

What's New in July!

Take an Inside Tour of Gettysburg, a video tour of the historic Gettysburg on Tuesday, July 2 in the Theater at 11:00.

St. Therese School Parade around the building on Wednesday, July 3 at 10:45. Let's show them our patriotism!

Patriotic Social Wednesday, July 3 at 3:00 in the Club Lounge. Be sure to wear your Red, White and Blue!

Life in Color with David Attenborough continues with Part 3, 4, and 5 at 11:00 on Fridays July 5, 12, and 19 in the Theater.

NEW-Guess the Music on Tuesday, July 9 at 11:00 in the Theater. Reminisce with others as we play a game similar to "Name That Tune."

Scenic Drive on Wednesday, July 10. We stay on the bus and just enjoy the scenery, so sign up in the Bistro and meet in the Lobby. Bus leaves at 1:30.

Acapella Choir to perform from 11:30 to 12:00 in the Lobby on Saturday, July 13. The acoustics are wonderful in the lobby.

Putting with Jack starting at 3:45 in the Lobby on Monday, July 15. Jack, an Eagle Scout, has invented a easy to use putting apparatus that he will be demonstrating and for you to try.

Make Homemade Ice Cream the easy electric way on Tuesday, July 16 in the Club Lounge at 9:30. Then in celebration Ice Cream Month, we'll serve it at the July Birthday Social.

Barbara Lee sings and teaches us about a variety of music in the Community Room on Wednesday, July 17 at 2:00.

Lunch at the Arboretum Café and Walk through the MacMillian Terrace on Thursday, July 18 at 11:00. Sign up is required and the walk is optional.

NEW-Porch Chat with Katy on Thursday, July 18 at 1:30 on the Porch. We can chat and discuss a variety of subjects along with lemonade and special bars.

July Birthday Social on Thursday, July 18 at 3:00 in the Club Lounge. Come help us celebrate those residents with July birthdays! We're serving homemade ice cream!

Bunny Cuddle on Wednesday July 24 starting at 3:30 in the Community Room. Come interact, cuddle and feed live therapy bunnies.

2024 Senior Olympic Games in the Community Room on Thursday, July 25 at 1:30. Several Olympic games will be adapted for your abilities like Chair Volleyball!

Top 20 Olympic Opening Ceremonies to be shown at 11:00 in the Theater on Friday, July 26.

Ice Cream Sundae Social on Monday, July 29 in the Club lounge at 3:00.

"Summer Olympics in Paris" Game Family Feud style with teams, questions, answers and winners. Join us on Tuesday, July 29 at 11:00 in the Community Room.

Notes:

Resident Council Meeting will take a break in July and return on Wednesday, August 7th at 3:15 in the Community Room

Beauty Salon—is Essential Beauty Salon. Please call this number to make an appointment: **651-302-5644**.

Sign Up forms for outings and special programs are on top of the small chest under the TV in the Bistro.

***Remember activities are subject to change especially do to weather. Changes are posted by the mail boxes and by the Kitchen window.**

*Self serve coffee, tea, hot chocolate, and water available daily in the Bistro Café.

Staff:

Dylan Thompson— Executive Director

Amanda Kohler—Assistant Director of Health Services

Dwight Miller – Environmental Services Director

Andrew Hunt- Culinary Director

Chris Benson— Sales and Outreach Director

Katy Swanson – Life Enrichment Director

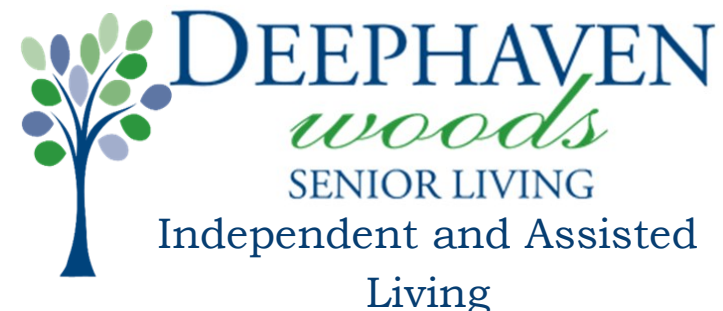
Nurses:

Amanda Kohler

Allyson Kihlle

Michelle Anderson

Jenie O'Donald



July 2024



Happy Birthday!

Flossy
July 6

Dick P
July 7

Lois J.
July 25

Independence Day 2024!

John Adams wrote a letter to his wife about how memorable Independence Day would be in American history...in his letter, he said the day should be celebrated with parades, bonfires and fireworks. Scarily accurate, right?

From the Good Housekeeping Magazine



2024 Summer Olympics in Paris

Watch for programs this month surrounding the games and Paris like Senior Games, Top 20 Opening Ceremonies, and Olympic Trivia!

July is Ice Cream Month—here are the top 10 favorites: Vanilla, Chocolate, Strawberry, Butter Pecan, Cookie Dough, Cookies & Cream, Mint Chocolate Chip, Chocolate Chip, Rocky Road, Peanut Butter Cup! Is yours on the list?



Choose you this day
whom you will serve,
But as for me and my
house, we will serve
the Lord.
Joshua 24:15

Ebenezer's Resident and Family Satisfaction Survey, conducted by Activated Insights, ends July 12, 2024. There's still time to make your voice heard. Thank you to those of you who have completed your survey. Contact Dylan Thompson with any questions you may have.