

**SUN MON TUE WED THUR FRI SAT**

**Check out our Resident Room TV Channel Tune into channel 901 to see everything happening here at KVAF Both the daily calendar and the days menu are listed along with updates and announcements.**

**Happy Birthday Stephen Ondik!**  
 10:00 Hymn Sing (T2LR)  
 11:00 Table Games (T1LR)  
 3:00 Sunday Service with Kissinger's Church (CR)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Sunday Movie Night (A2T)  
 9:00 Meditation Series on 901 (901)

10:00 Hymn Sing (T2LR)  
 11:00 Table Games (T1LR)  
 3:00 Sunday Worship with Pastor Martin from Christ Mertz Church (CR)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Sunday Movie Night (A2T)  
 9:00 Meditation Series on 901 (901)

10:00 Hymn Sing (T2LR)  
 11:00 Table Games (T1LR)  
 3:00 Sunday Church Service with Pastor Bush Trinity Bible Church (CR)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Sunday Movie Night (A2T)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday Brenda Grinder!**  
 10:00 Hymn Sing (T2LR)  
 11:00 Table Games (T1LR)  
 3:00 Sunday Church Service with Becky Wright (CR)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Sunday Movie Night (A2T)  
 9:00 Meditation Series on 901 (901)

10:00 Monday Movement Exercise (CR)  
 11:00 Hangman/Domino's (Terrace First Floor Living Room)  
 12:15 Cornhole Practice (CR)  
 1:00 Book Club Meeting (Library)  
 3:00 Knit and Crochet Group (Library)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:30 As the Page Turns with Joan Becker (Library)  
 9:00 Meditation Series on 901 (901)

10:00 Monday Movement Exercise (CR)  
 11:00 Hangman/Domino's (Terrace First Floor Living Room)  
 12:15 Cornhole Practice (CR)  
 1:00 Word Games (Library)  
 3:00 Knit and Crochet Group (Library)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:30 As the Page Turns with Joan Becker (Library)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday Suzanne Evans!**  
 10:00 Monday Movement Exercise (CR)  
 11:00 Hangman/Domino's (Terrace First Floor Living Room)  
 12:15 Cornhole Practice (CR)  
 1:00 YOU BE THE JUDGE (Library)  
 2:00 Arts and Crafts with Marta (3rd Floor Kitchen IL)  
 3:00 Knit and Crochet Group (Library)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:30 As the Page Turns with Joan Becker (Library)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday Lorraine Heist!**  
 10:00 Monday Movement Exercise (CR)  
 11:00 Hangman/Domino's (Terrace First Floor Living Room)  
 12:15 Cornhole Practice (CR)  
 1:00 Word Games (Library)  
 2:00 Pennsylvania Dutch Club-Baking (3rd floor kitchen)  
 3:00 Knit and Crochet Group (Library)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:30 As the Page Turns with Joan Becker (Library)  
 9:00 Meditation Series on 901 (901)

10:00 Monday Movement Exercise (CR)  
 11:00 Hangman/Domino's (Terrace First Floor Living Room)  
 12:15 Cornhole Practice (CR)  
 1:00 YOU BE THE JUDGE (Library)  
 3:00 Knit and Crochet Group (Library)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:30 As the Page Turns with Joan Becker (Library)  
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)  
 10:00 Stronger Seniors Stretch (CR)  
 11:00 Farkle Party and Games (Rooster)  
 2:00 Activities and Dining Meeting (Pub)  
 6:00 Chips and Trivia with Jayda (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)  
 10:00 Stronger Seniors Stretch (CR)  
 11:00 Farkle Party and Games (Rooster)  
 2:00 Bocce Ball with Fox Rehabilitation (CR)  
 6:00 Exeter Community Band (Back Patio (weather permitting))  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)  
 10:00 Stronger Seniors Stretch (CR)  
 11:00 Farkle Party and Games (Rooster)  
 1:30 PC Scenic Drive and Ice Cream (DA)  
 6:00 Chips and Trivia with Jayda (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)  
 10:00 Stronger Seniors Stretch (CR)  
 11:00 Farkle Party and Games (Rooster)  
 6:00 Chips and Trivia with Jayda (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 7:00 Fleetwood Mennonite Youth Group Singers (A123)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday Nancy Heffner! Happy Birthday Lois Henne-Tearney!**  
**HAPPY 100th BIRTHDAY EDITH MIRORELL!**  
 9:00 Boyer's Grocery Store (DA)  
 10:00 Stronger Seniors Stretch (CR)  
 11:00 Farkle Party and Games (Rooster)  
 12:00 Birthday's of the Month (PC Dining Room)  
 1:30 Personal Care Scenic Country Drive (DA)  
 6:00 Chips and Trivia with Jayda (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday Marian Gabrielli! Happy Birthday Daniel Smith!**  
 10:00 Town Hall Meeting (A123)  
 10:30 Blood Pressure Checks by Accent Care (LIB)  
 11:00 Dice Games (Rooster Room)  
 11:00 Lunch Trip to Jamison Public House (DA)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:30 Mugsy Therapy Dog Visit (A)  
 3:00 GETTIN' CRAFTY with Pam (3rd Floor Kitchen IL)  
 6:00 Cocktails, Mocktails and Conversations on Patio (Back Patio (weather permitting))  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Wednesday Evening Movie (A2T)

**HAPPY 100th BIRTHDAY ! C. DOUGLAS HANKS!**  
 10:00 Blood Pressure Checks by Accent Care (LIB)  
 10:00 Stretch and Aerobics (CR)  
 11:00 Dice Games (Rooster Room)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:30 Authentic Mennonite Taste and Tell (Pub)  
 6:00 Chips and Trivia with Jayda (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Wednesday Evening Movie (A2T)

**Happy Birthday Margaret Vojtasek!**  
 10:00 Blood Pressure Checks by Accent Care (LIB)  
 10:00 Stretch and Aerobics (CR)  
 11:00 Dice Games (Rooster Room)  
 1:15 PC BINGO (Rooster)  
 2:00 Catholic Mass and Rosary (CR)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:30 Mugsy Therapy Dog Visit (A)  
 6:00 Cocktails, Mocktails and Conversations on Patio (Back Patio (weather permitting))  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Wednesday Evening Movie (A2T)

10:00 Blood Pressure Checks by Accent Care (LIB)  
 10:00 Drum Circle (CR)  
 11:00 Dice Games (Rooster Room)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:30 Veterans Club with Asera Care (Library)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Wednesday Evening Movie (A2T)  
 6:00 Wheel of Fortune (Pub)

10:00 Blood Pressure Checks by Accent Care (LIB)  
 10:00 Stretch and Aerobics (CR)  
 11:00 Dice Games (Rooster Room)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:30 Mugsy Therapy Dog Visit (A)  
 6:00 Cocktails, Mocktails and Conversations on Patio (Back Patio (weather permitting))  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:00 Wednesday Evening Movie (A2T)

**Independence Day**  
 9:00 Garden Club (SP)  
 10:00 Chime Choir Independence Day Performance (A123)  
 10:00 Seated Exercise (CR)  
 12:15 Cornhole Practice (CR)  
 1:30 Presentation by Karl Kostch: Independence Day (CR)  
 3:00 Drink of the Week Pina Colada's (DA)  
 3:00 Happy Hour with Sandy Heisey (A123)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:15 PC Evening Bingo (Rooster)  
 9:00 Meditation Series on 901 (901)

9:00 Garden Club (SP)  
 10:00 Seated Exercise (CR)  
 11:00 Manicures With Donna (T1LR)  
 12:15 Cornhole Practice (CR)  
 1:00 Care for Your Hearing (T2LR)  
 3:00 Drink of the Week Summer Punch (A123)  
 3:00 Happy Hour with Oley Rollers (A123)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:15 PC Evening Bingo (Rooster)  
 9:00 Meditation Series on 901 (901)

9:00 Garden Club (SP)  
 10:00 Seated Exercise (CR)  
 12:15 Cornhole Practice (CR)  
 1:30 Chime Choir Practice (3rd Floor Kitchen IL)  
 3:00 Drink of the Week Arnold Palmer (A123)  
 3:00 Happy Hour with John Bauer (A123)  
 4:00 Dinner Trip to Ozgood's (Robesonia) (DA)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:15 PC Evening Bingo (Rooster)  
 9:00 Meditation Series on 901 (901)

9:00 Garden Club (SP)  
 10:00 Seated Exercise (CR)  
 11:00 Manicures With Donna (T1LR)  
 12:15 Cornhole Practice (CR)  
 1:30 Chime Choir Practice (3rd Floor Kitchen IL)  
 3:00 Drink of the Week Sex on the Beach (A123)  
 3:00 Happy Hour with Massimo Brutto (A123)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 6:15 PC Evening Bingo (Rooster)  
 9:00 Meditation Series on 901 (901)

**LOCATION KEY**  
 T1LR - 1st Floor Terrace Living Room  
 LIB - 2nd Floor Library  
 T2LR - 2nd Floor Terrace Living Room  
 3FLGMR - 3rd Floor Game Room  
 Rooster - 3rd Floor Rooster Room

10:00 Fun Friday with Fox (CR)  
 11:00 Farkle Dice Game (Rooster Room)  
 1:00 Reminisce with I LOVE LUCY SHOW (A2T)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:00 Sing Along (A)  
 6:00 Brain Teasers with Babs and Joan (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

9:45 Boscov's Shopping Trip (DA)  
 10:00 Coffee and Conversation (Pub)  
 10:00 Fun Friday with Fox (CR)  
 11:00 Farkle Dice Game (Rooster Room)  
 1:00 Drama Club (3rd Floor Kitchen IL)  
 2:00 Devotional Group (A2T)  
 2:00 Resident Run Pinochle (3FLGMR)  
 6:00 Brain Teasers with Babs and Joan (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday Shirley Roland!**  
 10:00 Coffee and Conversation (Pub)  
 10:00 Fun Friday with Fox (CR)  
 11:00 Farkle Dice Game (Rooster Room)  
 1:00 Reminisce with I LOVE LUCY SHOW (A2T)  
 2:00 Resident Run Pinochle (3FLGMR)  
 2:00 Sing Along (A)  
 6:00 Brain Teasers with Babs and Joan (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

**Happy Birthday C. Fred Wrobel!**  
 10:00 Coffee and Conversation (Pub)  
 10:00 Fun Friday with Fox (CR)  
 11:00 Farkle Dice Game (Rooster Room)  
 1:00 Drama Club (3rd Floor Kitchen IL)  
 2:00 Devotional Group (A2T)  
 2:00 Resident Run Pinochle (3FLGMR)  
 6:00 Brain Teasers with Babs and Joan (Pub)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

A - Atrium  
 A123 - Atrium all floors  
 CR - Community Room  
 DA - Depart Atrium  
 PO - Post Office  
 Pub - Pub  
 SP - Side Patio (Garden Boxes)  
 A2T - Theater 2nd floor

11:30 KVAF Store (PO)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Card and Board Games (3FLGMR)  
 6:00 Saturday Evening Movie (A2T)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

10:30 Linda on Piano (A123)  
 11:30 KVAF Store (PO)  
 1:00 Annual Fleetwood Football Team Visit (CR)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Card and Board Games (3FLGMR)  
 3:30 Ryker Therapy Dog (A)  
 6:00 Saturday Evening Movie (A2T)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

11:30 KVAF Store (PO)  
 1:15 PC BINGO (Rooster)  
 2:00 Resident Run Card and Board Games (3FLGMR)  
 2:30 Glenn Miller (A123)  
 5:00 Train Trip to Coledalebrook Railroad (DA)  
 6:00 Saturday Evening Movie (A2T)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

10:30 Linda on Piano (A123)  
 11:30 KVAF Store (PO)  
 1:15 PC BINGO (Rooster)  
 2:30 Presentation: Penn Street Part II (CR)  
 3:30 Ryker Therapy Dog (A)  
 6:00 Saturday Evening Movie (A2T)  
 6:00 Seated Exercise Channel 901 (Channel 901)  
 9:00 Meditation Series on 901 (901)

**July 2024**

**Personal Care**  
 Activities Department Director Kristen Kotsch extension: 8357



A DISTINCTIVE RETIREMENT COMMUNITY