Happy Birthclay to you

Celebrating

Rosella L. 7/4 JoAnne M. 7/9 Carol S. 7/16 **Jessie C. 7/22 Elandra M. 7/24** Laurel L. 7/29 Elaine M. 7/30 Doris M. 7/31

Wishing you all a wonderful birthday!!



\$3.500 RESIDENT REFERRAL BONUS Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

04

Twelve Oaks Connect JULY 2024

27475 Huron Circle, Novi, MI 48377 www.waltonwood.com | 248-735-1500 Facebook: /WaltonwoodTwelveOaks



Tuesday | July 23rd | 5:30-8:00pm

National Gorgeous Grandma Day

Magical Disney Themed Evening with amazing food & entertainment Stay Tuned for more Details!!!

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Friday | July 26th | 4:30-7:30pm



Create Heartwarming Camp Memories at Waltonwood Twelve Oaks You and your grandchild(ren) are invited for an evening at camp that includes s'mores, camp fire songs, a rock wall, pony rides, and dinner in the dining hall 01

RIENDS & FAMILY REFERRAL PROGRAM



Redefining Retirement Living* <u>SINGH</u>.

COMMUNITY MANAGEMENT

Joe Whitney **Executive Director**

Deanna Hite **Business Office Manager**

Jacob Chamberlain Culinary Services Manager

Alyssa Tobias Independent Living Manager

Montell Ross Environmental Services Manager

Heather Laskos Marketing Manager

Casey Hess Marketing Manager

LaTonya Warlix Resident Care Manager

Priyanka Ghelani Wellness Coordinator

Tynesha Cobb Wellness Coordinator

Basma Jirjis Life Enrichment Manager (IL)

Alecia Greenberg Life Enrichment Manager (MC)

Stefanie Jones Life Enrichment Manager (AL) Congratulations to Lorraine Conerly on her promotion to the position of Day Shift Supervisor (SIC). Lorraine grew up in Saginaw. In 2003 she started as a CNA, because her mom was diagnosed with dementia at the age of 48 years old. Unfortunately, her mom passed away in 2013. Due to this tragedy, Lorraine knew that she wanted to continue her passionate journey to help those with dementia. Prior to coming to Waltonwood, Lorraine worked at a group home for 10 years. When the owners decided to downsize Lorraine decided to look for a position in a senior living community, and the rest is history.

Lorraine has 2 sons. Caleb is 26 years old and is a Bounty Hunter, Isaiah is 16 and is in high school. Lorraine loves being a boy mom. Lorraine was an amazing caregiver to her husband, who had health issues due to being a victim of a violent crime. He was shot 9 times and was paralyzed from the waist down. They started out as friends and Lorraine guickly realized that his family wasn't taking the best care of him. Lorraine said that through caring for him, they fell in love and had a wonderful love story. Their love pushed her further into her passion and advocacy in the healthcare field. Lorraine is trying to stay busy and enjoy life. She enjoys traveling and spending time with family. We look forward to seeing Lorraine's continued arowth



Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on your ledges for any changes.

We now have a resident roster available at the front desk. It includes your first & last name, apartment number & phone number. If you do not wish for your information to be shared with everyone else, please let the front desk know.

JULY SPECIAL EVENTS

04 4th of July Celebration

17 DIA

Join us for a celebrationg with the greatest duo Henrik & mom!

23 National Gorgeous

26 Camp Waltonwood

Grandma Day- Disney Theme

What a magical evening- its going grandkids to be full of surprises!

Our annual day of fun with the

It is hard to believe that we are in July already.....the summer has flown by. I thought I would take an opportunity to tell everyone about the "FAMILY" cards once again. We started this campaign a few months ago. There are FAMILY cards at the AL & IL front desks. These cards are for residents and families to fill out to recognize an associate who has gone above and beyond to help in some way. It helps our community recognize those individuals who are embracing the term FAMILY in their job. The residents, their families and our associates all make up the Waltonwood Twelve Oaks Community and the community is our family. Thank you for being part of our Family.

JUNE HIGHLIGHTS

11 Tai Chi Exercise



Join us for a ride in the Detroit river with a view of Downtown

Detroit

An ancient Chinese martial art. Initially developed for

16 Tea Party

Vickys Tea Salon

Class

25 Bingo at the Wixom

Center Victorian Afternoon Tea from

> Pop up BINGO with our friends at the Wixom senior center

FOREVER FIT/WELLNESS









Health in the Heat

While healthy hydration habits are important year-round, they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. Making small, subtle changes can greatly improve our ability to adapt and help our bodies better tolerate the summer heat. Having fluids nearby to drink throughout the day, avoiding strenuous outdoor activities during the peak hours of the afternoon and wearing appropriate clothing that allows for good circulation, you can help cut down on dehydration and keep us feeling comfortable and safe on the hottest summer days.



Thursdays ONLY

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please schedule your appointment with some flexibility as we may be up to 15 minutes early or late depending on traffic and other passengers.



Lets spend the day at the **Detroit Institue of Arts**

EXECUTIVE DIRECTOR CORNER

- Joe Whitney