

# JULY 2024

7390 West Eastman Place, Lakewood, CO 80227  
303-988-2848 | LakeviewSeniorLiving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> <li>9:15 Aerobics &amp; Rhythm (WC) <b>1</b></li> <li>10:00 King Soopers Trip #1 *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers Trip #2 *</li> <li>2:00 Book Club (Discussion on current book and pickup new books) (LI)</li> <li>3:00 Wii Bowling (CR)</li> <li>7:00 Movie - "The Secret of my Success" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Exercise with Small Balls (WC) <b>2</b></li> <li>10:00 Legacy Health Talk - Importance of Hydration (CR)</li> <li>10:30 Kindness Coloring with Marian (SL)</li> <li>2:00 Resident Council Meeting (All Residents Encouraged to Attend) (D)</li> <li>3:00 Yazhtee (SL)</li> <li>7:00 Movie - "Kicking and Screaming" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Move &amp; Groove with Legacy (WC) <b>3</b></li> <li>11:00 Summer Picnic at the Park*</li> <li>1:30 Bingo (CR)</li> <li>3:00 Billiards &amp; Beer (and Rootbeer) (SL)</li> <li>7:00 Movie - "The Breakfast Club" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Stretch &amp; Tone (WC) <b>4</b></li> <li>10:30 Crafting - Diamond Art (SL)</li> <li><b>11:30 July 4th BBQ Lunch (DR)</b></li> <li>2:00 Red, White, and Blue Popsicles (BP)</li> <li>7:00 Movie - "The Guilt Trip" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC) <b>5</b></li> <li>10:30 Crafting with Kit - Patriotic Window Sun Catchers (CR)</li> <li><b>2:45 Patriotic Party with Maverick Mike (DR)</b></li> <li>6:00 Poker Night (SL)</li> <li>7:00 Movie - "Love is in Air" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:45 Hand Weights Workout (WC) <b>6</b></li> <li>10:15 Bingo (CR)</li> <li>1:00 Game Time - Rummiikub (SL)</li> <li>1:30 Outing - Dollar Tree*</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>7:00 Movie - "The Quick and the Dead" (TH)</li> </ul>
<ul style="list-style-type: none"> <li>9:30 Scripture Study with Glynn (CR) <b>7</b></li> <li>10:30 Core Strength &amp; Stretching (WC)</li> <li>1:00 Game Time - Rummiikub and Domino's (SL)</li> <li>2:00 Cooking with Kit - Smores (CR)</li> <li>7:00 Movie - "Smokey and the Bandit 2" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:15 Aerobics &amp; Rhythm (WC) <b>8</b></li> <li>10:00 King Soopers Trip #1 *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers Trip #2 *</li> <li>2:00 Tech Time with Terry</li> <li>3:00 Wii Bowling (CR)</li> <li>7:00 Movie - "Bonnie &amp; Clyde" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Exercise with Small Balls (WC) <b>9</b></li> <li><b>10:00 Guest Speaker on Maximizing Your VA Benefits: Unlocking Pension, Aid &amp; Disability Claims (CR)</b></li> <li>1:00 Documentary - "Our National Parks" (TH)</li> <li>2:30 Crossword Craziess (CR)</li> <li>7:00 Movie - "Montford the Chickasaw Rancher" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Move &amp; Groove with Legacy (WC) <b>10</b></li> <li><b>9:30 Outing - Gambling Trip to Blackhawk*</b></li> <li>10:00 Morning Matinee (Residents Choice) (TH)</li> <li>1:30 Bingo (CR)</li> <li>7:00 Movie - "Wonder" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Tai Chi Exercise (WC) <b>11</b></li> <li>10:00 Legacy Health - Blood Pressure Clinic (CR)</li> <li>10:30 Crafting - Diamond Art (SL)</li> <li>1:00 Catholic Rosary (CR)</li> <li>4:00 Pizza Party* (Sign Up Required) (CR)</li> <li>7:00 Movie - "The Price of Nonnies Inheritance" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC) <b>12</b></li> <li>10:00 Donuts with Friends (and calendar suggestions with Betsy) (CR)</li> <li>11:00 Outing - Lunch at Arrowhead Golf Club*</li> <li>12:30 Jeffco Library Book Mobile (BP)</li> <li>2:30 Crafting Corner - Paint Flower Pots (CR)</li> <li>7:00 Movie - "God's Not Dead" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:45 Hand Weights Workout (WC) <b>13</b></li> <li>10:15 Bingo (CR)</li> <li>10:30 Writer's Workshop (BI)</li> <li>1:00 Game Time - Rummiikub (SL)</li> <li>2:00 Outing - Hobby Lobby*</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>7:00 Movie - "Love at First Sight" (TH)</li> </ul>
<ul style="list-style-type: none"> <li>9:30 Scripture Study with Glynn (CR) <b>14</b></li> <li>10:30 Core Strength &amp; Stretching (WC)</li> <li>1:00 Game Time - Rummiikub and Domino's (SL)</li> <li>1:00 Needle Work Group (CR)</li> <li>1:45 Summer Outing - Magill's Ice Cream*</li> <li>7:00 Movie - "The Noel Diary" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:15 Aerobics &amp; Rhythm (WC) <b>15</b></li> <li>10:00 King Soopers Trip #1 *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers Trip #2 *</li> <li><b>2:00 Civil War Presentation with Maverick Mike (CR)</b></li> <li>7:00 Movie - "Clue" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Exercise with Small Balls (WC) <b>16</b></li> <li>10:30 Kindness Coloring with Marian (SL)</li> <li><b>2:00 Sidewalk Sale - Mary Kay and LuLa Roe Clothing Boutique (CR)</b></li> <li>3:00 Summer Cocktails - Vodka &amp; Lemonade (BP)</li> <li>7:00 Movie - "About Time" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Move &amp; Groove with Legacy (WC) <b>17</b></li> <li>10:00 Mind Fit Games (C)</li> <li>10:15 About Town - Walmart*</li> <li>1:30 Bingo (CR)</li> <li>2:00 Nature Lovers - Walk at Allendale Park*</li> <li>7:00 Movie - "RV" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Tai Chi Exercise (WC) <b>18</b></li> <li>10:30 Crafting - Diamond Art (SL)</li> <li>1:00 Catholic Rosary (CR)</li> <li>2:00 Chef On Display - (Q&amp;A Time with Chef Zach) (DR)</li> <li>3:00 Humongous Words (CR)</li> <li>7:00 Movie - "Big Jake" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC) <b>19</b></li> <li>10:30 Gardeners Delight - Plant Flower Pots (BP)</li> <li>2:45 Honkey Tonk Happy Hour with Country Singer Gary Reed (DR)</li> <li>6:00 Poker Night (SL)</li> <li>7:00 Movie - "Country Crush" (TH)</li> </ul>	<ul style="list-style-type: none"> <li>9:45 Group Stretching (Resident Lead) (WC) <b>20</b></li> <li>10:15 Bingo (CR)</li> <li>1:00 Game Time - Rummiikub (SL)</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>7:00 Movie - "Fences" (TH)</li> </ul>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p>● 9:30 Scripture Study with Glynn (CR)</p> <p>● 10:30 Core Strength &amp; Stretching (WC)</p> <p>● 1:00 Game Time - Rummiikub and Domino's (SL)</p> <p>● 1:15 <b>Outing - Lakewood Cultural Center Show*</b></p> <p>● 7:00 Movie - "Pride" (TH)</p> <p style="text-align: right;"><b>21</b></p>	<p>● 9:15 Aerobics &amp; Rhythm (WC)</p> <p>● 10:00 King Soopers Trip #1 *</p> <p>● 10:30 Mindful Meditation &amp; Aromatherapy (TH)</p> <p>● 10:40 King Soopers Trip #2 *</p> <p>● 2:00 Ice Cream Bars with Friends (BP)</p> <p>● 7:00 Movie - "1 Mile to You" (TH)</p> <p style="text-align: right;"><b>22</b></p>	<p>● 9:30 Exercise with Small Balls (WC)</p> <p>● 10:15 History of the Olympics - National Geographic (TH)</p> <p>● 10:30 Kindness Coloring with Marian (SL)</p> <p>● 2:00 <b>Travel Presentation with Chris "Across America, Ellis Island to Denver" (TH)</b></p> <p>● 7:00 Movie - "Abe &amp; Phil's Last Poker Game" (TH)</p> <p style="text-align: right;"><b>23</b></p>	<p>● 9:30 Move &amp; Groove with Legacy (WC)</p> <p>● 10:00 Morning Matinee (Resident Choice) (TH)</p> <p>● 10:30 About Town - Whole Foods Market*</p> <p>● 1:30 Bingo (CR)</p> <p>● 3:00 Wine-Down Wed. - Favorite Summer Wines (BP)</p> <p>● 7:00 Movie - "Footloose" (TH)</p> <p style="text-align: right;"><b>24</b></p>	<p>● 9:30 Tai Chi Exercise (WC)</p> <p>● 10:30 Crafting - Diamond Art (SL)</p> <p>● 1:00 Catholic Rosary (CR)</p> <p>● 3:00 Humongous Words (CR)</p> <p>● 7:00 Movie - "The Theory of Everything" (TH)</p> <p style="text-align: right;"><b>25</b></p>	<p>● 9:30 Exercise - Balance, Body, Brains &amp; Breath (WC)</p> <p>● 10:30 Open Art Studio - Artist Choice (CR)</p> <p>● 12:30 Jeffco Library Book Mobile (B)</p> <p>● 2:45 <b>Summer Olympics Kick-Off Party with Entertainer Dino - Wear your Red, White and Blue (DR)</b></p> <p>● 7:30 Summer Olympics Opening Ceremony (SL)</p> <p style="text-align: right;"><b>26</b></p>	<p>● 9:45 Hand Weights Workout (WC)</p> <p>● 10:15 Bingo (CR)</p> <p>● 10:30 Writer's Workshop (BI)</p> <p>● 1:00 Game Time - Rummiikub (SL)</p> <p>● 2:00 July Birthday Celebration (All Residents Welcome to Attend) (CR)</p> <p>● 3:00 Netflix Series: Longmire (TH)</p> <p>● 7:00 Movie - "Harriet" (TH)</p> <p style="text-align: right;"><b>27</b></p>			
<p>● 9:30 Scripture Study with Glynn (CR)</p> <p>● 10:30 Core Strength &amp; Stretching (WC)</p> <p>● 11:15 Outing - Lunch at Gunther Toody's*</p> <p>● 1:00 Needlework Group (CR)</p> <p>● 2:30 Lakeview Olympic Games - "Javelin" Toss (BP)</p> <p>● 7:00 Movie - "Juanita" (TH)</p> <p style="text-align: right;"><b>28</b></p>	<p>● 9:15 Aerobics &amp; Rhythm (WC)</p> <p>● 10:00 King Soopers Trip #1 *</p> <p>● 10:30 Mindful Meditation &amp; Aromatherapy (TH)</p> <p>● 10:40 King Soopers Trip #2 *</p> <p>● 2:00 Book Club (Discussion on current book and pickup new books) (LI)</p> <p>● 3:00 Lakeview Olympics - Wii Bowling (2FB)</p> <p>● 7:00 Movie - "The Lulu Club" (TH)</p> <p style="text-align: right;"><b>29</b></p>	<p>● 9:30 Exercise with Small Balls (WC)</p> <p>● 10:30 Kindness Coloring with Marian (SL)</p> <p>● 2:00 Olympic Jeopardy (CR)</p> <p>● 3:00 Yazhtee (SL)</p> <p>● 7:00 Movie - "Molly's Game" (TH)</p> <p style="text-align: right;"><b>30</b></p>	<p>● 9:30 Move &amp; Groove with Legacy (WC)</p> <p>● 10:15 About Town - Target*</p> <p>● 1:30 Bingo (CR)</p> <p>● 2:00 Nature Lover's - Walk at Kendrick Park*</p> <p>● 7:00 Movie - "The Saint of Second Chances" (TH)</p> <p style="text-align: right;"><b>31</b></p>	<p style="text-align: center;"><b>Happy Birthday!</b></p> <p><b>Norma S. - July 7</b></p> <p><b>Janine H. - July 8</b></p> <p><b>Fred S. - July 9</b></p> <p><b>Shubert H. - July 15</b></p> <p><b>Bobbie P. - July 15</b></p> <p><b>Wayne A. - July 17</b></p> <p><b>Nancy C. - July 19</b></p> <p><b>Dorothy C. - July 19</b></p> <p><b>Barbara S. - July 26</b></p> <p><b>Carmela R. - July 29</b></p>			<p style="text-align: center;"><b>Location Key</b></p> <p><b>CR = Community Room</b></p> <p><b>TH = Theatre</b></p> <p><b>DR = Dining Room</b></p> <p><b>WC = Wellness Center</b></p> <p><b>SL = Sky Lounge</b></p> <p><b>BI = Bistro</b></p> <p><b>BP = Back Patio</b></p> <p><b>LI = Library</b></p>		<p style="text-align: center;"><b>Activity Types</b></p> <p>● Emotional</p> <p>● Entertainment</p> <p>● Inspired</p> <p>● Intellectual</p> <p>● Involved</p> <p>● Outings</p> <p>● Physical</p> <p>● Social</p> <p>● Spiritual</p>