



THE CROSSROADS AT BON AIR

Independent Living • Assisted Living • Memory Care

9100 Bon Air Crossings Dr. • Richmond, VA 23235 • (804) 560-1440

July 2024



Pet
of the Month



Our Management Team

Executive Director

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Director of Resident Life

Kristen Harris

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Maintenance Director

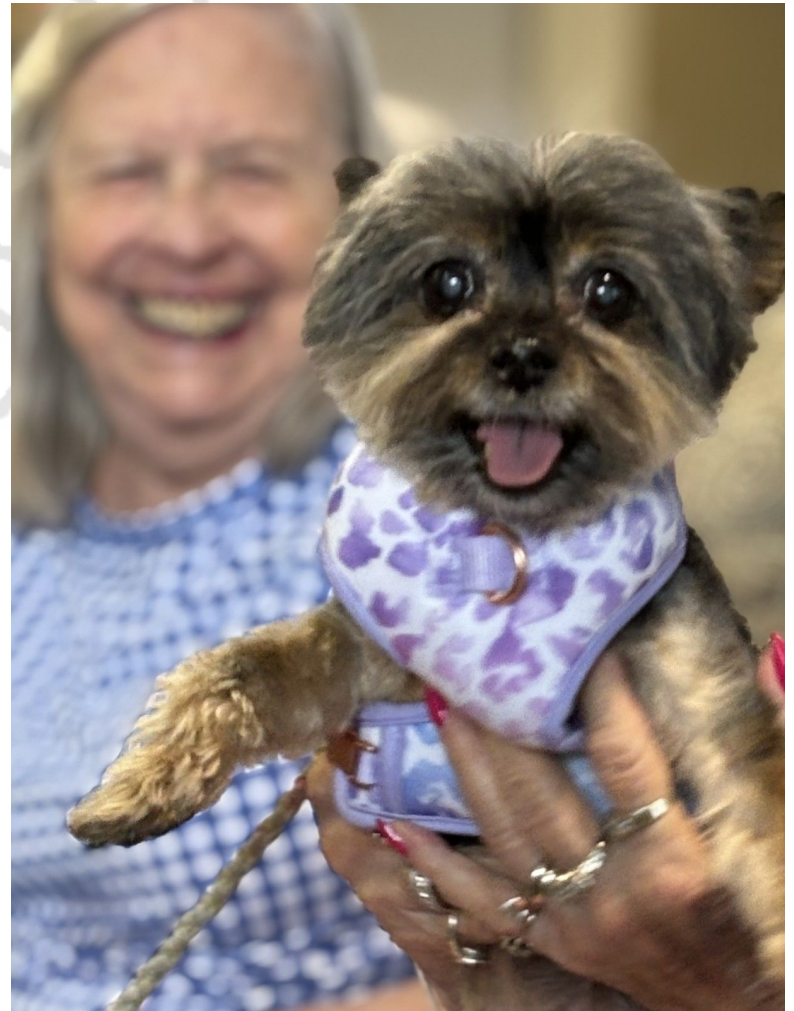
Lyle Mellen

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Lead Housekeeper

Michelle Gibson

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Zoey knows how to make someone smile!

Welcome New Residents

- Richard "Dick" Hale Apt 417
- Richard Ambrosino Apt 202
- Evelyn Coleman Apt 137
- George & Carol Ann
- Rosko Apt 427
- Sally Beaver Apt 225
- Garred Pelfrey Apt M314B
- Jackie Bruno Apt 218
- Melody Millner Apt M316B
- William Anderson Apt M301A
- Dorothy D & Thelma H. Apt 336
- Bill & Barbara
- Blankenship Apt 430
- Mary Belvins Apt 243
- Donald Stannard Apt 409

Transportation Accommodations

We understand the importance of making trips to places like the hair salon, vet appointments, and the bank. While our transportation services at CABA are currently reserved for medical and dental appointments, we want to help you find resources for non-medical and recreational trips. You may consider using services such as Access on Demand, Uber Health, and Uber Senior. We are actively researching to find additional transportation options that could benefit all residents at CABA. We apologize for any inconvenience this may cause and thank you for your patience. - CABA Management

What's **NEW!** New?

Refer a Friend!

If you refer a friend who moves into any area within CABA, you will receive a \$2500 discount on monthly invoice. Discount based on acceptance of rental agreement. Resident must pay qualified rent for at least 90 days, and be a new, first time inquiry to the community at time of referral. New resident must not be participating in a paid referral source such as "A Place for Mom" or "Caring.com." Your referred friend must inform Lia or Susan in the Marketing department at Crossroads that you referred them in order to receive the credit.



What's Your Go-to Song to Work Out to?

Home & Garden



Have You Seen Our Garden Beds?

Hey, come take a look at our awesome garden beds out back! They are doing so well, all thanks to Dan Grenoble!

Help Berries Stay Fresh

Summer is peak season for blueberries, blackberries and raspberries. The best way to store fresh berries is in a breathable container on the middle shelf of the refrigerator. Placing them on the top shelf or in the crisper can trap moisture, making the fruit spoil more quickly.

'Tree' Is One

How many words can you come up with using the letters in "summertime"?



Activities



To Try

- Country Singing w/ Lenny
July 1st
- Violinist Performance w/
Shalom Strings
July 2nd
- Independence Celebration
July 4th
- Man Cave Monday
July 8th, 22nd, & 29th
- Happy Hour - Parisian Cafe
Themed
July 22nd
- Resident Food Meeting - Food
Demonstration w/ Ivan
July 25th
- Resident Council
July 26th

Memory Care Neighborhood



Did Someone Say ... BINGO?

BINGO is definitely the most popular game played in the entire building at CABA!



Happy Birthday

- Martha Saunders 7/1
- Richard Gilmore 7/2
- Jill Hruska 7/4
- Melody Millner 7/5
- Robert Huizenga 7/7
- Alice Du 7/8
- Charles Russo 7/9
- David Carter 7/17
- Brenda Garland 7/17
- Margaret Magno 7/17
- Janet Snead 7/17
- Patricia Hogge 7/18
- Gladys Orange 7/18
- Dorothy Poe 7/19
- Joseph Lewis 7/24
- Robert Rhodes 7/24
- Barbara Garber 7/25
- Sandra Justice 7/25
- Pat Parker 7/29
- Gail Cristofaro 7/31
- Willard Witherspoon 7/31

Out & About



The VA Fine Arts Museum: The Samurai Exhibit



Travel Club

Calling all travel enthusiasts! The Travel Club is not just a club, it's a community of wanderlust souls who share a passion for exploring. Don't miss out on the next Travel Club meeting on July 1st - it's your ticket to staying connected with like-minded adventurers and the latest trip updates. Join us on this exciting journey and let's make unforgettable memories!

An Official Fourth

With the adoption of the Declaration of Independence, America's identity as a free nation famously began on July 4, 1776. But Independence Day didn't actually become a federal holiday until nearly 100 years later, by an act of Congress in June 1870. Celebrating Independence Day with fanfare, food and friends remains a cherished tradition.



Word Search

Category: The Great Outdoors

C O M P A S S Z T E B H F I S H I N G E D R E I B C E S Q C N K E U A K U X F R S T E C R T C I D T I O N S R A I N H N E R L O I E O P F E Z G R A D D A R L K P V R K U I L T T O P C M D E A T L I U N F X A A A V Y A O W O U M E B C P I A N A T I O N A L P A R K X S W W M B I C Y C L E	1. National Park 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____ 13. _____ 14. _____ 15. _____ 16. _____ 17. _____ 18. _____ 19. _____ 20. _____
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Word Search Solution:

1. Adventure	11. Kayak
2. Backpack	12. Mountains
3. Beach	13. National Park
4. Bicycle	14. Nature
5. Campfire	15. Outdoors
6. Compass	16. Recreation
7. Explore	17. River
8. Fishing	18. Tent
9. Forest	19. Trail
10. Hiking	20. Wildlife