A Canned Classic



Over the past 87 years, Spam—Hormel's renowned meat product in a can—has transformed from a mere food into a worldwide pop culture phenomenon. On July 5, 1937, it was first introduced to the world as Hormel Spiced Meat, but

shortly thereafter, Ken Daigneau entered the name *Spam* into a naming contest and won \$100 for his efforts. Since then, over nine billion cans of Spam have been sold.

Spam was popular from the moment of its inception. Within one year of its introduction, 18 percent of all American households were enjoying the canned meat. However, it was during World War II that Spam really took off, as it was part of American army rations. Perhaps it is thanks to those American soldiers that the biggest consumers of Spam are residents of tiny

July Birthdays



Join us on July 9th to celebrate all of our July Birthdays with Joann Bolles!

Quincy H (Staff) 04 Ron S 06 Ray A 10 Vern C 11 Jeff E (staff) 12 Marsha S (staff) 13 Madreen S 17 Michael M 19 Gary S 24 Barbara H (Staff) 25 Stephen H 26 **July 2024**

Talk of the Town





Celebrating July

Cell Phone Courtesy Month

Women's Motorcycle Month

Ice Cream Month

Summer Picnic July 2

Yelloh/Schwan's Delivery July 2, 16 & 30

Independence Day

July 4

July Birthday Party
July 9

United Properties
Courtesy Cart
July 17

Loren Town Hall July 24

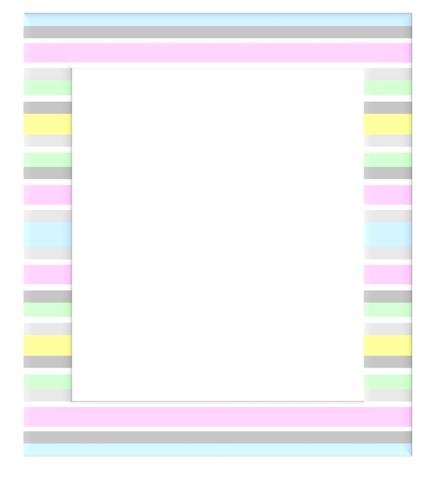
Amelia Earhart Day July 24

Talk in an Elevator Day

July 26

Boston's Beat

Congratulations to John and his wife Annie! They welcomed George Francis into their now family of 5 on June 24th. Both mom and baby are doing well.



islands that served as American military outposts: Guam, Hawaii, and the Northern Mariana Islands. The average Guamanian eats 16 cans of Spam a year. Spam is incorporated into family recipes, eaten at restaurants, and can even be found on burgers at McDonald's and Burger King. Spam is so popular in Hawaii that it is called "The Hawaiian Steak," and other canned meats, such as Armour Treet, are not nearly as popular.

Why has Spam become such a celebrated piece of Americana? Was it the now-famous 1970 sketch by Britain's comedy troupe Monty Python that launched Spam to international stardom? Or is it the curiosity surrounding the meaning of its name or the mystery of its ingredients? We may never know why Spam has become so popular, but the Smithsonian has taken the lead in immortalizing it. Two cans of Spam, one bearing the original packaging and another with an updated design, have been added to the museum's exhaustive collection. It may satisfy Spam's devoted followers to know that their favorite canned meat product is a work of art.



When the temperature gets around 80 degrees, it's time to remember these warm weather safety tips:

- Stay hydrated, Drink plenty of water, even if you don't feel thirsty if out in the heat.
- Wear lightweight, loose fitting clothing in light colors.
- Use Sunscreen with a high SPF to protect your skin from harmful UV rays.
- Stay cool. Spend time in air-conditioning during the hottest part of the day. Take cool showers and use a cool washcloth.
- Be aware of your medications, some make you extra sensitive to the sun and high temperatures.



Amy Koehnen, Metro Campus Administrator, and a very familiar face to Loren on Park will be helping out

LOP ART









Out of No Where



I'm sitting in the park again in the same spot where I picked up that ring finger that fell at my feet. Was I here hoping for another finger or hand this time? What was my problem? Did I deliberately look for trouble or was I a magnet for trouble? I tried to watch all the news hoping to hear that the missing body with a missing ring finger was found. So far no luck. I'm going home to listen for the 6PM news. For me, no more picking up things from the ground and I'll try and stay away from trouble and hope it stays away from me!

FBI sent me a note that the ring on the finger belongs to a famous musician, Luke Roundtree. His wife cut off the finger as a revenge. She caught him cheating with her step daughter. Wealthy hubby, John, hires hit man to kill his wife. John signs contract to put out a hit record with Marcus, a trumpet player. Marcus goes to John's house and he hears a loud scream coming from inside. The door is ajar and he doesn't go in, but curiousity got the better of him and he goes in and finds the couple dead on the floor. He turns and runs away. The next day the maid finds the bodies and calls the police. The police said the neighbors were questioned about the murder and was told if anyone knows anything about this murder to come forward.

Breaking news from police reaching out to the public for help of any kind with the murder. The news came out about the cut off finger. Did the husband kill himself to avoid the shame or did he kill his wife to stop her talking or did the step daughter do the killing to avoid the shame and disgrace? You tell me who did the killing and why?

Submitted by Selena, From Creative Writing



We have been busy at LOP!

White Bear Lake Boating Outing



Father's Day Root Beer Floats and Connect 4 Challenge



Jamela Pettiford visiting after Juneteenth Performance





Our next summer picnic will be July 2nd with entertainment by the Flora's

Marsha and Mike groovin' to the music at the June 11 summer picnic!

