

2024

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities and events are held In the Resident Lounge unless noted otherwise!	2:30 Henrico County Mobile Library Visit	1 9:00 Continental Breakfast 10:30 Balance & Strength 1:00 Craft: Patriotic Wreaths 4:00 Happy Hour 2	3 9:00 Continental Breakfast	4 Independence Day! OFFICE CLOSED	5	6
	7	8 9:00 Continental Breakfast (RL) 10:30 Balance & Strength 1:00 Craft: Paint Stick Paintings 4:00 Happy Hour 9	10 9:00 Continental Breakfast 11:00 Pool Yoga (Horizon Pool)	11 9:00 Continental Breakfast 11:30 Rummikub 1:30 Trivia Power Hour 2:30 Tai Chi 4:00 Happy Hour	12	13
	14	15 9:00 Continental Breakfast (RL) 10:30 Balance & Strength 2:00 Ice Cream Mixer 4:00 Happy Hour 16	17 9:00 Continental Breakfast 11:00 Pool Yoga (Horizon Pool)	18 OFFICE CLOSED	19	20
	21	22 9:00 Continental Breakfast 10:30 Balance & Strength 1:00 New Resident Orientation 4:30 Small Plates & Sips Happy Hour w/ Live Music from Clay 23	24 9:00 Continental Breakfast 11:00 Pool Yoga (Horizon Pool)	25 9:00 Continental Breakfast 11:30 Rummikub 2:30 Tai Chi 4:00 Happy Hour	26	27
	28	29 9:00 Continental Breakfast 10:30 Balance & Strength 1:00 Craft: Decoupage Earrings & Beaded Bracelets 4:00 Happy Hour 30	31 9:00 Continental Breakfast 11:00 Pool Yoga (Horizon Pool)			