REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

Ingleside Communities

Check out our Facebook and tiktok page to see some of the highlighted events we are doing in activities. Bit.ly/fb-ing

Laundry Reminder:

If you purchase clothing for a loved one, it is very important that laundry labels the clothing with the resident's name. Please bag the new item up and put a tag on it "to be labeled" with the resident's name. Give the bag to the receptionist and she will place it in the bin. Any questions, please ask a staff member.



407 North 8th Street, Mount Horeb, WI 53572 608-437-5511

Kevin Lawrence, Administrator Brynna Urich, Admissions, Crystal Becker, Activities

Like Us On Facebook

TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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Employees of the Month

Pick up a calendar in the activity room for events!



Daine Rott Nurse

I was raised in a large family on a local dairy farm. Lots of chores and more chores. The work sometimes involved bringing baby cows into the world. I think it goes without saying, hard work and a strong work ethic were learned in that environment.

Skipping ahead, I earned my bachelors degree in nursing at Edgewood College in Madison. I spent the next large part of my career at a small local hospital. I spent years on a medical/surgical unit. I moved

on to home health and hospice at the same local hospital, nursing was and is my favorite environment. In returning to hospital nursingl was an admission nurse and a discharge planner. I then moved to full time as a utilizatio review nurse. I think I am one of a few people who can say they have experienced only working for 3 different employers in their nursing career.

OfCourse life is so much more than work. I have a beautiful family. My daughter and son in law gave me four grandchildren, my daughter home schools the children and my son in law is a mid level educator. My son and his family are living the military life. They have two adorable children. As grandmothers do I am concerned for the children having to relocate often; they spend their time near the ocean, so it gives me a perfect place to vacation.

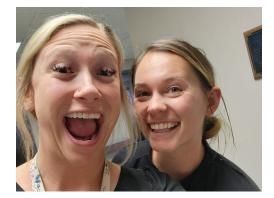
I love to read, and do anything outdoors, especially walking, all seasons of the year.

I enjoy caring for the residents at Ingleside and get lots of kudos from them which is warming to the heart.

ACTIVITY PHOTO HIGHLIGHTS







Community Members, We are looking for lift chairs (2 button remotes preferred) and flat screen tvs that are working both picture/sound. Feel free to call Ingleside 608.437.5511 to drop off

We're welcoming new residents!

Call 608-470-4046 to schedule a tour today for any of our continuum of care senior living options:

- Independent Senior Apartments
- **Assisted Living Apartments**
- **Inpatient/Outpatient Rehab Therapy**
- Skilled Nursing/Long Term Care













































Resident of the Month: Mary B.



I was born in Battle Creek, Michigan September 24, 1931, to John and Ruby Eckley. My dad worked for SealTest dairy products. My mom had been a schoolteacher in Duluth MN but did not work after moving to Battle Creek. I was the only child, but I had many friends in our neighborhood and in school.

I learned to play the piano while growing up and passed this skill on to my children. My favorite subject in school was math. I enjoyed it so much that after graduating from Battle Creek High School in 1948, I entered Michigan State University (MSU) to pursue a degree in Mathematics, graduating in 1952.

In my freshman year at school, I met a young man in our Chemistry class at MSU. He was a Dairy Management major and a high hurdles athlete. I'm not sure if he pursued me or if it was mutual, but we continued dating until I became Mrs. Richard (Dick) Bird in the summer of 1952, soon after graduation

Dick continued in school to earn his Master of Business Administration (MBA) degree. I

worked for the Michigan Farm Bureau as secretary to two lobbyists. After Dick received his degree, we moved to Dearborn, Michigan where Dick became a consultant helping companies set up their accounting systems. This led to several relocations that included living in Kentucky, Newark NY, Buffalo NY, Greendale WI, Dayton OH and finally Elm Grove WI.

We started our family with the birth of our daughter Susan in 1959, daughter Gail was born in 1961, daughter Martha was born in 1963, and finally Mary Ann in 1967.

After we settled in Elm Grove, we purchased the Milwaukee WI franchise for Robert Half Accountemps. I helped Dick run this business for many years while raising our family. The office was in the U.S. Bank building in Milwaukee on the 32nd floor, with huge windows looking out across the downtown landscape. Dick was the Placement Manager, and I was the Office Manager.

We did much more than just work together. We stayed very busy in those years. We were very active in the Episcopal Church where I served as a Lay Minister. We enjoyed downhill skiing and were quite good at it. We played Bridge together and I belonged to the Great Books Club.

Every summer our life revolved around the Robert Half convention held in different parts of the country. We always combined this with our family vacations. In this way we saw the entire country while the children were growing up

Our girls were very involved in choir, drama, dance and band at school, and we attended every performance possible. I taught all the girls to play piano. In fact, Gail became a concert pianist at the Milwaukee Performing Arts Center. Mary Ann was a cheerleader. We all were active in our church through their high school years.

We are so pleased that all our daughters

graduated from the University of Wisconsin. Susan became a high school business teacher. Gail became an occupational therapist at UW Hospital. Martha became a nurse and an artist. Mary Ann also became an occupational therapist.

When the girls left home, Dick and I stayed very engaged. We loved to square dance and socialize with friends and church members. Dick played guitar in a Glenn Miller style band called "Command Performance" for many years. Dick also served as Treasurer of the Episcopal Church.

In 1987 Robert Half bought out each of its franchise owners. After our beautiful Milwaukee office was sold in 1987, Dick served as an accountant for a couple of businesses until he retired in 1996. We continued to live in Elm Grove in our retirement.

In 2016 we wanted to be closer to family and decided to move near our daughters Gail and Mary Ann in the Madison area. We discovered Ingleside Communities in Mount Horeb, and Dick and I moved here in 2022. Unfortunately, Dick's health failed almost as soon as we moved into Ingleside. He died April 9, 2022, only three days after moving in.

I am very proud of the life that Dick and I made with each other and for our four daughters. Gail accomplished so much in her career including Masters and Ph.D. degrees and serving as a faculty member at UW-Madison. Gail passed away in 2018 after a long battle with cancer.

We have a very close family that accomplished so much in their chosen fields. We remained a devout religious family as well. I love them dearly and appreciate their warmth for each other and for me. I am so thankful that Susan Hart, my oldest daughter, lives at Ingleside Communities as well.

If you are looking to donate a specific item, we have an amazon wish list: bit.ly/i-wishes Thank you for your continued support!



Mix Up Your Mac & Cheese

It's no surprise hot dogs are a summertime favorite, but macaroni and cheese is a commonly served summer side at picnics, gatherings, and reunions. Between the sauce, seasonings, cheese selection, and the way it's cooked, there's a chance for you to try something new with each variation. Here are a few tasty options you can try this summer:

Veggie Delight: Vegetables are an excellent way to add nutrients to your mac & cheese, and creates a healthy spin on a classic dish. Veggies also add a splash of color with peas and carrots.

Spice it Up: Add a splash or two of your favorite hot sauce or spicy seasonings like smoked paprika, red paper flakes, or Cajun powder.

Protein Power: Add bacon bits, pulled pork, brisket, ham, or sausage for some added flavor and a boost of protein.

Say Cheese: One of the best parts of a mac and cheese meal is the cheese itself! Enjoy adding some out-of-the-box cheeses you might like feta, colby jack, or gouda.

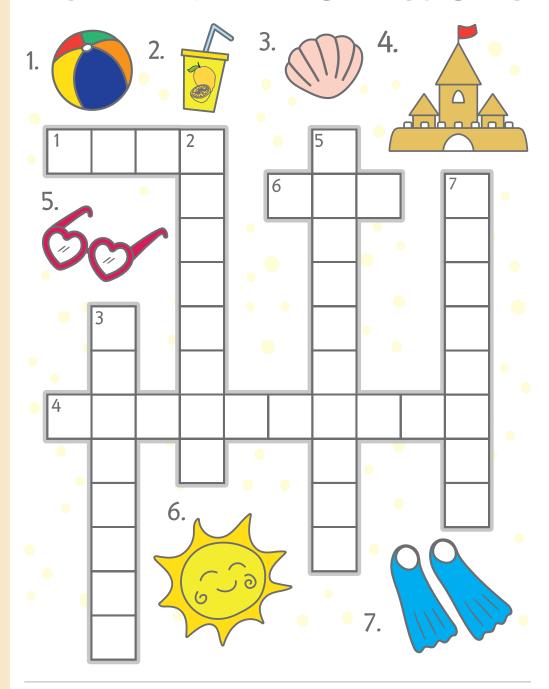
BBQ: BBQ sauce enriches mac and cheese with a unique flavor pairing of sweet and savory. Grab your favorite BBQ sauce and drizzle it over top of the dish to enjoy a delicious combo!

Oodles of Noodles: Add more variety to your mac and cheese dish by trying out three or four different types of pasta! A few varieties to try are rigatoni, penne, cavatappi, shells, and elbow macaroni. Don't be shy to mix and match the pasta, and experiment with a few different combinations to create your perfect dish.



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Summer Crossword



Answers: 1. Ball, 2. Lemonade, 3. Seashell, 4. Sandcastle, 5. Sunglasses, 6. Sun, 7. Flippers

