

Non-Transient Consumer Notice of Tap Water Lead Result

Dear Consumer:

St. Mary's Alzheimer's Center is a public water system (PWS) responsible for providing drinking water that meets state and federal standards. Drinking water samples were collected at the following locations. Results are summarized in the table below:

Sample Tap Location	Sample Collection Date	Lead Level Result (µg/L)	Greater or Less than the Lead Threshold Level (15 µg/L)
LC205 Employee lounge	06/11/2024	<1.00	less than
LC207 Kitchen prep sink	06/11/2024	<1.00	less than
LC206 West nourishment	06/11/2024	<1.00	less than
LC204 public restroom	06/11/2024	<1.00	less than
LC210 room 30	06/11/2024	<1.00	less than

What Does This Mean?

Under the authority of the Safe Drinking Water Act, the US Environmental Protection Agency (EPA) established the action level for lead in drinking water at 15 micrograms per liter (µg/L). This means PWSs must ensure that water from taps used for human consumption do not exceed this level in at least 90 percent of the sites sampled (90th percentile value). The action level is the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a PWS must follow.

In 2018, Ohio EPA established the threshold level for lead in drinking water at 15 µg/L. The lead threshold level is the concentration of lead in an individual tap water sample which, if exceeded, triggers additional notification requirements for those served by the tap sampled. Additionally, if a sample exceeds the lead threshold level, the associated tap must be removed from service.

Because lead may pose serious health risks, US EPA established a Maximum Contaminant Level Goal (MCLG) of zero for lead. The MCLG is the level of a contaminant in drinking water below which there is no known or expected risk to health, allowing for a margin of safety.

What are the Health Effects of Lead?

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys, and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones, and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

Where Can I Get Health Screenings and Testing of Blood Lead Levels?

The following statement can be used:

Health Screenings are available through (list agency name[s]) at (list location[s]). They can be contacted at (list phone number(s) and website address(s)/email address(s).

You are encouraged to include any fliers or pamphlets which will help educate the consumer.

What Can I Do to Reduce Exposure to Lead if Found in My Drinking Water?

- ***Run your water to flush out lead.*** If water has not been used for several hours, run water for thirty seconds to two minutes before using it for drinking or cooking. This helps flush any lead in the water that may have leached from the plumbing.
- ***Use cold water for cooking and preparing baby formula.*** Do not cook with, drink water, or make baby formula from the hot water tap. Lead dissolves more easily in hot water.
- ***Do not boil water to remove lead.*** Boiling water will not reduce lead.

What are the Sources of Lead?

Lead is unusual among drinking water contaminants in that it seldom occurs naturally in water supplies like rivers and lakes. Lead enters drinking water primarily as a result of corrosion, or wearing away, of materials containing lead in the plumbing. Buildings built prior to 1986 are more likely to have lead pipes, fixtures, and solder. New buildings can also be at risk, since even legally 'lead-free' plumbing may contain up to 8 percent lead. The most common problem is with brass or chrome-plated brass fixtures which can leach significant amounts of lead into water, especially hot water.

For More Information, Please Contact: Pat Julian, Class A water operator at www.mainst.water@gmail.com; visit US EPA's Web site at www.epa.gov/lead; call the National Lead Information Center at 800-424-LEAD; or contact your health care provider.

ST. MARY'S ALZHEIMERS CENTER

**Drinking Water Consumer Confidence Report
For 2023**

Section 2: Introduction

ST. MARY'S ALZHEIMERS CENTER has prepared the following report to provide information to you, the consumer, on the quality of our drinking water. Included within this report is general health information, water quality test results, how to participate in decisions concerning your drinking water and water system contacts.

Section 3: Source Water Information

St. Mary's receives its drinking water from one ground well located in an enclosed housing at the southwest end of the building.

In August, 2002, the Ohio EPA performed a Drinking Water Source Assessment for St. Mary's Alzheimer's Center Public Water System OH 5003012.

The assessment:

- a. Identified the drinking water source protection area, based on the area that supplies water to the well.
- b. Inventoried the potential contaminant sources in the area.
- c. Evaluated the susceptibility of the drinking water source to contamination.
- d. Recommended the protective strategies.

An evaluation to determine susceptibility of contamination to the drinking water source was completed. The results of the evaluation indicated that the drinking water source protection area has a high susceptibility.

A high susceptibility rating of the aquifer does not imply that the well field will become contaminated. It only means that the existing/known aquifer conditions are such that ground water within the aquifer could become impacted if the potential contaminant sources are not appropriately managed. This likelihood can be minimized by implementing appropriate protective measures. Copies of the Drinking Water Assessment are available for review and are located at the Business Office.

Section 4: What are sources of contamination to drinking water?

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include: (A) Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife; (B) Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming; (C) Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses; (D) Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff, and septic systems; (E) Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, USEPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Federal Environmental Protection Agency's Safe Drinking Water Hotline (1-800-426-4791).

Section 5: Who needs to take special precautions?

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons, such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infection. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Section 6: About your drinking water.

The EPA requires regular sampling to ensure drinking water safety. **St. Mary's** conducted sampling for *bacteria; Nitrates, Disinfectant byproducts, lead & copper, inorganics, soc, voc, arsenic, iron and manganese* during **2023**. Samples were collected for contaminants most of which were not detected in **St. Mary's** water supply. The Ohio EPA requires us to monitor for some contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of our data, though accurate, are more than one year old.

Section 7: Monitoring & Reporting Violations & Enforcement Actions

There are no monitoring violations for 2023

Section 8: Table of Detected Contaminants

Listed below is information on those contaminants that were found in St. Mary's drinking water.

Regulated Contaminants

Disinfectants and Disinfection By-Products	Collection Date	Highest Level Detected	Range of Levels Detected	MCLG	MCL	Units	Violation	Likely Source of Contamination
Chlorine	2023	0.8	0 - 0.9	MRDLG = 4	MRODL = 4	ppm	N	Water additive used to control microbes
Haloacetic Acids (HAAS)	2023	1.309	0 - 1.65	No goal for the total	60	ppb	N	By-product of drinking water disinfection
Total Trihalomethanes (TTHM)	2023	3.033	0 - 3.03	No goal for the total	80	ppb	N	By-product of drinking water disinfection
Inorganic Contaminants	Collection Date	Highest Level Detected	Range of Levels Detected	MCLG	MCL	Units	Violation	Likely Source of Contamination
Arsenic	2023	1	0 - 2.52	0	10	ppb	N	Erosion of natural deposits, Runoff from orchards, Runoff from glass and electronics production wastes.
Barium	06/01/2021	0.193	0.193 - 0.103	2	2	ppm	N	Discharge of drilling wastes, Discharge from metal refineries, Erosion of natural deposits.
Fluoride	06/01/2021	0.146	0.146 - 0.146	4	4.0	ppm	N	Erosion of natural deposits, Water additive which promotes strong teeth, Discharge from fertilizer and aluminum factories.

Coliform Bacteria

Maximum Contaminant Level Goal	Total Coliform Maximum Contaminant Level	Highest No. of Positive	Fecal Coliform or E. Coli Maximum Contaminant Level	Total No. of Positive E. Coli or Fecal Coliform Samples	Violation	Likely Source of Contamination
0	1 positive monthly sample	1		0	N	Naturally present in the environment

Section 13: Lead Educational Information

Lead and Copper

Definitions:

Action Level Goal (ALG): The level of a contaminant in drinking water below which there is no known or expected risk to health. ALGs allow for a margin of safety.

Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Lead and Copper	Date Sampled	MCLG	Action Level (AL)	90th Percentile	# Sites Over AL	Units	Violation	Likely Source of Contamination
Copper	07/08/2021	1.3	1.3	0.051	0	ppm	N	Erosion of natural deposits, Leaching from wood preservatives, Corrosion of household plumbing systems.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. **St. Mary'** is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at 800-426-4791

Infants and young children are typically more vulnerable to lead in drinking water than the general population. It is possible that lead levels at your home may be higher than at other homes in the community as a result of materials used in your home's plumbing. If you are concerned about elevated lead levels in your home's water, you may wish to have your water tested and flush your tap for 30 seconds to 2 minutes before using tap water. Additional information is available from the Safe Drinking Water Hotline (1-800-426-4791).

Additional information for arsenic

While your drinking water meets EPA's standard for arsenic, it does contain low levels. EPA's standard balances the current understanding of arsenic's possible health effects against the costs of removing arsenic from drinking water. EPA continues to research the health effects of low levels of arsenic which is a mineral known to cause cancer in humans at high concentrations and is linked to other health effects such as skin damage and circulatory problems.

Section 18: License to Operate (LTO) Status Information

In 2023 we had an unconditioned license to operate our water system."

Section 20: Public Participation Information

How do I participate in decisions concerning my drinking water?

Public participation is encouraged. To participate or if you have any questions or concerns about your drinking water or this report, please call Pat Julian at Mainstreet Water, LLC at (330) 705-4358.

Section 21: Definitions of some terms contained within this report.

- **Maximum Contaminant Level Goal (MCLG):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- **Maximum Contaminant level (MCL):** The highest level of contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- **Maximum Residual Disinfectant Level (MRDL):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
- **Maximum Residual Disinfectant Level Goal (MRDLG):** The level of drinking water disinfectant below

which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

- Action Level (AL): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
- Treatment Technique (TT): A required process intended to reduce the level of a contaminant in drinking water.
- Contact Time (CT) means the mathematical product of a "residual disinfectant concentration" (C), which is determined before or at the first customer, and the corresponding "disinfectant contact time" (T).
- Microcystins: Liver toxins produced by a number of cyanobacteria. Total microcystins are the sum of all the variants/congeners (forms) of the cyanotoxin microcystin.
- Cyanobacteria: Photosynthesizing bacteria, also called blue-green algae, which naturally occur in marine and freshwater ecosystems, and may produce cyanotoxins, which at sufficiently high concentrations can pose a risk to public health.
- Cyanotoxin: Toxin produced by cyanobacteria. These toxins include liver toxins, nerve toxins, and skin toxins. Also sometimes referred to as "algal toxin".
- Level 1 Assessment is a study of the water system to identify the potential problems and determine (if possible) why total coliform bacteria have been found in our water system.
- Level 2 Assessment is a very detailed study of the water system to identify potential problems and determine (if possible) why an E. coli MCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.

- Parts per Million (ppm) or Milligrams per Liter (mg/L) are units of measure for concentration of a contaminant. A part per million corresponds to one second in a little over 11.5 days.
- Parts per Billion (ppb) or Micrograms per Liter ($\mu\text{g/L}$) are units of measure for concentration of a contaminant. A part per billion corresponds to one second in 31.7 years.
- The "<" symbol: A symbol which means less than. A result of <5 means that the lowest level that could be detected was 5 and the contaminant in that sample was not detected.
- Picocuries per liter (pCi/L): A common measure of radioactivity.