## 2024 July



## RANDALL RESIDENCE of Governor's Village Liberty Suites

			Find us on		Liberty States	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This Year We Are Virtually Traveling Through Decades 1950-1959-Come travel back in time with us, as we emerge ourselves in Religions, Food, Folk-Stories, Art, Music, Politics and More.	1. 10:00 Yoga with Tim HATR 11:00 Coffee & Fashion 1950-1959 1:00 Relax & Refresh Time 2:30 Pet therapy- Monica & Demian 4:00 Creative Engagement- Reading Short Funny Stories 5:30 Chair Kickball	2. 9:00 Standing Exercise with Caren PT— ATR 10:00 Pastor Dale - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Making Snacks— Yogurt Parfaits 3:00 Ball Toss 5:30 Picture A Word	9:15 Exercise-CY 10:00 Catholic Communion 11:00 Rosary w/KK 1:00 Relax & Refresh Time 2:30 Food Council 3:30 Art Therapy: Cup Cake Liner Fireworks 5:30 Mystery Bag Game	4. Happy 4th of July 9:00 Seated Exercise with Caren- ATR 10:00 Junk Drawer Detective 1:00 Relax & Refresh Time 2:30 Gardening Club 3:30 Creative Engagement- Spelling Word Wars 5:30 Bingo Fun	9:30 Exercise-CY 10:30 Coffee & Good News Around the World 1:00 Relax & Refresh Time 2:30 Music & Manicures 3:30 Chair Kickball 5:30 Music & Coloring	9:00 Exercise 10:00 Spelling Bee Flash Cards 1:00 Relax & Refresh Time 5:30 Music & Art therapy Adult Coloring
9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music Aroma Therapy & Hand Massage	8. 10:00 Yoga with Tim H. –ATR 11:00 Coffee & Fashion 1950-1959 1:00 Relax & Refresh Time 2:30 Pet therapy– Monica & Demian 4:00 Creative Engagement– Easy does it -Brain Games 5:30 Chair Kickball	9:00 Standing Exercise with Caren PT— ATR 10:00 Pastor Dale - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Making Snacks— Ice Cream Sundae 3:00 Ball Toss 5:30 Picture A Word	9:15 Exercise-CY 10:00 Catholic Communion 11:00 Rosary w/KK 1:00 Relax & Refresh Time 2:30 Food Council 3:30 Art Therapy: Spirit of Independence Day—Pool Noodle 5:30 Guess the object	9:00 Seated Exercise with Caren— ATR 10:00 Pastor Julia-ATR 10:45 Coffee & Let's Play Match 1:00 Relax & Refresh Time 2:30 Gardening Club 3:30 Creative Engagement- Reading Short Stories 5:30 Name that Tune	9:45 Exercise-CY 10:00 Load The Bus 10:30 Coffee & Sing Along 1:00 Relax & Refresh Time 2:30 Music & Manicures 3:30 Chair Kickball 5:30 Evening Walks	9:00 Exercise 10:00 Coffee & Match Game 1:00 Relax & Refresh Time 5:30 Music & Art therapy Adult Coloring
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