



COOKING DEMONSTRATIONS

08 Strawberries & Cream 2pm

15 Root Beer Floats 2pm

25 Blueberry Crisp 2pm

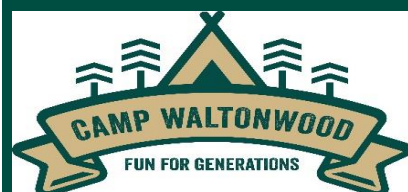
31 Homemade Ice Cream
2pm

COMMUNITY COMMUNICATION



RESIDENT BIRTHDAYS

Happy Birthday
Melba 7/14
Bea 7/10
Kathryn 7/20



UPCOMING EVENT!!

Please mark your calendars for **Camp Waltonwood 7/26 from 4:30-7:30**. This is a wonderful family event.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

JULY 2024



SINGH

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www.waltonwood.com | 248-735-1030
Facebook: /Waltonwood Twelve Oaks

COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Montel Ross
Environmental Services
Manager

Alyssa "Lee" Tobias
Independent Living
Manager

Alecia Greenberg
Life Enrichment Manager

Heather Laskos
Marketing Manager

Marketing Manager
Casey Hess

Resident Services Manager
Latonya Warlix

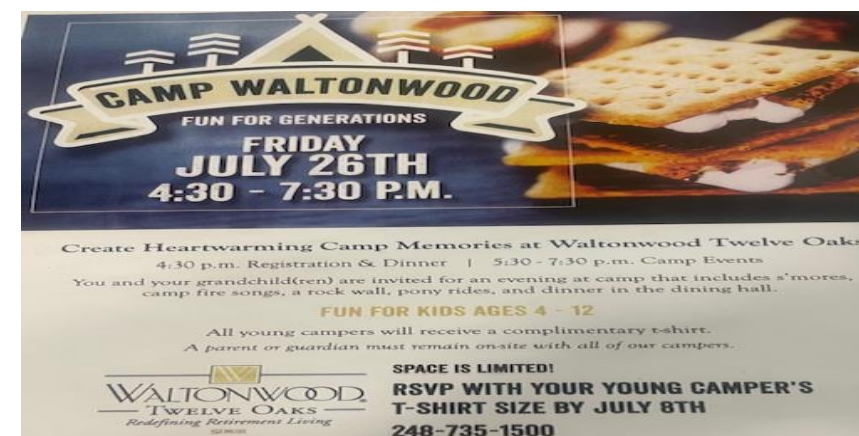
Wellness Coordinator
Tynesha Cobb



"In the truest sense, freedom cannot be bestowed: it must be achieved."
Franklin D. Roosevelt

We are so happy to embrace summer and all its beauty. Our courtyard garden looks amazing and the herb garden is a sensory delight. You will find us outside as much as possible soaking up the sun and breezes.

We kick off the month with the 4th of July and our annual parade through AL. On 7/12 we will celebrate butterflies as we prepare a butterfly habitat to observe and end up releasing our butterflies. Please don't forget that there is a support group 7/25 at 2pm. On 7/23 we celebrate our beautiful ladies with a Gorgeous Grandma Petit Fours and Punch Event. Please email Alecia with a special note and picture ASAP. We'll also have our very own MC Olympics to celebrate the Summer Olympics in Paris. We'll be talking a lot about Paris as well. Don't forget to sign up for Camp Waltonwood. Please see the info below.



ASSOCIATE SPOTLIGHT-LORRAINE CONERLY

Congratulations to Lorraine Conerly on her promotion to the position of Day Shift Supervisor (SIC). Lorraine grew up in Saginaw. In 2003 she started as a CNA, because her mom was diagnosed with dementia at the age of 48 years old. Unfortunately, her mom passed away in 2013. Due to this tragedy, Lorraine knew that she wanted to continue her passionate journey to help those with dementia. Prior to coming to Waltonwood, Lorraine worked at a group home for 10 years. When the owners decided to downsize Lorraine decided to look for a position in a senior living community, and the rest is history.

Lorraine has 2 sons. Caleb is 26 years old and is a Bounty Hunter, Isaiah is 16 and is in high school. Lorraine loves being a boy mom. Lorraine was an amazing caregiver to her husband, who had health issues due to being a victim of a violent crime. He was shot 9 times and was paralyzed from the waist down. They started out as friends and Lorraine quickly realized that his family wasn't taking the best care of him. Lorraine said that through caring for him, they fell in love and had a wonderful love story. Their love pushed her further into her passion and advocacy in the healthcare field.

Lorraine is trying to stay busy and enjoy life. She enjoys traveling and spending time with family. We look forward to seeing Lorraine's continued growth.



TRANSPORTATION INFORMATION

Come join us for our enriching outings.

- Tuesday, July 2, at 10:45 a.m. Novi Library Music on the Patio and Lunch
- Tuesday, July 9 at 10 am-Kensington Farm Tour & Lunch at the Farm Cafe
- Tuesday, July 16 at 1:15 pm-Big Dipper & Walled Lake
- Tuesday, July 30 at 10:30 a.m.-Picnic Lunch at Belle Isle



JUNE HIGHLIGHTS

05 with Giraffe Day. We have so many animal lovers and who doesn't love a giraffe. Please look in the Activity Room at the giraffe art project that celebrates our tall friends, Pastry made a giraffe themed croissant and we watched a documentary and enjoyed trivia to learn more about them.

10 Strawberry Day. In honor of strawberry picking season, we celebrated this delicious berry by playing trivia, doing an art project and making strawberry shortcake.

27 National BINGO Day. The residents love BINGO, so why not celebrate National BINGO Day with our friends in Assisted Living. We had a BINGO extravaganza in the AL Dining Room.



16 Father's Day Brunch. It was so nice to celebrate our dad's and important men in our lives.

FOREVER FIT

Health in the Heat

While healthy hydration habits are important year-round, they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. Making small, subtle changes can greatly improve our ability to adapt and help our bodies better tolerate the summer heat. Having fluids nearby to drink throughout the day, avoiding strenuous outdoor activities during the peak hours of the afternoon and wearing appropriate clothing that allows for good circulation, you can help cut down on dehydration and keep us feeling comfortable and safe on the hottest summer days.

JULY SPECIAL EVENTS

04 July 4th. We will start the day with our annual patriotic parade and then end up in AL to enjoy a 4th of July musical celebration. We will talk about how important our personal freedoms are.

23 National Gorgeous Grandma. Join us as we celebrate what makes our ladies so special with Petit Fours & Punch, and some lovely music.

12 Celebrating Butterflies. Who doesn't marvel at these lovely creatures? We are getting caterpillars and a butterfly habitat for the resident watch the metamorphosis of the caterpillars into butterflies.

26 Camp Waltonwood. Come with your grandkids and great grand kids to share this special intergenerational event. We turn our community into a camping extravaganza.



EXECUTIVE DIRECTOR CORNER-Joe Whitney

It is hard to believe that we are in July already, the summer is really flying by. I thought I would take an opportunity to tell everyone about the "FAMILY" cards one again. We started this campaign a few months ago. There are FAMILY cards at the AL & IL front desks. These cards are for residents and families to fill out to recognize an associate who has gone above and beyond to help in some way. It helps our community recognize those individuals who are embracing the term FAMILY in their job. The residents, their families and our associates all make up the Waltonwood Twelve Oaks Community and the community is our family. Thank you for being part of our Family.