

Activities Updates

- Tomorrow, June 25th, we will be having lemonade and cheese curds benefitting the Alzheimer's Association 1:30-2:30pm with entertainment by guitarist Bill Cagley in the lobby at 2:00pm.
- There is still space available for our Docent led tour at the Minneapolis Institute of Arts this Thursday departing at 1:00 pm.
- Book Club is meeting this Friday at 1:30pm in the Activity Room. Please note the time has changed from 2:00pm. Mah Jong will be meeting in the Fireside Room.
- Next Tuesday everyone is invited to join us for entertainment by pianist Elijah who will singing songs from the 40's,50's, and 60's at 2:00 pm in the Lobby followed by the July Birthday Party at 3:15 pm in the Activity Room.
- Beginning in July for the summer months of July and August, Catholic Communion will be meeting every other Wednesday. Services will be July 3rd, 17th and 31st at 1 pm in the Exercise Room.
- Beginning Tuesday July 16th at 2:00 pm in the Activity Room, our monthly needle crafters group is beginning to meet. Karen, Outreach and sales director, will be leading this group. Come for creating and conversing!
- Tuesday July 16th we will be going to Maynards. We will be leaving at 11:00 am. If you were signed up for June 24th you are on the list to go. Please note the change of time.
- Due to the Maynard's outing on July 16th, shopping to Jerry's will be at 9:00am instead of 9:30 am that day.
- If there is anything you'd like to see on the calendar such as an outing or activity , please let Sonja know. There is also a monthly activity and outing planning meeting that everyone is welcome to attend! The next one is Wednesday July 3rd at 2:00 pm in the Activity Room.



Marge N was recognized June 18th at the Ebenezer Art Show. From 124 submissions from their various communities, 25 were chosen and Marge's painting Mother and Child was selected. Currently the Ebenezer's Executive Leadership is voting to select twelve of the artworks to be featured in the Ebenezer Foundation 2025 Lifelong Learning Calendar.

Activated Insights

The Assisted Living Regulations require assisted living communities to survey their residents and the families on an annual basis for feedback on the services offered in their community. Our goal is to hear from everyone as we want to know what you feel is going well, as well as those areas you would like us to focus on improving. The survey was emailed out to resident and families on June 3,2024, for whom we had emails and letter to those we did not. We are asked to strive fo at least an 80% response rate. Currently we are at 73%. Thank you to everyone who already responded to the survey.

Can you please assist us in increasing our response rate?

Our Dimensions Manager will be reaching out to our memory care families, while the Executive Director will connect with our assisted living families. Our Resident Services Coordinator and Activity Director will follow up with residents encouraging their response. Thank you for your time and your feedback. You can go to OurSurvey.care/Ebenezer and use the personal survey code you received to complete the survey. If you lost your code, please let us know, we would be happy to assist you.



VERNON View

MONTHLY NEWSLETTER
VERNON TERRACE OF EDINA

July 2024



Men's Barbecue

We celebrated the men of Vernon Terrace with a barbecue.



Art Show at Ebenezer

A group of residents attended the Ebenezer Art Opening Event at the Corporate office.

June Highlights



Ragtime Piano

Resident, Richard Johnson, entertained us with his talent.



Welcome New Employees

Da'Lorial-RA
Nancy-RA
Chloe-RA
Bridget-RA



Kudos Board

There is now a Kudos Board next to the bulletin board between the nurses office and the beauty shop. If you would like to compliment a staff member for something they've done, you can add it to this board!

UDALSA Updated 6/19/24

The Minnesota Department of Health issues the Uniform Disclosure of Assisted Living Services and Amenities (UDALSA) for assisted living communities to document the services, support, and amenities they offer. Prospective residents and their families can use this tool to determine which assisted living can better meet their needs, compare options at each community they are considering, and make informed decisions. This document is required as part of our assisted living licensure renewal application each year. We update it as changes in services and amenities we offer occur. With new management at Vernon Terrace, Vicki met with our team to review, and we recommended these changes to Ebenezer's Clinical Team. On June 19, 2024, we received approval on some of our suggested changes and our UDALSA was updated. Letters were sent to residents and families along with copies of the revised UDALSA. We are asking every resident or their family member to please sign a copy and return it to the front desk.



July Birthdays

7-3 Billy M #517
7-5 Mary Ann M. #119
7-10 Geneva M #506
7-17 Liz G #404
7-20 Mel D #121
7-24 Donna H #219
7-28 Marie K #401
7-31 Lorraine B #332

Memorials

Merrilyn D
Dorla L
Jack N

Welcome New Residents

Judy D (#120)
Carol V (#14)
Constance S (#420)
Chick D (#507)
Constance D (#512)
Mike S (#314)
Nancy W (#430)

Resident Spotlight

Jan P



Jan was born in St. Paul and graduated from Hamline with degrees in physical education and history. She married her husband David in Dec. 1953 and graduated May 1954. They had 4 daughters with 13 years between the youngest and oldest.

When Title IX came in, they needed coaches for high school girls sports. At Southwest high school, where Jan's husband coached hockey, the baseball coach became the gymnastics coach. Jan became the assistant coach for 2 years. Then she became the girls badminton coach for 6-7 years. She enjoyed that because they were so good!

She battled breast cancer while in her forties and is a forty three year survivor!

Most of her life she supported her husband David and his coaching. After his time at Southwest, he took a job with USA Hockey. He eventually became the goalie coach and then a head coach for two Olympic Games, 1988 in Sarajevo, Yugoslavia and 1992 in Albertville, France. With her husband's involvement in USA Hockey, Jan had opportunities to travel and explore while he worked.

Jan also volunteered with the Assistance League of Mpls St. Paul for 15 years.

New Books in our Library

Romney A Reckoning by McKay Coppins
Oath and Honor by Liz Cheney
Camino Ghosts by John Grisham
Mayday by Jess Laurey
Still Waters by Matt Goldman
Brothers by Bruce Richardson and Raymond Nelson

Alzheimer's Gifts

Everyone including families and friends are invited to hear a presentation by speaker Rick Naymark. He is the author of a book, *Alzheimer's Gifts*. This book details his journey of caring for his mother who had Alzheimer's Disease and the 27 spiritual gift he experienced. He will be here Tuesday August 27th 3-4 pm in the Exercise Room.

Benefit for Alzheimer's Association

We'll be raising money in the next couple of months to support the Alzheimer's Association. Tuesday, July 30th at 3:15pm, we will have personal cheese boards available for you to take home for \$5.00 each with all proceeds going to the Alzheimer's Association.

Yelloh! (Formerly Schwan's)

There was an error in the July Calendar. They will be here July 3rd and 17th. You can order ahead of time online or order what they have on the truck.

Movies this Week

"Notting Hill" Wed. and Thurs. at 7 pm
"Hawaii" Sat. at 1:30 pm
"The King and I" Sun. at 1:30 pm