 2:30pm (DR) everyone is invited to hear from every department manager about community updates.

DETROIT CENTRAL STATION TOUR

The Michigan Central, a first-of-its-kind ecosystem combining Detroit's rich history and its commitment to shaping the future of transportation worldwide. Anchored by a vibrant and inclusive 30-acre campus, this growing community serves as a powerful convening place and realworld test bed to build the urban transportation solutions that advance a more sustainable, equitable future. Featuring a state-of-the-art mobility hub, retail, multiple outdoor plazas, and 1.2 million square feet of commercial public space, Michigan Central aims to attract local and global visitors alike, spur economic development and jobs, and organize investment in new technologies.

Most well-known as the home of Michigan Central Station, the Michigan Central campus is much more than the revitalization of a historic building; They are reimagining the very concept of mobility for the 21st century.

Join us Friday, July 5th, as we venture off to the Cenrtal Station first floor which is open to all for the summer. The Station is allowing visitors to take self-guided tours with food and beverages also available to enjoy outside of The Station. Tickets are not needed for the Summer at The Station experience but we do ask that you sign up in the Post Office as seats are limited.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

JULY 2024



"July is a blind date with summer." -Hal Borland

LIFE ENRICHMENT CORNER

Hello July!! We have a lot planned for this month so make sure you keep an eye on your calendar and remember to check the post office book to sign up for any outings or activities listed! We have our Fourth of July Themed Dinner as well as a few other fun fourth activities planned during that first week to celebrate the Holiday.

Dementia Friendly Movie outing is back! We'll be taking a trip over to Emagine Theater on July 10th @ 11:15am and July 17th @ 2:30pm to see the new movie "Fly me to the Moon". Please sign up at the front desk if you'd like to attend.

We will be having a Memorial Service on July 22nd @ 2:00pm (IL) for anyone who would like to stop by and join us in remembrance of those we have lost this year.

Of course, we have our annual Gorgeous Grandma Day to look forward too on July 23rd @ 2pm. This day embraces the age of the nana and encourages all women to flaunt their granny attitudes with purpose and style. Alice Solomon re-entered the working world after her graduation from Wellesley College cum laude at the age of fifty. Alice Solomon created Gorgeous Grandma Day in 1984 to honor women of a certain age, whether they were grandmothers or not. It's a time to recognize their accomplishments and their abilities.

A few other events to look forward to: July 26th, we're having Christmas in July Happy Hour w/ Violinist Sandor and July 31st we're visiting Side Tracks Restaurant @ 12pm! Along with many other 01 outings and events on your calendar!



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COMMUNITY MANAGEMENT

Tiffiany Tucker **Executive Director**

Business Office Manager

Joel Vassallo **Culinary Services Manager**

Jamaal Saleh **Environmental Services** Manager

Krystal Sidibe Independent Living Manager

Ebony Adams Life Enrichment Manager

Logan Winton Assisted Living Life Enrichment Manager

Mallory Memory Care Life Enrichment Manager

Renee Ralsky Marketing Manager

Katrina Duby **Resident Care Manager**

Tanya Hall Memory Care Wellness Coordinator

Kayla Gilson Assisted Living Wellness Coordinator

ASSOCIATE SPOTLIGHT

Congratulations to Missy, who is a valuable part of our culinary team and associate of the month. Missy just recently celebrated her 16th anniversary at Waltonwood and we are poud to have her. Missy is very sweet, dependable, and dedicated.



JUNE HIGHLIGHTS



This Father's Day brunch was a success with our car themed décor and model car show. Our very own Chef Joel brought in his amazing personal collection of model cars that he handpainted and assembled himself! We also sent all of our male residents home with a new car of their own (3) (a hotwheels of course)

18th Livonia Civic Art Show:

This outing was so wonderful and meaningful to me. I want to thank each and every one of you who were able to come and see my artwork and for all the sweet comments you gave me. Another huge thank you and apology for all those who wanted to come but couldn't make it out there in time. I'm so happy I got to share such a cool moment with you all, witnessing my first ever solo art exhibit!. This was also the largest group for an outing I've seen with a full bus!! For that I truly thank you and am very greatful for such supporitve residents. -Becca

FOREVER FIT





Health in the Heat: While healthy hydration habits are important year-round, they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. Making small, subtle changes can greatly improve our ability to adapt and help our bodies better tolerate the summer heat. Having fluids nearby to drink throughout the day, avoiding strenuous outdoor activities during the peak hours of the afternoon and wearing appropriate clothing that allows for good circulation, you can help cut down on dehydration and keep us feeling comfortable and safe on the hottest summer days.

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

PET ADOPTION MARKETING EVENT/ DONATIONS CONTINUE!

Thank you so much for all the donations we have already received thus far from June for the shelter and to those who have also donated their time by participating in our pet crafts last month. Reminder that in August this year we will be teaming up with Huron Valley Humane Society to try and help more animals get adopted for "clear the shelter day" on August 17th. Anyone here at Waltonwood can help too by donating pet items needed for the shelters to our donation box at the front desk throughout this month or by participating in our continued pet crafts this month that we will also donate when finished making. We have planned a trip to the Humane Society July 2nd to drop off donations in person and we would love for you to join us. Sign up in the Post Office if you are interested.

JULY SPECIAL EVENTS



8th

Driveway Theater

Last year we had the pleasure of having the **Open Book Theater** company from Trenton Michigan, here to perform. They are scheduled to return to us with a new play tiled, "Retire in Peace" by Jacob Zinke. Please join us after dinner in the front entrace (weather permitting) as we enjoy this amazing performance.

Potters Guild Craft Outing

The Cherry Hill Potters Guild is a For more than 40 years, the J & K non-profit organization and a Steamboat Company has helped people enjoy the beauty of Michigan's rivers and diverse community of clay artists, sharing a love of clay. They spread lakes in a comfortable, nostalgic knowledge, appreciation and atmosphere. Each of our three boats has its own unique heritage. Sign up today enjoyment of handmade pottery thought classes, community events for a spot on the boat as we venture out to Lansing to enjoy the boat ride. The and exhibitions. Join us for a craft outing to the Potters Guild to create tickets are very expensive but we are special plates. The cost for this only requesting a portion of the ticket event is \$25.00. Please sign up at price which is \$35.00. Please sign up at the front desk with your name and the front desk with your name and form form of payment (Check or Room of payment (Check or Room charge is charge is accepted). accepted).

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

We are looking forward to this fun filled Summer and all it brings. This season we will be able to enjoy outdoor entertainment and so much more. Please be sure to continue to check in and out through accushield. We invite you to see our activities calendar for additional information planned for this month. We continue to have monthly Town Hall Meetings scheduled that will provide community updates for all. As always we value your input and suggestions. Happy July 4th!

Tiffiany.tucker@singhmail.com

24th

Lansing Michigan Princess Boat Ride