

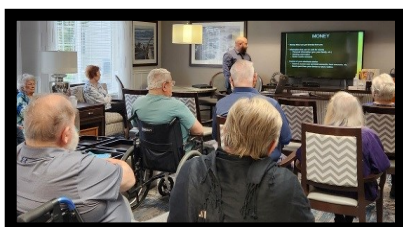
Bringing independence to living and quality to life

Regency on Whidbey— Celebrating Police Week

The week of May 13th—17th was National Police Week, and Regency on Whidbey celebrated with several special activities throughout the week. On Monday, Oak Harbor Police Chief, Tony Slowik, spoke to Regency Residents about the department and the greater Oak Harbor community. After his talk, he took time to pose with many Residents for photos. On Tuesday, officers and other employees from the department joined Regency Residents for lunch in our dining room. After a hearty meal the officers distributed teddy bears to several of our Residents. On Thursday, Detective Wendall spoke to Residents about scams and fraud prevention.

We are always excited to make community connections at Regency, and it is extra special when we are able to connect with and thank our local law enforcement. Thank you to all the Oak Harbor police officers that made police week special for our Residents, and thank you for your service to our community.

July
2024



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Stephanie Teano
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Colleen Wofford
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Staff

- **Sarah Freeburn—7/3**
- **Emy Mowbray—7/10**
- **Cassie Toner—7/10**
- **Leticia Lee—7/11**
- **Daisy Chase—7/16**
- **Mandy Gibbs—7/23**
- **Lauren Aguirre—7/28**

Memory Care— Welcome Colleen Wofford

Colleen has joined the Regency team as our new Memory Care Activities Director. She was born and raised in Chesapeake, Virginia. After high school, Colleen attended Old Dominion University in Norfolk where she earned her degree in Speech Pathology & Audiology, and her minor in Special Ed. Services.

Colleen's mother was an Executive Director at a facility in Virginia, so Colleen basically grew-up in long-term care. She began to volunteer at the age of ten, and began working there at sixteen. Since beginning her career, Colleen has worked in memory care, assisted living, skilled nursing and independent living, in both caregiving and life enrichment. She said she enjoys working in long-term care because she "gets to give someone something positive every day."

Colleen is married to a Navy man, and while they met and remained in Norfolk for quite sometime, they were transferred to NAS Whidbey Island this past February. Please join us in welcoming Colleen to Whidbey Island and Regency on Whidbey.



Traveling the Dementia Journey Together

**Regency on Whidbey
invites you to join our
Memory Care
Support Group**

**Thursday,
July 18th
2:00pm—3:30pm**

**Regency Assisted
Living Building
3rd Floor Day Room**



**Regency on Whidbey's
Front door is
unlocked from
8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!





In Search of Speakers

Since Covid, it has been difficult to find speakers for the informational presentations that Residents so enjoy.

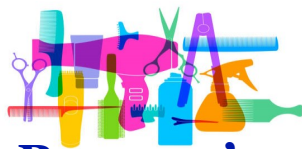
If you or someone you know has an interesting hobby, an unusual job, traveled to distant lands, or any other experience that Residents might find interesting, please consider doing a talk for them.

Please contact
Lanida Brophy in Activities
lbrophy@regency-pacific.com



Residents

- Cathy Price—7/2
- Deloris Ament—7/5
- Dale Halbert—7/6
- Pam Oldow—7/6
- Janis Fox—7/11
- Peggy Wright—7/15
- Peggy Brown—7/16
- Jacque Hidreth—7/18
- Carol Poole—7/20
- Suzie Hopper—7/21
- Nancy Carroll—7/23
- Mary Cannon—7/30
- Carley Knapp—7/31
- Lori Ryan—7/31



Regency's Beauty Salons

Kayla is unable to be with us at this time.

Emily Kitchens will be filling in at both the Memory Care and Assisted Living Hair Salons.

She will be here on
Tuesdays & Fridays.
Walk-ins are welcomed & encouraged.



All Doctors appointments
MUST be reported to the
Med. Room.

If you wish to take the
Regency bus on Doctor Day,
you **MUST** schedule your ride
with the Front Desk
24 Hours before your
appointment.

The Last Tuesday
of every month is reserved
for Anacortes Doctor Visits
ONLY

We cannot accommodate
visits to other areas.

Please **DO NOT** schedule
local appointments
on that day.

Thank You!!!

RESPECT

Show it, give it, grow it, live it!

Congratulations May RESPECT Winner—

Natasha Hilliard

Natasha was born in Coupeville and raised in Oak Harbor. During high school she began working as a volunteer at the Oak Harbor Boys & Girls Club. After two years working as a volunteer, Natasha was hired full-time at the club. She remained at the Boys and Girls Club for nearly 15 years.

A year ago, Natasha decided that she was brave enough to branch-out and try something new. She applied and was hired as an Activities Assistant in Memory Care. She figured the position would take her in a new direction, but would be similar enough to what she had done previously that she could excel, and excel she did.

Natasha soon found herself helping more and more with the caregiving side of her position, and she liked it. Natasha decided to take yet another step in a new direction, and began taking classes for her C.N.A. She completed her coursework and testing while working as a caregiver in Memory Care.

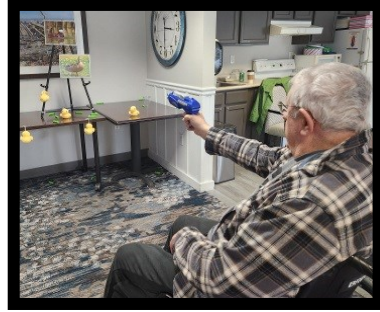
It seems that Natasha has found her passion. She said that she "likes that every second is a brand new moment" when working with the Residents. She stated that it feels like "I get to take care of the grandparents I never had." She added, "the change was scary, but the rewards for my future are huge."

Natasha's future is bright. She received many nominations for Employee of the Month from both Families and Co-workers. Natasha's nominations referenced her caring spirit and her willingness to help in any way she can.

Thank you, Natasha, for all you do!
Congratulations!!!



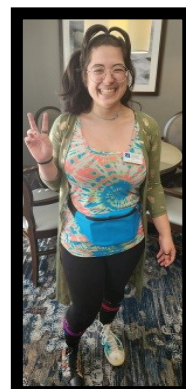
Duck Hunt



Penn Cove Water Festival



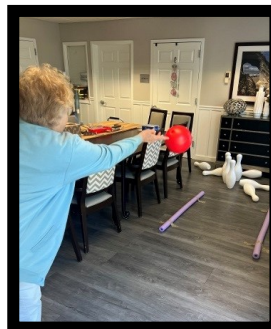
Arts & Crafts



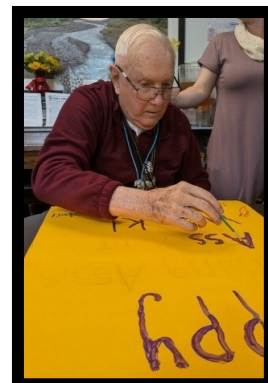
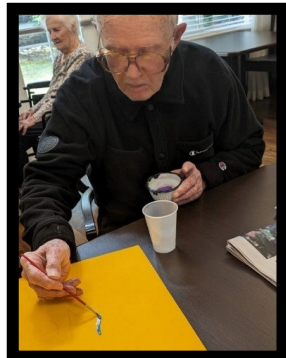
Spirit Week



Fun & Games



Memory Care Moments





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

Swing on Over to the
Regency Annual Picnic

Saturday,
August
10th



11:30am
to
2:00pm

Assisted Living Parking Lot

Music by...
Steve Ellis & Ward McLary