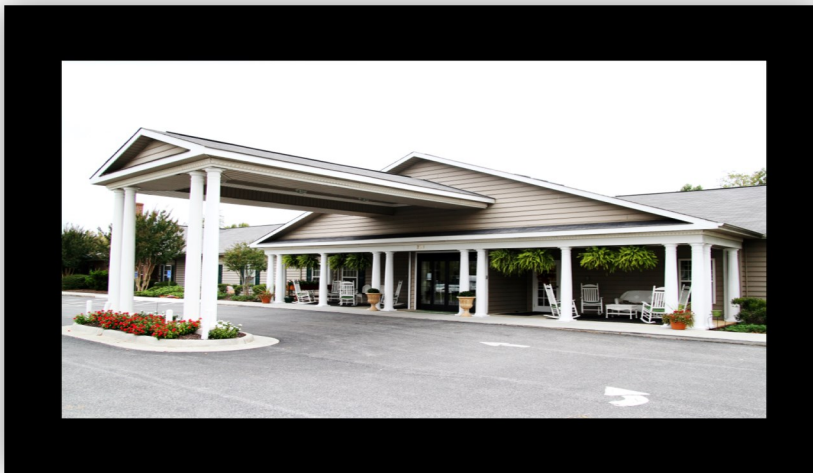


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>HERITAGE GREEN DAYBREAK July 2024</b>						
<b>Daily Devotions</b> <b>Van Rides Mon-Fri</b> <b>Activities 30-60 Minutes Each</b> <b>Calendar Subject to Change</b>	<b>1</b> 9:30 Daily Chronicle/Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 11:30 "Who am I?" Trivia 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Under The Sea Soundscapes 3:30 Pampered Hands 6:00 <b>Music W/Sweet Teaz</b> 	<b>2</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Mind Joggers 11:00 Chair Yoga 11:30 Finish The Phrase 1:00 Quiet Time 2:00 Bingo 3:00 Red White & Blue Craft 6:30 Family Feud	<b>3</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Noodle Weaving 11:00 Sit & Fit 11:30 Folding Napkins 1:00 Quiet Time 2:00 <b>Mock Tails W/ Heather Red, White &amp; Blue Party</b> 3:00 Trivia 3:30 Price is Right 6:30 Little House	<b>4 Fourth Of July</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 <b>Music W/ Cardwell</b> 11:00 Morning Workout 11:30 Reading Club 1:00 Quiet Time 2:00 Ring Toss 3:00 Table Top Puzzles 6:30 Leave It To Beaver 	<b>5 Resident Birthday Party</b> 9:30 Daily Chronicle/ Devotions 10:00 <b>Chair Yoga W/Maureen</b> 10:30 Van Ride/Around The House 11:00 Sit & Fit 11:30 Court Yard Stroll 1:00 Quiet Time 2:00 Birthday Party 3:00 Bingo 3:30 Giant Scrabble 6:30 Lawrence Welk Show 	<b>6</b> 10:00 Daily Chronicle 10:30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
<b>7</b> 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	<b>8</b> 9:30 Daily Chronicle/Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 11:30 Chair Soccer 1:00 Quiet Time 1:45 <b>Music W/ Marc Baskind</b> 2:00 <b>OMA</b> 3:00 Pampered Hands 3:30 Tic Tac Toe 6:30 The Walton's	<b>9 Lunch Outing</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Mind Joggers 11:00 Chair Yoga 11:30 <b>Big Licks Tropical Grill</b> 1:00 Quiet Time 1:45 <b>Music W/Keith Campbell</b> 2:00 <b>OMA</b> 3:00 Bingo 6:30 Family Feud	<b>10</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Noodle Weaving 11:00 Sit & Fit 11:30 Folding Napkins 1:00 Quiet Time 2:00 <b>OMA</b> 3:00 Bean Bag Toss 3:30 Price is Right 6:30 Little House 	<b>11</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Hang Man 11:00 Morning Workout 11:30 Reading Club 1:00 Quiet Time 2:00 <b>OMA</b> 3:00 Pampered Hands 3:30 All Sorts Of Sorting 6:30 Leave It To Beaver	<b>12</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Around The House 11:00 Sit & Fit 11:30 Court Yard Stroll 1:30 Quiet Time 2:00 <b>OMA</b> 3:00 Bingo 3:30 Giant Scrabble 6:30 Lawrence Welk Show	<b>13</b> 10:00 Daily Chronicle 10:30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
<b>14</b> 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 <b>Church W/Rev. Dorsey</b> 4:00 Hallmark Movie	<b>15</b> 9:30 Daily Chronicle/Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 11:30 Cranium Crunches 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Under The Sea Soundscapes 3:30 Pampered Hands 6:30 The Walton's	<b>16</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Mind Joggers 11:00 Chair Yoga 11:30 Finish The Phrase 1:00 Quiet Time 2:00 Bingo 3:00 Bowling 6:30 Family Feud 	<b>17</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Noodle Weaving 11:00 Sit & Fit 11:30 Folding Napkins 1:00 Quiet Time 1:45 <b>Music W/ Lew Taylor</b> 3:00 Ring Toss 3:30 Price is Right 6:30 Little House	<b>18</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Hang Man 11:00 Morning Workout 11:30 Reading Club 1:00 Quiet Time 2:00 Bocce Ball 2:30 Sing Along 3:30 All Sorts Of Sorting 6:30 Leave It To Beaver	<b>19</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Around The House 11:00 Sit & Fit 11:30 Court Yard Stroll 1:00 Quiet Time 2:00 <b>Music W/ Ronnie &amp; Carol</b> 3:00 Table Top Puzzles 3:30 Giant Scrabble 6:30 Lawrence Welk Show	<b>20</b> 10:00 Daily Chronicle 10:30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
<b>21</b> 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	<b>22</b> 9:30 Daily Chronicle Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 11:30 Bowling 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Pampered Hands 6:00 The Walton's 	<b>23</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Mind Joggers 11:00 Chair Yoga 11:30 Finish The Phrase 1:00 Quiet Time 2:00 <b>Karaoke W/ Mark</b> 3:00 <b>Bingo</b> 6:30 Family Feud 	<b>24 Tell An Old Joke Day</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Noodle Weaving 11:00 Sit & Fit 11:30 Folding Napkins 1:00 Quiet Time 2:00 Making Sandwich 2:30 Basket Ball 3:00 Swapping Old Jokes 3:30 Price is Right 6:30 Little House	<b>25</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Morning Workout 11:00 <b>Senior Saints</b> 11:30 Reading Club 1:00 Quiet Time 2:00 Lemonade In The Court Yard 2:30 Cranium Crunch 3:00 Pampered Hands 3:30 All Sorts Of Sorting 6:30 Leave It To Beaver	<b>26</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Around The House 11:00 Sit & Fit 11:30 Court Yard Stroll 1:00 Quiet Time 2:00 <b>Music W/ Emily</b> 3:00 Bingo 3:30 Giant Scrabble 6:30 Lawrence Welk Show 	<b>27</b> 10:00 Daily Chronicle 10:30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
<b>28</b> 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 <b>Church W/Rev. Dorsey</b> 4:00 Hallmark Movie	<b>29 National Lip Stick Day</b> 9:30 Daily Chronicle Devotions 10:00 Morning Munchies 10:30 <b>Fun W/ Affinity</b> 11:00 Bodies In Motion 11:30 Pampered Hands 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Glamor Shots 6:00 The Walton's 	<b>30</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Mind Joggers 11:00 Chair Yoga 11:30 Finish The Phrase 1:00 Quiet Time 2:00 Bingo 3:00 Smoothies In The Court Yard 3:30 Bean Bag Toss 6:30 Family Feud	<b>31 Watermelon Day</b> 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Noodle Weaving 11:00 Sit & Fit 11:30 Folding Napkins 1:00 Quiet Time 2:00 Watermelon Social 3:00 Trivia 3:30 Price is Right 6:30 Little House			<b>Happy Birthday</b> Patricia Hudson 7/6 Rosa Brunner 7/13 Betty Witt 7/22 Marie Murphy 7/26 Jean Poindexter 7/30



# Heritage Herald Daybreak



## Heritage Green Leadership Team

Kimberly Logan ALFA, LPN, CDP  
Assisted Living Administrator

Zakiyah Pannell LPN  
Resident Care Director

Camika Vereen LPN  
Wellness Nurse

Misty Barrett  
Coco Chapman  
Marketing & Admissions

Lozetta Browley  
Business Office Director

Sherry Trent  
Resident Life Director

Graham Wilson  
Dining Services Director

Josh Peters  
Environmental Services Director



## Community Outings

*DayBreak*

## Happy Birthday

Patricia Hudson 7/6  
Rosa Brunner 7/13  
Betty Witt 7/22  
Marie Murphy 7/26  
Jean Poindexter 7/30



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Lynchburg Virginia • 24502 • 434-385-5102