

Resident Spotlight



Richard

Richard was born in Kansas City where he spent most of his life until six years ago when he and his wife moved into the area to enjoy hiking around Lake Tahoe. Carrying on his love for hiking, Richard is always up and about, going for walks within Arbors and on the walking paths outside. He's also a regular on Bingo nights! Richard and his wife have a cat named Sophie and he also loves big cats. Lions and tigers have always fascinated him and he even took a picture with a show cat!

We're thrilled to have Richard in our community!

Team Member Spotlight



McKenna, Med Tech

McKenna was born and raised in Reno. She was recently married. She and her spouse have 2 dogs together. McKenna has been caregiving since she was 18. She realized taking care of people is her passion and she is happiest when she is doing something of which she can be proud. Her hobbies are writing and embroidery. McKenna is happy to call Arbors her home away from home.

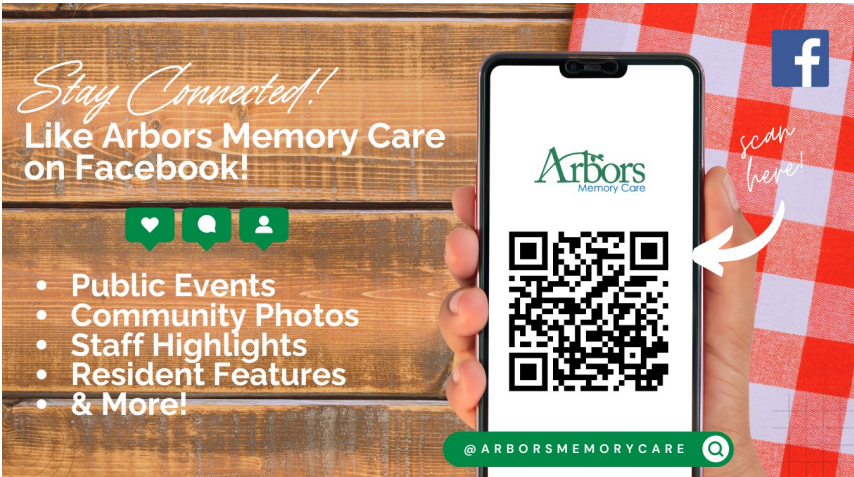
We are glad to have you on the team, McKenna! Thank you for all you do for our residents.



On Iced Tea Day, our residents enjoyed a tea tasting party. There were four flavors: mint, green tea, orange and lemon, served with Arbors' famous Scones.



Tea time IS THE Best TIME



A Note from the Executive Director

Assaad Zeid, Executive Director

Dear residents, family members, and friends,

I hope you all enjoyed Spring and are ready for Summer. I can't believe we are in the middle of the year. Our flowers are blooming with beautiful colors, residents have gone out on multiple field trips, and we enjoyed a pre-Father's Day BBQ Lunch and Happy Hour. June 21st was the first day of summer and The Longest Day Fundraising event with proceeds to go toward the Alzheimer's Association. It was a great success!

This month, we will celebrate Independence Day with a BBQ lunch on July 3rd. Family and friends are welcome (with a \$9 charge for the BBQ). I am looking forward to our celebration!

HAPPY Birthday


Residents

- Dyan O., 7/5
- Mary H., 7/18
- Mary Lou N., 7/24
- Ken H., 7/25

Staff

- Yuko, 7/1
- Janice C, 7/4
- Jess T, 7/11
- Melissa, 7/18



SUN	MON	TUE	WED	THU	FRI	SAT
 <div>7 Rock N' Roll Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Letter Writing 2:00 Bean Bag Toss 3:30 Happy Hour 4:30 Rock N' Roll Trivia 6:00 Wheel of Fortune</div>	<div>1 9:00 Morning Updates 10:00 Chair Yoga 11:00 Trivia 2:30 Cat Fish Music 3:30 BINGO 6:00 Classic TV</div> <div>8 9:00 Morning News 10:00 Golden Walkers 11:00 Craft 2:00 Bean Bag Toss 3:30 BINGO 6:00 Classic TV</div>	<div>2 9:00 Morning News 10:00 Sit &amp; Be Fit 11:00 Short Stories 2:30 Bean Bag Toss 4:00 Music Memories 6:00 Family Feud</div> <div>9 Cow Appreciation Day 9:00 Morning Updates 10:00 Fitness Fun 11:00 Baseball Trivia 2:30 Sierra Art Music 3:30 Writing Farm Poems 6:00 Jeopardy</div>	<div>3 9:00 Morning Updates 10:00 Music &amp; Movement 11:00 Trivia 12:30 Independence Day BBQ (A Day Early) 2:00 Bowling 3:30 Sunshine Visits 4:00 Table Games</div> <div>10 9:00 Morning News 10:00 Sit &amp; Be Fit 11:00 Word Games 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 Romcom Movie</div>	<div>4 Independence Day 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:30 McCollum Music 3:30 BINGO 6:00 Classic TV</div> <div>11 Blueberry Muffin Day 9:00 Morning Updates 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Blueberries Fun Facts 3:30 BINGO 6:00 Classic TV</div>	<div>5 9:00 Morning Updates 10:00 Ball Exercises 11:00 Card Games 2:30 Bean Bag Toss 4:00 Fancy Nails 6:00 Friday Night SCI-FI Movie</div> <div>12 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Chair Yoga 2:00 Bowling 3:00 Beach ball play 6:00 Friday Night Movie</div>	<div>6 9:00 Morning News 10:00 Sit &amp; Be Fit 11:00 Reminiscing 2:00 Drawing 3:30 Sing Along 4:30 Sunshine Visits 6:00 Musical Night</div> <div>13 9:00 Morning Updates 10:00 Music &amp; Movement 11:00 Reminiscing 2:00 Scrabble Fun 3:30 Painting 4:30 Sunshine Visits 6:00 Comedy night</div>
<div>14 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Flower Arranging 2:00 Trivia 3:30 Mocktails 4:30 Conversation Cards 6:00 Price is Right</div>	<div>15 9:00 Morning Updates 10:00 Chair Yoga 11:00 Trivia 2:00 Chapel Service 3:30 BINGO 6:00 Classic TV</div>	<div>16 9:00 Morning News 10:00 Sit &amp; Be Fit 11:00 Short Stories 2:00 Violin &amp; Piano 4:00 Music Memories 6:00 Family Feud</div>	<div>17 9:00 Morning Updates 10:00 Music &amp; Movement 11:00 Trivia 2:00 Bowling 3:30 Sunshine Visits 4:00 Table Games 6:00 Action Movie</div>	<div>18 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:00 Bean Bag Toss 3:30 BINGO 6:00 Classic TV</div>	<div>19 9:00 Morning Updates 10:00 Ball Exercises 11:00 Card Games 1:30 Jim Buehler Music 4:00 Fancy Nails 6:00 Friday Night SCI-FI Movie</div>	<div>20 Moon Day 9:00 Morning News 10:00 Sit &amp; Be Fit 11:00 Reminiscing 2:00 Moon Landing History 3:30 Sing Along 4:30 Sunshine Visits 6:00 Moon Documentary</div>
<div>21 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Letter Writing 2:00 Bean Bag Toss 3:30 Creative Fun 4:30 Trivia 6:00 Wheel of Fortune</div>	<div>22 9:00 Morning News 10:00 Ball Exercises 11:00 Funny Videos 2:00 Memory Lane 3:30 BINGO 6:00 Classic TV</div>	<div>23 9:00 Morning Updates 10:00 Music &amp; Movement 11:00 Word Games 2:00 Short Stories 3:30 Poetry Club 6:00 Jeopardy</div>	<div>24 9:00 Morning News 10:00 Chair Yoga 11:30 Picnic in the Park 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Table Games 6:00 Comedy Movie</div>	<div>25 9:00 Morning Updates 10:00 Fitness Fun 11:00 Word Games 2:00 Ring Toss 3:30 BINGO 6:00 Classic TV</div>	<div>26 The Olympics Start! 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Sit &amp; Be Fit 2:00 Bowling 4:00 Olympics Kick off Party 6:00 Friday Night Comedy Movie</div>	<div>27 9:00 Morning Updates 10:00 Golden Walkers 11:00 Singing 2:00 Armchair Travel 3:30 Flower Arranging 4:30 Sunshine Visits 6:00 Western Movie</div>
<div>28 Milk Chocolate Day 9:00 Spiritual Piano 10:00 Sunday stretch 11:00 Paint 2:00 Chocolate Trivia 3:30 Mocktails 4:30 Conversation Cards 6:00 Price is Right</div>	<div>29 9:00 Morning Updates 10:00 Sit &amp; Be Fit 11:00 Word Games 2:00 Golf 3:30 BINGO 6:00 Classic TV</div>	<div>30 9:00 Morning News 10:00 Fitness Fun 11:00 Word Games 2:00 Trivia 3:30 BINGO 6:00 Family Feud</div>	<div>31 9:00 Morning Updates 10:00 Music &amp; Movement 11:00 Poetry Fun 2:00 Kickball 3:30 Sunshine Visits 4:00 Table Games 6:00 80's Movie</div>			

Arbors  
Memory Care

July 2024

upcoming events



July 1: Cat Fish Music at 2:30 PM

July 3: Independence Day Picnic from 12:30 to 1:30 PM. Family & Friends Welcome (\$9 for lunch).

July 4: McCollum Music at 2:30 PM

July 9: Sierra Art Music at 2:30 PM

July 12: Yuki the Dog at 10 AM

July 19: Jim Buehler Music 1:30 PM

July 26: Yuk the Dog at 10 AM

July 26: Olympics Kick Off Party for Residents

