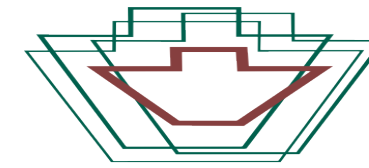


INDEPENDENT LIVING JULY 2024



Keystone Commons
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p> 	<p>1</p> <p>9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game-Billiards 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Dave Colucci Performs-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Harriet-Pub</p>	<p>2</p> <p>9:30- Golf on the Putting Green 10:00- Blood Pressure Clinic-Pub 10:30- Todd Goodwins "Growing up Grubby" Live Speaker-3A 1pm- Wii Bowling- Theater 2pm- Golf- Billiards Room 3:15- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</p>	<p>3</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/ Rob-3A 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 3pm- Pet Visits w/Keeper- 2A 6:45- Rummikub-Billiard</p>	<p>4</p>  <p>10:30- Coffee and Donuts in the Courtyard 12:30- 4th of July Cook-Out</p>	<p>5</p> <p>9:30- Walking by the River 12:30- Rosary-3A 1pm- Painting Class-3A 2pm- Pokeno-3A 3pm-Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos- Billiards Room</p>	<p>6</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- The Hicks Performs</p>
<p>7</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p>8</p> <p>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game-Billiards 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Balloon Volleyball-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Denise-Pub</p>	<p>9</p> <p>9:30-Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Lynn-3A 1pm- Wii Bowling- Theater 2pm-Golf- Billiards Room 3:15- Blackjack- Dollar Buy-in-3A 4:30pm- Outing to Spaghetti Supper 6:45- Popcorn Club- Theater</p>	<p>10</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Making Mini Peach Upside Down Cakes-3A 12:30- Rosary-3A 12:30- Knitting Club- 1st Floor 1pm-Exercise w/ Kelsey OT-3A 2pm- Dime Bingo-3A 3pm- Pet Visits w/Keeper- 2A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p>11</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 11:30- Monthly Birthday Lunch-P 1pm-Jeopardy for Amateurs-3A 2pm- Mike and Dan Performs-3A 3pm- Popcorn Club- Theater 5pm- Pizza In the Pub followed by concert at Storowtown- Sarah the Fiddler 6:45- Kings in the Corner-BR</p>	<p>12</p> <p>10:00- Painting Class-3A 11:30- Men's Group Dogs and Doritos-Pub 12:30- Rosary-3A 1pm- Food Meeting-Pub 2pm-Pokeno-3A 3pm- Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Mexican Train Dominos- Billiards Room</p>	<p>13</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Dave Brinnel Performs</p>
<p>14</p> <p>Mass at St Elizabeth's 2pm- Rummikub- Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p>15</p> <p>9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Lynn-3A 2pm- Corn Hole-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Laurie and Judy</p>	<p>16 Massage Therapist- 1-4 Pub</p> <p>9:30-Golf on the Putting Green 10:00- Blood Pressure Clinic- Pub 10:30- Presentation on Fischer Cats by Nature Photographer Michaelson 1pm- Wii Bowling- Theater 2pm- Line Dancing-3A 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater</p>	<p>17</p> <p>9:30- Hubbard Coffee Chat and Manicures-3A 11:15- Bus leaves for Making Lunch for Ronald Mcdonald House 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>18</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 2pm- Sarah the Fiddler Performs-3A 3pm- Popcorn Club-Theater 3pm- Painting Peach Boxes-3A Only 10 available- Sign up 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p>19</p> <p>9:30- Walking at the Quabbin followed by lunch at Janines 12:30- Rosary-3A 1pm- Rummikub-Billiards 3pm- Pokeno-3A 4pm- Happy Hour-Peach Party Punch-Pub 6:30- Help Your Neighbor- BR</p>	<p>20</p> <p>9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1st Floor 1pm- Wii Bowling- Theater 2pm- Dime Bingo-3A</p>
<p>21</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p>22</p> <p>10:00- Tower Hill Trip and Lunch to see Flight In Flora 10:00- Communion w/ Deacon Tom-IL DINING ROOM 12:30- Rosary-3A 1pm- Scrabble Billiards Room 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45-Quarter Bingo w/ Harriet-Pub Shopping in Afternoon due to trip @ 3pm- to Ludlow</p>	<p>23</p> <p>9:30- Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Singalong w/ Don-3A 12:30- Walking w/ Ashley Meet in Lobby 1pm- Chorus Practice w/Don-3A 2pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Golf- Billiards Room 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater</p>	<p>24</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/Rob- 3A 11:00- Bus Leaves for the Clambox in Brookfield 12:30- Rosary- 3A 12:30- Knitting Club-1st Floor 1pm-Exercise w/ Kelsey-OT-3A 2pm- Wii Bowling- Theater 3pm- Ladder Bingo-3A 3pm- Pet Visits w/ Keeper-2A 6:45- Rummikub-Billiards</p>	<p>25</p> <p>9:30- Coffee and Chronicles-3A 10:30- Making Just Peachy Lip Scrub-3A 10:30-Plant Clinic 10:30- Resident Council Meeting 1pm- Jeopardy for Amateurs-3A 3pm- Popcorn Club-Theater 6:45- Outdoor Concert in our Courtyard- Premier Swing Band</p>	<p>26</p> <p>10:00- Painting Class-3A 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 2pm-Johnny Cash and June Carter Impersonators, Acoustic Concert Live in 3A- Fulfilling a Dream 3:30- Drumming Class- 3A 4pm- Happy Hour-Peach Lemmonade- Pub 6:30- Mexican Train Dominos- Billiards Room</p>	<p>27</p> <p>9:30- Coffee Chat-2A 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p>28</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p>Day of Rest and Face Timing with Families</p>	<p>29</p> <p>9:30- Shopping to Ocean State Job Lot 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 1pm- Exercise w/Amy-3A 2pm- Corn Hole-3A 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Laurie and Judy</p>	<p>30</p> <p>9:30- Golf on the Putting Green 10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club- Grilled Peach Flatbreads 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Willie Ninger Performs-3A 3:30pm- Blackjack Gold-3A Free Game 25.00 pot 6:45- Popcorn Club- Theater</p>	<p>31</p> <p>9:30- Hubbard Coffee Chat and Manicures-3A 10:00- Bus Leaves for Western Mass News Tour and Lunch to follow 12:30- Rosary-3A 1pm- Exercise w/ Kelsey OT-T 2pm- Wii Bowling- Theater 3:15pm- Peaches and Cream Bingo 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards</p>	<p>Plant Clinic on Wednesday, July 25th @ 10:30- Do you have a plant in your apartment that needs TLC, to be re-potted or just a little extra love- Christa's son and daughter in law are here to the rescue. Let Activities know and they will send them your way. Free of Charge</p>	<p>Monthly Birthdays</p> <p>7/3 Jackie Como 7/5- Sandy Gosselin 7/5- Barbara Kuhn 7/5- Elaine Boucher 7/8- Pat Gould 7/9- Una Gagne 7/19- Mary Ellen Fish 7/20-Charlotte Bureau 7/20- Babbette Laberge 7/23- Donald Kuhn 7/25- Betty Perry</p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>