

Resident Spotlight



Laura M.

This month's Resident Spotlight shines on Laura. She was born in Canada where she graduated from nursing school and then transferred to Palm Springs where she was introduced to her husband who resided in Corvallis, Oregon. She moved to Oregon where they had two kids and were married almost 42 years. After retirement, they enjoyed many years of traveling (her favorite place being French Polynesia). We are so happy you're here Laura!

Team Member Spotlight



Sarah S. - Caregiver

This month's Team Member Spotlight shines on Sarah! She has been part of the Sweetbriar family for almost 2.5 years. Sarah was born and raised here in Springfield. When she's not at work, you can find her fishing, camping, and hiking with her family. She and her husband Micah have been married 11 years and have 2 kids, Connor and Arya. She's been caregiving for over 19 years and takes deep pride in what she does. Thank you for everything you do Sarah. We appreciate you so much.

moments captured



Timothy Patrick came to take us 'On The Road' with his songs and humorous stories about traveling. We sang along to songs from artists like Willie Nelson, Janis Joplin, and Elvis Presley as well as bands like Creedence Clearwater Revival.



Above in the picture on the left is Tammy who last month received her Diamond Jewel! This month on the 15th is Tammy's 15 year anniversary here at Sweetbriar. Congratulations, Tammy! On the right, we have Gretchen enjoying a root beer float with Activities Assistant, Gracee.



July 2024

Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



A Note from the Executive Director



Nicole Hampl,
Executive Director

Happy Independence Day to all of the Residents, Family Members, and Team Members of Sweetbriar Villa! We have a lot of new and fun activities coming up this month. We are also excited to officially welcome Aleigh as our new Life Enrichment Director.



Aleigh Jones,
Life Enrichment Director

A Note from Aleigh: I am so thrilled to be the new Life Enrichment Director here at Sweetbriar Villa. I've worked here for a little over a year and I love with this community and all of our wonderful residents! I am so excited to start doing activities and plan events!


HAPPY Birthday

Residents

- Margy P. - July 9th
- Cherie E. - July 20th
- Jack P. - July 30th

Staff

- Autumn C. - July 9th
- Haydn G. - July 7th
- Rebecca G. - July 14th

SUN	MON	TUE	WED	THU	FRI	SAT
	1 American Zoo Day 9:30 Music With Phil 10:30 Bible Study 11:00 Animal Coloring 1:00 Zoo Movie & Snacks 3:00 Bingo 4:00 Science Hour 5:00 MC Reading Group	2 9:00 Garden Club 10:00 Cards & Coffee 11:00 Chair yoga 1:00 Puzzles 2:00 Tea Party 4:00 Bingo 5:00 MC Reading Group	3 9:00 Garden Club 10:00 Scenic Drive 11:00 Craft 1:00 Movie & Popcorn 2:00 Art 3:00 Bingo 4:00 MC Craft	4 Independence Day 9:00 Yoga 10:00 Crossword Puzzles 11:00 4th of July Craft 1:00 Gym time w/ Haydn 2:00 Adult Coloring 3:00 Bingo 4:00 Board Games	5 9:00 Garden Club 10:00 The Price Is Right 11:00 Chair Yoga 1:00 Board Games 2:00 Arts & Crafts 3:00 Bingo 4:00 MC Hand Therapy	6 10:00 Comedy Hour 11:00 Balloon Ball 1:00 Bingo 2:00 Craft 3:00 MC Craft 4:00 Walk In The Garden
7 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 Movie & Popcorn 3:00 Bingo 4:00 Adult Coloring	8 9:30 Music With Phil 10:30 Bible Study 11:00 Resident Council Meeting 1:00 Manicures 3:00 Bingo 4:00 Chair Exercises 5:00 MC Reading Group	9 9:00 Garden club 10:00 Trivia 11:00 Residents' Choice 1:00 Adult coloring 2:00 Root Beer Float Social 3:00 Bingo 4:00 Walking In Groups	10 9:00 Garden club 10:00 Scenic Drive 11:00 chair exercises 1:00 Movie & Popcorn 3:00 Bingo 4:00 New Hobby Ideas 5:00 Puzzles	11 9:00 Chair Yoga 10:00 Crossword Puzzles 11:00 Yoga 1:00 Gym time w/ Haydn 2:00 Adult Coloring 3:00 Bingo & Blueberry Muffins 4:00 Walking in groups	12 9:00 Garden Club 10:00 The Price Is Right 11:00 Cards & Coffee 1:00 Board Games 2:00 Arts & Crafts 3:00 Bingo 4:00 MC Hand Therapy	13 10:00 Comedy Hour 11:00 Balloon Ball 1:00 Bingo 2:00 Craft 3:00 MC Craft 4:00 Walk In the Garden
14 10:00 Church (Remote) 11:00 Bible Study 1:00 Balloon Ball 2:00 Bingo 3:00 MC Craft 4:00 Bracelet Making	15 9:30 Music With Phil 10:30 Bible Study 11:00 Karaoke 1:00 Manicures 2:30 Timothy Patrick Performance 3:00 Bingo 4:00 Chair Exercises	16 9:00 Garden club 10:00 Yoga 11:00 Movie & Popcorn 1:00 Adult Coloring 2:00 Craft 3:00 Bingo 4:00 MC Craft	17 Natl. Hot Dog Day 9:00 Garden Club 10:30 Scenic Drive 11:30 Chair Exercises 1:30 Residents' Choice 2:00 Poems 3:00 Bingo 4:00 MC Puzzles	18 9:00 Residents' Choice 10:00 Beading 11:00 Gardening 1:00 Gym time w/ Haydn 2:00 Book Club 3:00 Bingo 4:00 Walking in Groups	19 9:00 Garden Club 10:00 The Price Is Right 11:00 Yoga 1:00 Resident Birthday Party 2:00 Arts & Crafts 3:00 Bingo 4:00 MC Hand Therapy	20 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
21 10:00 Church (Remote) 10:00 Balloon Ball 11:00 Bingo 1:00 Board Games 2:00 Puzzles MC 3:00 Gardening 4:00 Walking In Groups 5:00 Music	22 9:30 Music With Phil 10:30 Bible Study 11:00 New hobby hour 1:00 Manicures 2:00 Hand Massage 3:30 Bingo 4:00 Chair Exercises 5:00 MC Reading Group	23 9:00 Garden Club 10:00 Yoga 11:00 Cards & Coffee 1:00 Adult Coloring 2:00 Surprise Treat Social 3:00 Bingo 4:00 Walking In Groups 5:00 MC Reading Group	24 9:00 Garden Club 10:30 Scenic Drive 11:00 Movie & Popcorn 2:00 Art 3:00 Bingo 4:00 MC Puzzles 5:00 Walking In Groups	25 10:00 Trivia 11:00 Cards & Coffee 1:00 Gym time w/ Haydn 2:00 Adult Coloring 3:00 Bingo 4:00 Craft	26 The Olympics Begin! 9:00 Garden Club 10:00 The Price Is Right 11:00 Cards & Coffee 1:00 Board Games 2:00 Arts & Crafts 3:00 Bingo 4:00 MC Hand Therapy	27 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
28 10:00 Church (Remote) 11:00 Bible Study 1:00 Karaoke 2:00 Bingo 3:00 MC Craft 4:00 Craft 5:00 Discussion	29 9:30 Music With Phil 10:30 Bible Study 11:00 Karaoke 1:00 Manicures 2:00 Hand Massage 3:00 Bingo 4:00 Chair Exercises 5:00 MC Reading Group	30 9:00 Garden Club 10:00 New Hobby Hour 11:00 Chair Yoga 1:00 Puzzles 2:00 Tea Party 3:00 Bingo 5:00 MC Reading Group	31 9:00 Garden Club 10:30 Scenic Drive 11:00 Movie & Popcorn 2:00 Poems 3:00 Bingo 4:00 MC Puzzles 5:00 Walking In Groups			



SWEETBRIAR VILLA

July 2024

upcoming events



July 1st– American Zoo Day

July 4th– Independence Day Party during lunch

July 8th– Resident Council Meeting

July 15th– Timothy Patrick ' On The Beach' performance & Tammy's 15 year work anniversary

July 17th– National Hot Dog Day

July 19th– First Monthly Resident Birthday Party

