

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Grounds for Discussion 10:00 Wimbledon Tennis Match 10:30 Manicure Monday 1:30 Dancing Through the Decades 2:30 Whisk it Up! -Strawberries & Cream 3:30 Sit & Fit 4:00 Sing Along 6:30 Viewing of Wimbledon	2 9:30 Grounds for Discussion 10:00 Seated Yoga 10:30 Green Thumbs 11:00 Trivia 1:15 Gale's Piano Performance 2:30 Bocce Ball 3:00 Series of Short Stories 3:30 Sing Along with SuzieQ 6:30 July Rising	3 9:30 Grounds for Discussion 10:00 Scenic Drive 1:30 Sit & Fit 2:00 Wine & Cheese Social 3:00 Crafty Creation- Bean Mosaic 4:00 Who am I? - Betty Crocker 6:30 Chicken Noodle for the Soul	4 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Green Thumbs 11:00 American Dream Sing Along 2:00 Patriotic Trivia 2:30 Five Star Ice Cream Sandwiches 3:00 Crafty Creation- Red, White, & Blue Fireworks 6:00 Indoor Fireworks Display	5 9:30 Grounds for Discussion 10:00 Free Flow Exercise 10:30 Flower Arranging 1:30 Virtual Travel - Marseilli 2:00 Whisk it Up! - Confetti Cake 3:00 Dee's Birthday! 3:30 Bowling 6:30 Garden Spells	6 9:30 Grounds for Discussion 10:00 Seated Stretch 10:30 Bakeology 1:30 Bird Watching 2:30 AquaPaint 3:00 Dale's Birthday! 3:30 Series of Short Stories 6:30 August Rush
7 9:30 Daily Devotions 10:00 Seated Ball Mobility 10:30 God Cares Ministry 11:00 Creative Colors 1:30 Outdoor Tunes 2:30 What am I? -Roller Coasters 3:30 Seated Exercise 6:00 Guided Meditation	8 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Manicure Monday 1:30 Dancing Through the Decades 2:30 Whisk it Up! - Chocolate Croissant 3:30 Sit & Fit 4:00 Sing Along 6:30 National Geographic	9 9:30 Grounds for Discussion 10:00 Seated Yoga 10:30 Green Thumbs 11:00 Trivia 1:15 Gale's Piano Performance 2:30 Bocce Ball 3:00 Series of Short Stories 3:30 Sing Along with SuzieQ 6:30 A Bronx Tale	10 9:30 Grounds for Discussion 10:00 Scenic Drive 1:30 Sit & Fit 2:00 Wine & Cheese Social 3:00 Crafty Creation - Sandy Coastline 4:00 Who am I? - Mel Blanc 6:30 Chicken Noodle for the Soul	11 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Green Thumbs 11:00 Name Five 1:30 Beverly Graham 2:30 National Blueberry Muffin Day 3:30 Proverbs & Sayings 6:30 Scents for Senses	12 9:30 Grounds for Discussion 10:00 Free Flow Exercise 10:30 Flower Arranging 1:30 Virtual Travel -Nice 2:00 Whisk it Up! - Jello Day 3:00 Finish the Phrase 3:30 Bowling 6:30 Garden Spells	13 9:30 Grounds for Discussion 10:00 Seated Stretch 10:30 Bakeology 1:30 Bird Watching 2:30 Painting -Color Blocks 3:30 Series of Short Stories 6:30 Walk the Line
14 9:30 Daily Devotions 10:00 Seated Ball Mobility 10:30 God Cares Ministry 11:00 Creative Colors 1:30 Outdoor Tunes 2:30 What am I? - Hula 3:30 Seated Exercise 6:00 Guided Meditation	15 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Manicure Monday 1:30 Whisk it Up! - Rosemary Bread 2:30 Dancing Through the Decades 3:30 Sit & Fit 4:00 Sing Along 6:30 National Geographic	16 9:30 Grounds for Discussion 10:00 Seated Yoga 10:30 Green Thumbs 11:00 Trivia 1:15 Gale's Piano Performance 2:30 Bocce Ball 3:00 Series of Short Stories 3:30 Sing Along with SuzieQ 6:30 Mrs. Doubtfire	17 9:30 Grounds for Discussion 10:00 Scenic Drive 1:30 Sit & Fit 2:00 National Ice Cream Social Day 2:30 Origins of Ice Cream 3:00 Crafty Creation- Sponge Painting 4:00 Who am I? - Inventor Of the Waffle Cone 6:30 Chicken Noodle for the Soul	18 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Green Thumbs 11:00 Name Five 1:30 Proverbs & Sayings 2:00 Cornhole 3:00 Backyard (Re)Treat 6:30 Scents for Senses	19 9:30 Grounds for Discussion 10:00 Free Flow Exercise 10:30 Flower Arranging 1:30 Virtual Travel - Bordeaux 2:00 Whisk it Up! - Pigs in a Blanket 3:00 Finish the Phrase 3:30 Bowling 6:30 Garden Spells	20 9:30 Grounds for Discussion 10:00 Seated Stretch 10:30 Bakeology 1:30 Bird Watching 2:30 AquaPaint 3:30 Series of Short Stories 6:30 Young at Heart
21 9:30 Daily Devotions 10:00 Seated Ball Mobility 10:30 God Cares Ministry 11:00 Creative Colors 1:30 Outdoor Tunes 2:00 Suzie's Birthday! 2:30 What am I? - Notre Dame 3:30 Seated Exercise 6:00 Guided Meditation	22 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Manicure Monday 1:30 Dancing Through the Decades 2:30 Whisk it Up! - Rice Crispies 3:00 Danny Ward 4:00 Sit & Fit 6:30 National Geographic	23 9:30 Grounds for Discussion 10:00 Seated Yoga 10:30 Green Thumbs 11:00 Trivia 1:15 Gale's Piano Performance 2:30 Bocce Ball 3:00 Series of Short Stories 3:30 Sing Along with SuzieQ 6:30 A Walk to Remember	24 9:30 Grounds for Discussion 10:00 Scenic Drive 1:30 Sit & Fit 2:00 Wine & Cheese Social 3:00 Crafty Creation- Palm Tree 4:00 Who am I? - Marcel Marceau 6:30 Chicken Noodle for the Soul	25 9:30 Grounds for Discussion 10:00 Balloon Volleyball 10:30 Green Thumbs 11:00 Name Five 1:30 Proverbs & Sayings 2:00 Cornhole 3:00 Backyard (Re)Treat 6:30 Scents for Senses	26 9:30 Grounds for Discussion 10:00 Free Flow Exercise 10:30 Flower Arranging 1:30 Virtual Travel - Paris 2:00 Whisk it Up! - Bagels 3:00 Finish the Phrase 3:30 Bowling 6:30 Garden Spells	27 9:30 Grounds for Discussion 10:00 Seated Stretch 10:30 Bakeology 1:30 Bird Watching 2:30 Painting - Blooming Tree 3:30 Series of Short Stories 6:30 The Proposition
28 9:30 Daily Devotions 10:00 Seated Ball Mobility 10:30 God Cares Ministry 11:00 Creative Colors 1:30 Outdoor Tunes 2:30 What am I? - Olympic Torch 3:30 Seat Exercise 6:00 Guided Meditation	29 9:30 Grounds for Discussion 10:00 Ring Toss 10:30 Manicure Monday 1:30 Dancing Through the Decades 2:30 Whisk it Up- Olympic Rings 3:30 Sit & Fit 4:00 Sing Along 6:30 National Geographic	30 9:30 Grounds for Discussion 10:00 Balloon Badminton 10:30 "A Slice of Heaven" Trivia 11:00 Sing Along 1:15 Gale's Piano Performance 2:30 Whisk it Up! - Mini Cheesecakes 3:30 Noodle Soccer 6:30 Heart & Horses	31 9:30 Grounds for Discussion 10:00 Scenic Drive 1:30 Sit & Fit 2:00 Wine & Cheese Social 3:00 Lori's Birthday! 3:30 Crafty Creation- Ring Art 4:00 Who am I? - Olympians 6:30 Chicken Noodle for the Soul	<h1>July 2024</h1>		