



JUNE HIGHLIGHTS

"REDFORD THEATRE" TOUR



FATHER'S DAY



TIGER'S BASEBALL



NATIONAL BINGO DAY



TWELVE OAKS CONNECT

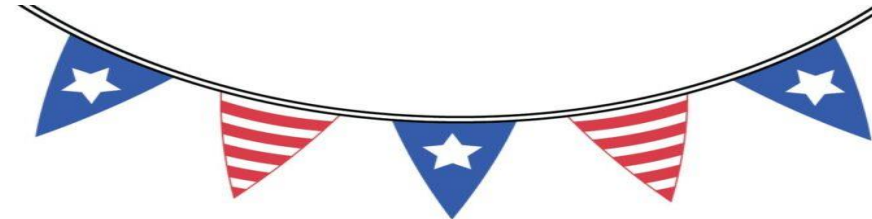
JULY 2024



Redefining Retirement Living

SINGH

27495 Huron Circle, Novi, MI 48377
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O say can you see, by the dawn's early light,
What so proudly we hailed
at the twilight's last gleaming,
Whose broad stripes and bright stars
through the perilous fight,
O'er the ramparts we watched
were so gallantly streaming?
And the rockets' red glare, the bombs bursting in air,
gave proof through the night
that our flag was still there.
O say does that star-spangled banner yet wave,
O'er the land of the free and the home of the brave.

COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Montell Ross
Environmental Services
Manager

Jacob Chamberlain
Culinary Services Manager

Alyssa "Lee" Tobias
Independent Living Manager

Stefanie Roland-Jones
Life Enrichment Manager

Heather Laskos
Marketing Manager

Casey Hess
Marketing Manager

LaTonya Warlix
Resident Care Manager

Tynesia Cobb
Wellness Coordinator

Priyanka Ghelani
Wellness Coordinator

JULY BIRTHDAYS

7-16 Mary P

We will Celebrate our
JULY BIRTHDAY
RECIPIENT
on

JULY 11th at 3:00 pm

With entertainer
Dorothy M!

All are Welcome!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!

Save the Date: July 26th
RSVP by July 8th



4:30pm Dinner in the mess hall
followed by
Camp Activities from 5:30 - 7:30pm

ASSOCIATE SPOTLIGHT- LORRAINE CONERLY

Congratulations to Lorraine Conerly on her promotion to Day Shift Supervisor. Lorraine grew up in Saginaw. In 2003 she started as a CNA because her mom was diagnosed with dementia at the age of 48 years old. Unfortunately, her mom passed away in 2013. Due to this tragedy, Lorraine knew that she wanted to continue her passionate journey to help those with dementia. Prior to Waltonwood, Lorraine worked at a group home for 10 years.

Lorraine has 2 sons. Caleb is 26 years old and is a Bounty Hunter. Isaiah is 16 and is in high school. Lorraine loves being a boy mom. Lorraine was an amazing caregiver to her husband, who had health issues due to being a victim of a violent crime. He was shot 9 times and was paralyzed from the waist down. Their love pushed her further into her passion and advocacy in the healthcare field.

Lorraine is trying to stay busy and enjoy life. She enjoys traveling and spending time with family. We look forward to seeing Lorraine's continued growth here at Waltonwood.



JUNE HIGHLIGHTS

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Unfortunately Mother Nature didn't cooperate with us for our outdoor **Garden Hat Party**. But, the residents had fun just the same.

11

The residents enjoyed hearing more about the life and music of Ol' Blue Eyes during **Stu's Ed Talk: "Frank Sinatra part II"**



18

Thank you Ian for showing us how to make *California Roll Sushi* on **National Sushi Day**. A few of our attendees even tried their hand at making it too!

25

The Pizza Party/Show & Tell was well attended. The conversations were flowing as they shared about their many adventures.



FOREVER FIT – HEALTH IN THE HEAT

While healthy hydration habits are important year-round, they become essential during the summer months when the heat and humidity can reach dangerous levels. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. Making small, subtle changes can greatly improve our ability to adapt and help our bodies better tolerate the summer heat. Having fluids nearby to drink throughout the day, avoiding strenuous outdoor activities during the peak hours of the afternoon and wearing appropriate clothing that allows for good circulation, you can help cut down on dehydration and keep us feeling comfortable and safe on the hottest summer days

TRANSPORTATION INFORMATION

Join us this month as we venture out to...

July 3	Kroger Grocery Store
July 3	Kensington Island Queen Boat Excursion & Picnic Lunch
July 10	Kroger Grocery Store
July 10	Lunch on the water at Walled Lake Tiki Bar
July 19*	Diamond Jack Detroit River Boat Tour & Lunch
July 24	Mystery Tour
July 31	A Day on Belle Isle

**Note July 19th is a Friday*

The bus is available for Transportation on **Thursday** for Doctor's Appointments.

JULY SPECIAL EVENTS

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We will kick off the holiday with the **MC Patriotic Parade** followed by a **4th of July Celebration with Marsha**

23

This year we will celebrate our **Gorgeous Grandma's** at a **"Punch & Petit Fours"** afternoon event.

26

Kyle is back to share another adventure during his **Travelogue: Great American Road Trip: Mackinac to Mt Renier**

26

Calling all kids and kids at heart to join us for a wonderful evening at **CAMP WALTONWOOD**. Don't forget to RSVP the little campers!



EXECUTIVE DIRECTOR CORNER – Joe Whitney

It is hard to believe that we are in July already...the summer has flown by. I thought I would take an opportunity to tell everyone about the "FAMILY" cards once again. We started this campaign a few months ago. There are FAMILY cards at the AL & IL front desks. These cards are for residents and families to fill out to recognize an associate who has gone above and beyond to help in some way. It helps our community recognize those individuals who are embracing the term FAMILY in their job. The residents, their families and our associates all make up the Waltonwood Twelve Oaks Community is our family. Thank you for being part of our Family.