

~ ABOUT ME~





My name is Gina, I was recently hired here at York Gardens and I will be running the Bistro. First of all, I would like to thank all the staff, residents, and families for being so kind and welcoming while I am new! I am so excited to be a part of this amazing community; most of all, I am really looking forward to sharing good food with everyone.

I enjoy both baking and cooking and try to make food from all over the world. I love art as well, specializing in all sorts of media- but I really like to paint. I was born in Saint Paul, have lived there my whole life and recently turned 26 in May.

I look forward to learning more about everyone- always feel free to visit me at the Bistro!











Leadership Team Contact Numbers:

Katie Keogh Jane Manske Maddy Artmann Dave LaVoie John Affeldt Sarah Strandmark Kwanza Yu Cynthia Sharp Alexia Johnson Nursing Executive Director
Director of Health Services
Outreach and Sales Director
Director of Culinary Services
Director of Environmental Services
Life Enrichment Director
Chaplain
Administrative Assistant
Resident Services Coordinator
LPN on Duty

952-898-6721 952-898-6718 952-898-6719 952-898-6726 952-898-6712 952-898-6720 952-898-6738 952-898-6700 952-898-6733 612-398-6802



YORK GARDENS

SENIOR LIVING

MONTHLY NEWSLETTER: JULY 2024



Resident Culinary Meeting



July 9th, 2024 10:30am-11:15am In the Bistro with **Culinary Staff**

Hymn Sing with Charlotte

Wednesday, July 24th 10:30am-11:15am In the Lobby





Resident Birthdays

7/1 Char Kelly 7/12 Josephine Palmer 7/17 Jodell O'Connell Stay Birthdays

7/10 Maddy McLain-Artmann 7/13 Melanie Klass 7/15 Cecelia Sayon 7/23 Isnino Ibrahim 7/26 Mercy Cephas 7/28 Sarah Strandmark 7/30 Sage Tapia



Worship Services w/ Kwanza Sundays at 10:00am *In the 2nd Floor Theater*

Live Music at Centennial Lakes Park

Monday July 15th 6:30pm-8:00pm

Jazz on the Prairie Big Band

We'll take the bus to Centennial Lakes Park. Music starts at 7:00pm. *SIGN UP*



Minneapolis Police Band & Family Grill Out

July 18th Food at 5:30pm Music at 6:45pm on the front patio



Please refer to your weekly calendar & elevator posters for any updates



Resident Council

Thursday July 18th 10:30am-11:30am In the THEATER Pastries & coffee will be served



In Apartment Therapy Dog Visits

Mondays from 1:00pm-2:00pm With Barb and Sully



Learn Quiddler

Saturday July 13th at 1:30pm

in the Activity Area

Many thanks to Margaret Hafvenstein and her son, Gary, for sharing this game with us!



Outing to the Centennial Lakes Farmer's Market

Thursday July 25th

2:45pm-4:30pm

SIGN UP

BINGO!

Mondays & Fridays at 2:30pm-3:30pm In the activity area

7 26 40 58 73 14 22 34 55 68 4 24 FREE 46 72 9 20 36 52 74 6 28 35 49 64

JAMES SHAW PIANO MUSIC



7/15 in Gardenview at 10:30am-11:30am

7/29 in the Lobby at 10:30am-11:30am

Monthly Birthday Party



Wednesday, July 10th 2:30pm-3:30pm in the Activity Area! Serving cake & ice cream ALL are invited

Happy Hour w/ Music from FireSpice Band Friday July 26th 3:30pm-4:30pm in the Bistro



Monthly Blood Pressure Checks



Wednesday, July 31st

10:00am-11:00am in the Club Lounge

Exercise Classes



Mondays 1:30pm-2:15pm (Kristine) Tuesdays 1:30pm-2:15pm (Kristine) Wednesdays 1:30pm-2:15pm (Kristine) Thursdays 1:30pm-2:15pm (Kristine) Fridays 1:30pm-2:15pm (Michelle) IN THE 1ST FLOOR EXERCISE ROOM

A Note from Pastor Kwanza Yu, Chaplain

Preparing for summer:

It is summertime and seeds are growing. Little sprouts and long vines appear, flowers are turning into fruits, and the yards and fields are alive with green. It is amazing how those seeds, which look like nothing, contain in them the mystery of the mature plant. .

While seeds hurry along in their task of growth and the sun pours out its rays, most people slow down. The academic year pauses; millions of children, no longer in classrooms, are running around houses and through the parks. We do relax during summer. Yet Jesus doesn't relax. During summer the Sunday readings call us each week to follow Christ's ministry; Jesus preaches, heals, and he performs miracles. The liturgical color of this season of Pentecost is *green* because it symbolizes growth in Christ. Summer is a teaching time, a growing time in the life of church. Summertime is a good time for growing. Jesus invites us to grow in faith as God's people.

Sunday Services with Holy Communion at 10:00 am:

July 7th, 14th, 21st, & 28th in the Theater.

Note that there will be NO Bible Study in July & August:

Bible study will be resumed on <u>Tuesday, September 3rd at 10:00am</u> in the Club Lounge.

"Christ in our home": Quarterly devotional for July/August/September are available for residents to pick up. Ask Pastor Kwanza if you haven't had one.

A very special word of gratitude to:

Charlotte Schmidt (pianist) and Glen Nordgaard and Agnes Danzl (readers) who helped with Sunday services in June.



The York Gardens Bistro Re-Opens on Monday July 8th Sing for Life w/ Paula Lammers



July 3rd at 3:30pm— 4:30pm

in the Lobby

this will be our last session until fall

Women of the Bible with Agnes Danzl July 3rd at 10:30am in the 4th Floor Lounge



Boat Rides on Lake Riley





July 11th 9:30am-1:30pm -AND-July 24th 5:00pm-8:20pm

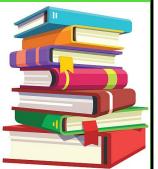
Join us for a scenic boat ride and have the opportunity to fish!
The boat is wheelchair accessible.
must sign up

NOTE ON OUTINGS: Priority is given first to those who have not attended an outing recently and then spots are given to residents by order in which the Life Enrichment received reservations.

DO YOU LIKE TO READ?

Everyone is invited to borrow material from our collection and return it to the collections baskets....

Books are located in the 2nd floor library, 3rd floor library, and 4th floor lounge.



WITH ONE EXCEPTION!!!

Hennepin County books (labeled on the spine) must be signed out and back in on the sign-in sheet available on the counter. Since HCL collects and sends in new books every 3 months, we need to know who has borrowed them.

You can also make special request orders to Sarah for particular titles, books on tape, & DVDs

SING-A-LONG

With Rosanne Halloran
Thursday, July 25th
10:45am-11:30am in Gardenview



SHOPPING OUTINGS

Trader Joe's: Tuesday, July 9th from 10:30am-11:45am Target: Tuesday, July 16th from 9:45am-11:30am Target: Wednesday, July 31st from 9:45am-11:30am





Brad Carlin

Piano & Guitar Performance Tuesday July 23rd 3:30pm-4:30pm In the Lobby

Walking Club Outing at Centennial Lakes Park July 17th 9:45am-11:30am

We will take the bus to Centennial Lakes Park and walk along the waterway!

