

Daybreak Calendar of Events: July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daily Meals - 8AM, 12PM & 5PM Snacks - 10:15AM, 3PM & 7PM Rest & Relaxation - 1:00PM Night Owls Club - 7:30PM</p>	<p><u>1</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Sundaes on Mondays 4:00 Music Therapy</p>	<p><u>2</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social/Bingo 4:00 Music Therapy</p>	<p><u>3</u> 9:30 Morning Gathering 10:45 Fitness Fun 1:30 Creative Expression 3:00 Fox Therapy 3:30 Social /Let's Dance 4:00 Music Therapy</p>	<p><u>4</u> Independence Day 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Favorite Things 4:00 Music Therapy</p>	<p><u>5</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>6</u> 9:30 Morning Gathering 10:45 Move To Music 1:30 Arts & Crafts 3:00 Fitness Fun 3:30 Social 4:00 Music Therapy</p>
<p><u>7</u> 10:30 Spiritual Eldercare Worship Service YouTube 11:15 Morning Gathering 2:30 Daily Catholic Mass YouTube 3:00 Musical Movie</p>	<p><u>8</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Sundaes on Mondays 4:00 Music Therapy</p>	<p><u>9</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>10</u> 9:30 Morning Gathering 10:45 Fitness Fun 1:30 Creative Expression 3:00 Fox Therapy 3:30 Social /Did You Know? 4:00 Music Therapy</p>	<p><u>11</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Question Ball 4:00 Music Therapy</p>	<p><u>12</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>13</u> 9:30 Morning Gathering 10:45 Move To Music 1:30 Arts & Crafts 3:00 Fitness Fun 3:30 Social 4:00 Music Therapy</p>
<p><u>14</u> 10:30 Spiritual Eldercare Worship Service YouTube 11:15 Morning Gathering 2:30 Daily Catholic Mass YouTube 3:00 Musical Movie</p>	<p><u>15</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social/Sundaes on Mondays 4:00 Music Therapy</p>	<p><u>16</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>17</u> 9:30 Morning Gathering 10:45 Fitness Fun 1:30 Creative Expression 3:00 Fox Therapy 3:30 Social/Courtyard Convos 4:00 Music Therapy</p>	<p><u>18</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social/All About You 4:00 Music Therapy</p>	<p><u>19</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>20</u> 9:30 Morning Gathering 10:45 Move To Music 1:30 Arts & Crafts 3:00 Fitness Fun 3:30 Social 4:00 Music Therapy</p>
<p><u>21</u> 10:30 Spiritual Eldercare Worship Service YouTube 11:15 Morning Gathering 2:30 Daily Catholic Mass YouTube 3:00 Musical Movie</p>	<p><u>22</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Social/Sundaes on Mondays 4:00 Music Therapy</p>	<p><u>23</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>24</u> 9:30 Morning Gathering 10:45 Fitness Fun 1:30 Creative Expression 3:00 Fox Therapy 3:30 Social/Good News 4:00 Music Therapy</p>	<p><u>25</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Courtyard Convos 4:00 Music Therapy</p>	<p><u>26</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social/Bingo 4:00 Music Therapy</p>	<p><u>27</u> 9:30 Morning Gathering 10:45 Move To Music 1:30 Arts & Crafts 3:00 Fitness Fun 3:30 Social 4:00 Music Therapy</p>
<p><u>28</u> 10:30 Spiritual Eldercare Worship Service YouTube 11:15 Morning Gathering 2:30 Daily Catholic Mass YouTube 3:00 Musical Movie</p>	<p><u>29</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Sundays on Mondays 4:00 Music Therapy</p>	<p><u>30</u> 9:30 Morning Gathering 10:45 Fox Fitness 1:30 Creative Expression 3:00 Fitness Fun 3:30 Social /Bingo 4:00 Music Therapy</p>	<p><u>31</u> 9:30 Morning Gathering 10:45 Fitness Fun 1:30 Creative Expression 3:00 Fox Therapy 3:30 Social /Baby Boomers 4:00 Music Therapy</p>	<p>Juli O'Neill, Resident Life Director 610-438-6609 Resident Room Channel 98 Programs subject to change.</p>		