

SUN MON TUE WED THUR FRI SAT

Check out our Resident Room TV Channel Tune into channel 901 to see everything happening here at KVAF Both the daily calendar and the days menu are listed along with updates and announcements.

Happy Birthday Stephen Ondik!
 10:00 Hymn Sing (T2LR)
 1:00 Bingo (Pub)
 3:00 Sunday Service with Kissinger's Church (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

10:00 Monday Movement Exercise (CR)
 12:15 Cornhole Practice (CR)
 1:00 Book Club Meeting (Library)
 3:00 Knit and Crochet Group (Library)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (Library)
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)
10:00 Stronger Seniors Stretch (CR)
 1:00 Bingo (Pub)
2:00 Activities and Dining Meeting (Pub)
 6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

Happy Birthday Marian Gabrielli! Happy Birthday Daniel Smith!
 10:00 Town Hall Meeting (A123)
 10:30 Blood Pressure Checks by Accent Care (LIB)
 11:00 Lunch Trip to Jamison Public House (DA)
 2:00 Resident Run Pinochle (3FLGMR)
 2:30 Mugsy Therapy Dog Visit (A)
 3:00 GETTIN' CRAFTY with Pam (3rd Floor Kitchen IL)
 6:00 Cocktails, Mocktails and Conversations on Patio (Back Patio (weather permitting))
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Wednesday Evening Movie (A2T)

Independence Day
 9:00 Garden Club (SP)
 10:00 Chime Choir Independence Day Performance (A123)
 10:00 Seated Exercise (CR)
 11:00 Manicures with Donna (Pub)
 12:15 Cornhole Practice (CR)
 1:30 Presentation by Karl Kostch: Independence Day (CR)
 3:00 Drink of the Week Pina Colada's (DA)
 3:00 Happy Hour with Sandy Heisey (A123)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

10:00 Fun Friday with Fox (CR)
 1:00 Reminisce with I LOVE LUCY SHOW (A2T)
 2:00 Resident Run Pinochle (3FLGMR)
2:00 Sing Along (A)
6:00 Brain Teasers with Babs and Joan (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

11:30 KVAF Store (PO)
2:00 Resident Run Card and Board Games (3FLGMR)
6:00 Saturday Evening Movie (A2T)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

10:00 Hymn Sing (T2LR)
 1:00 Bingo (Pub)
3:00 Sunday Worship with Pastor Martin from Christ Mertz Church (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

Happy Birthday Suzanne Evans!
10:00 Monday Movement Exercise (CR)
 12:15 Cornhole Practice (CR)
 1:00 YOU BE THE JUDGE (Library)
 2:00 Arts and Crafts with Marta (3rd Floor Kitchen IL)
 3:00 Knit and Crochet Group (Library)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (Library)
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)
10:00 Stronger Seniors Stretch (CR)
 1:00 Bingo (Pub)
6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

Happy Birthday Margaret Vojtasek!
 10:00 Blood Pressure Checks by Accent Care (LIB)
 10:00 Stretch and Aerobics (CR)
 1:00 IL Scenic Drive and Ice Cream (DA)
 2:00 Catholic Mass and Rosary (CR)
 2:00 Resident Run Pinochle (3FLGMR)
 2:30 Mugsy Therapy Dog Visit (A)
 6:00 Cocktails, Mocktails and Conversations on Patio (Back Patio (weather permitting))
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Wednesday Evening Movie (A2T)

9:00 Garden Club (SP)
 10:00 Seated Exercise (CR)
 11:00 Manicures with Donna (Pub)
 12:15 Cornhole Practice (CR)
 1:30 Chime Choir Practice (3rd Floor Kitchen IL)
 3:00 Drink of the Week Arnold Palmer (A123)
 3:00 Happy Hour with John Bauer (A123)
 4:00 Dinner Trip to Ozgood's (Robesonia) (DA)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

Happy Birthday Shirley Roland!
10:00 Coffee and Conversation (Pub)
10:00 Fun Friday with Fox (CR)
 1:00 Reminisce with I LOVE LUCY SHOW (A2T)
 2:00 Resident Run Pinochle (3FLGMR)
2:00 Sing Along (A)
6:00 Brain Teasers with Babs and Joan (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

11:30 KVAF Store (PO)
2:00 Resident Run Card and Board Games (3FLGMR)
2:30 Glenn Miller (A123)
5:00 Train Trip to Coledalebrook Railroad (DA)
6:00 Saturday Evening Movie (A2T)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

10:00 Hymn Sing (T2LR)
 1:00 Bingo (Pub)
3:00 Sunday Church Service with Pastor Bush Trinity Bible Church (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

Happy Birthday Lorraine Heist!
10:00 Monday Movement Exercise (CR)
 12:15 Cornhole Practice (CR)
 1:00 Word Games (Library)
 2:00 Pennsylvania Dutch Club-Baking (3rd floor kitchen)
 3:00 Knit and Crochet Group (Library)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (Library)
 9:00 Meditation Series on 901 (901)

9:00 Boyer's Grocery Store (DA)
10:00 Stronger Seniors Stretch (CR)
 1:00 Bingo (Pub)
6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
7:00 Fleetwood Mennonite Youth Group Singers (A123)
 9:00 Meditation Series on 901 (901)

10:00 Blood Pressure Checks by Accent Care (LIB)
10:00 Drum Circle (CR)
 2:00 Resident Run Pinochle (3FLGMR)
2:30 Veterans Club with Asera Care (Library)
 6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Wednesday Evening Movie (A2T)
6:00 Wheel of Fortune (Pub)

9:00 Garden Club (SP)
 10:00 Seated Exercise (CR)
 12:15 Cornhole Practice (CR)
1:30 Chime Choir Practice (3rd Floor Kitchen IL)
3:00 Drink of the Week Sex on the Beach (A123)
3:00 Happy Hour with Massimo Brutto (A123)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

Happy Birthday C. Fred Wrobel!
10:00 Coffee and Conversation (Pub)
10:00 Fun Friday with Fox (CR)
 1:00 Drama Club (3rd Floor Kitchen IL)
 2:00 Devotional Group (A2T)
 2:00 Resident Run Pinochle (3FLGMR)
6:00 Brain Teasers with Babs and Joan (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

10:30 Linda on Piano (A123)
11:30 KVAF Store (PO)
2:30 Presentation: Penn Street Part II (CR)
3:30 Ryker Therapy Dog (A)
6:00 Saturday Evening Movie (A2T)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

Happy Birthday Brenda Grinder!
 10:00 Hymn Sing (T2LR)
 1:00 Bingo (Pub)
3:00 Sunday Church Service with Becky Wright (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

10:00 Monday Movement Exercise (CR)
 12:15 Cornhole Practice (CR)
 1:00 YOU BE THE JUDGE (Library)
3:00 Knit and Crochet Group (Library)
 6:00 Seated Exercise Channel 901 (Channel 901)
6:30 As the Page Turns with Joan Becker (Library)
 9:00 Meditation Series on 901 (901)

Happy Birthday Nancy Heffner! Happy Birthday Lois Henne-Tearney!
HAPPY 100th BIRTHDAY EDITH MIRORELLI!
 9:00 Boyer's Grocery Store (DA)
10:00 Stronger Seniors Stretch (CR)
 11:30 Birthday's of the Month (IL Dining Room)
 1:00 Bingo (Pub)
 6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

10:00 Blood Pressure Checks by Accent Care (LIB)
10:00 Stretch and Aerobics (CR)
1:00 Independent Living Scenic Country Drive (DA)
 2:00 Resident Run Pinochle (3FLGMR)
 2:30 Mugsy Therapy Dog Visit (A)
 6:00 Cocktails, Mocktails and Conversations on Patio (Back Patio (weather permitting))
 6:00 Seated Exercise Channel 901 (Channel 901)
6:00 Wednesday Evening Movie (A2T)

LOCATION KEY
 LIB - 2nd Floor Library
 T2LR - 2nd Floor Terrace Living Room
 3FLGMR - 3rd Floor Game Room
 A - Atrium
 A123 - Atrium all floors

CR - Community Room
 DA - Depart Atrium
 PO - Post Office
 Pub - Pub
 SP - Side Patio (Garden Boxes)
 A2T - Theater 2nd floor

July 2024

Independent Living

Activities Department Director Kristen Kotsch extension: 8357



A DISTINCTIVE RETIREMENT COMMUNITY