

Resident Spotlight



Pat

This month's spotlight turns to Pat! She spent her career years educating 7th graders through high schoolers, appreciating the challenges and rewards of those ages. Pat was also a librarian and her love for books continues today. Her heart finds joy in the beauty of the PNW.

Team Member Spotlight



Enna, RN

Enna grew up in the Philippines and came to the U.S. in 2015 with her husband. She's been in nursing for five years; part of that spent as a traveling nurse. Enna appreciates the local hiking trails and her travel bucket list includes Italy, Iceland, and Japan.

Thank you for all you do, Enna!

moments captured



Our residents enjoyed Sunday drives based on the Lost Cities of Skagit County map, visiting settlements and communities from the county's earliest days. Next up: historic barns of Skagit!



Beaches and Burgers! June brought great beach weather and our Father's Day BBQ with live music and vintage cars. The day was enjoyed by many in the La Conner community.



www.laconnerretirementinn.com

July 2024

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-446-5700



A Note from the Executive Director

Dear Residents, Families, and Friends,

I am delighted to extend a warm welcome to our new residents, Jerry, Nancy, Linda, Ann, and Janice. We are thrilled to have them join our family here.



Stacy Boydston,
Executive Director

July is upon us, bringing with it fantastic weather, celebrations, and plenty of outdoor fun. We have an exciting lineup of events planned and we invite all of you to join us. On July 4th is the Annual Town Parade with live music and fireworks at dusk in the Town Square. It promises to be a wonderful evening with something for everyone to enjoy.

We are happy to announce that we will be visiting Drager's Vintage Car Museum so get ready to immerse yourselves in automotive history and marvel at the collection.

Throughout the month, we have more outings planned, including visits to the PNW Naval Air Museum and the Vintage Memories Quilt Show in Sedro Woolley. These trips are sure to be both educational and inspiring. Also, every Friday we have engaging entertainment lined up for our Happy Hours. Mark your calendars especially for our Ice Cream Social on the 19th, featuring music from the Old Time Fiddlers. It promises to be a delightful afternoon. We are committed to ensuring there's something exciting for everyone to enjoy this July. Let's make this month memorable together!

Warmest regards,

Stacy

HAPPY Birthday

Residents

- Monte, 5th
- Al, 6th
- Nancy, 10th
- Carol, 19th
- Jacqueline, 24th
- Linda, 27th

Staff

- Kathy, 4th
- Lorena, 12th

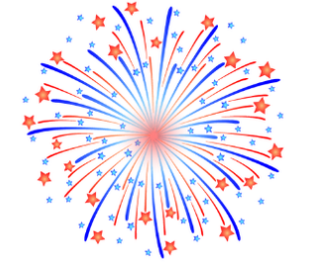
JULY 2024

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>Independence Day</p>						
<p>7 9:30 Video of Choice 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 11:15 Stretch for Health 10:45 Communion Services 1:00 Bingo 2:30 Walk the Boardwalk 3:00 Mexican Train 6:00 Knitting Group</p>	<p>8 9:30 Vintage Car Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 11:00 Mexican Train 1:00 Po-Ke-No 3:00 Mexican Train Black Jack 6:00 Knitting Group</p>	<p>9 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Garden Group 1:30 Resident Council 2:00 Chat with Sean 3:00 Darts</p>	<p>10 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 11:00 Mexican Train 1:00 Trip to Drager's 2:00 Mexican Train 3:00 Black Jack 6:00 Knitting Group</p>	<p>11 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 3:00 Choir Practice 1:00 Bible Study 1:00 Outback Kangaroo Farm 2:00 Chat with Allie 3:00 Darts 6:00 Knitting Group</p>	<p>12 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour set up Committee 1:00 Mexican Train 3:00 Happy Hour with Lee Howard 6:00 Knitting Group</p>	<p>13 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 1:00 Mexican Train 3:00 Black Jack 6:00 Knitting Group</p>
<p>14 9:30 Video of Choice 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 11:15 Stretch for Health 10:45 Communion Services 1:00 Bingo 2:30 Italian Soda Social 3:00 Mexican Train 6:00 Knitting Group</p>	<p>15 9:30 All About the Moon Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Art Painting Project 3:00 Mexican Train 6:00 Knitting Group</p>	<p>16 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Garden Group 2:00 Chat with Stacy 3:00 Darts Mexican Train</p>	<p>17 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 11:00 Mexican Train 1:00 Walmart 2:00 Mexican Train 3:00 Black Jack 6:00 Knitting Group</p>	<p>18 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Bible Study 2:00 Chat with Levi 2:30 Choir Practice 3:00 Darts 3:00 Choir Practice</p>	<p>19 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble 1:00 Happy Hour set up Committee 1:00 Mexican Train 3:00 Ice Cream Social & Music with Old Time Fiddlers Time Fiddlers & Ic 6:00 Knitting Group</p>	<p>20 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Vintage Quilt Show 1:00 Baking Group 1:00 Mexican Train 3:00 Manicures 6:00 Knitting Group</p>
<p>21 9:30 Amelia Earhart Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 11:15 Stretch for Health 10:45 Communion Services 1:00 Bingo 2:30 Ice Cream Sundaes 3:00 Mexican Train</p>	<p>22 9:30 Olympic History Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Po-Ke-No 3:00 Mexican Train Black Jack 6:00 Knitting Group</p>	<p>23 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Garden Group 3:00 Welcome Tea 3:30 Darts Mexican Train</p>	<p>24 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 11:00 Mexican Train 1:00 PNW Naval Air Museum 2:00 Mexican Train 3:00 Black Jack</p>	<p>25 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 11:00 Mexican Train 1:00 Bible Study 2:00 Chat w/ Medical Team 3:00 Darts/Choir Practice</p>	<p>26 The Olympics 8:30 Coffee with Allie. 9:00 Watch Olympics Opening 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour set up Committee 1:00 Mexican Train 3:00 Happy Hour w/ Sisco Heights 6:00 Knitting Group</p>	<p>27 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 1:00 Mexican Train 3:00 Black Jack 6:00 Knitting Group</p>
<p>28 9:00 Church Service 9:30 Video of Choice 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:15 Stretch for Health 10:45 Communion Services 1:00 Bingo 2:30 Walk the Boardwalk 3:00 Mexican Train 6:00 Knitting Group</p>	<p>29 9:30 American Cowboy History Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 Po-Ke-No 3:00 Mexican Train Iced Tea Social 6:00 Knitting Group</p>	<p>30 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Garden Group 2:00 Chat with Allie 3:00 Darts Mexican Train</p>	<p>31 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 11:00 Mexican Train 1:00 Garden Group 1:00 Schuh Farms 3:00 Darts 6:00 Knitting Group</p>			



July 2024 upcoming events



**7/4 4th of July
Parade 11 AM
Music, Food,
Fireworks
5-11 PM**

**7/10 Drager's Cars
1 PM**

**7/11 Outback
Kangaroo Farm
1 PM**

**7/20 Vintage Quilt
Show 1 PM**

**7/24 PNW Naval Air
Museum
1 PM**

**7/31 Schuh Farms
1 PM**



Our mission is to create and maintain comfortable, caring environments for those who depend on us.