









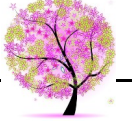






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Birthday</b> May 1 Roger Santos May 4 Nancy Griffith May 4 Steve Clanin May 7 Pat Brown May 10 Sheryl Whisenhunt May 11 Caroline Harruff May 12 Deborah Roden May 12 Dana Barker 	May 13 Joan Jennings May 16 Ross Henry May 20 Evangeline Norton May 21 Nadene Ross May 25 Donna Boos May 27 Marge Lynch May 31 Sam Jennings May 31 Audrey Stolz	1 <b>10:00 Christi's Chair Exercises</b> <b>10:30 Crochet &amp; Knitting Club</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>3:00 Quarter Bingo</b>	2 <b>10:00 Chair Exercise w/Empower me wellness</b> <b>11:00 Quarter Bingo</b> <b>1:00 Bridge in the Sunroom</b> <b>1:00 Mahjong: private dining</b> <b>3:00 Yahtzee</b>	3 9:15 Trivia <b>10:00 Chair Exercise w/ Empower me wellness</b> <b>10:30 Water Aerobics-sign up</b> <b>10:30 Supportive Chat: activity rm</b> 1:00 Shopping: Bel Air: sign up 2:00 Pinochle <b>2:00 Presentation: Local Wildlife-w/Paul Anderson-activity room</b> <b>4:00 Cocktail Hour with a taste of Mexico</b> 4:30 Music by: Tom Power 	4 <b>10:00 Trivia</b> <b>11:00 Quarter Bingo</b> <b>12:00 Movie: Netflix: "Freud's last session"</b> <b>3:00 Cardio Drumming-activity room</b>
5 8:30 Bus to Catholic Church 9:30 Bus to Gold Country Baptist 9:30 Bus to Methodist Church 10:00 Sunday Brunch 10:30 Bus to Catholic Church & Lutheran 1:00 Mahjong 1:00 Bridge at Ponte Pete's <b>12:30 Movie: Netflix: "Keys to the Heart"</b> <b>3:00 Sing-A-Long w/Fionna</b>  	6 <b>10:00 Motown Monday Chair Exercise w/Christi</b> <b>1:00 Bridge: private dining rm</b> <b>1:00 Scenic Drive-sign up</b> <b>3:00 Quarter Bingo</b>	7 <b>10:00 Coffee &amp; Donuts @ Pete's</b> <b>10:00 Chair Exercises w/ weights</b> <b>10:45 Catholic Holy Communion</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>11:00 Cribbage: private Dining rm</b> <b>1:00 Bridge at Ponte Pete's</b>	8 <b>10:00 Christi's Chair Exercises</b> <b>10:30 Crochet &amp; Knitting Club</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>3:00 Quarter Bingo</b> 	9 <b>10:00 Chair Exercise w/Empower me wellness</b> <b>11:00 Winery: Bumgarner Winery-sign up</b> <b>11:00 Quarter Bingo</b> <b>1:00 Bridge in the Sunroom</b> <b>1:00 Mahjong: private dining</b> <b>3:00 Book Club</b>	10 <b>9:15 Trivia</b> <b>10:00 Chair Exercise w/ Empower me wellness</b> <b>10:30 Water Aerobics-sign up</b> <b>10:30 Supportive Chat: activity rm</b> 1:00 Shopping: Bel Air: sign up <b>2:00 Pinochle</b> <b>4:00 Cocktail Hour</b> <b>4:30 Music by: Andrii Liesnyi-Sax</b> 	11 <b>10:00 Walking Club</b> <b>10:00 Trivia</b> <b>11:00 Quarter Bingo</b> <b>12:00 Movie: Netflix: "Megan Leavey"</b> <b>3:00 Cardio Drumming-activity room</b> 
12 8:30 Bus to Catholic Church 9:30 Bus to Gold Country Baptist 9:30 Bus to Methodist Church <b>10:00 Church Service, activity room</b> <b>10:00 Mother's Day Brunch-sign up at front desk</b> 10:30 Bus to Catholic Church & Lutheran 1:00 Mahjong 1:00 Bridge at Ponte Pete's <b>12:30 Movie: Netflix: Woman in Gold</b> <b>3:00 Sing-A-Long w/Fionna</b>	13 <b>10:00 Motown Monday Chair Exercise w/Christi</b> <b>1:00 Bridge: private dining rm</b> <b>1:00 Scenic Drive-sign up</b> <b>3:00 Quarter Bingo</b>	14 <b>10:00 Coffee &amp; Donuts @ Pete's</b> <b>10:00 Chair Exercises w/ weights</b> <b>10:45 Catholic Holy Communion</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>11:00 Cribbage: private Dining Rm</b> <b>1:00 Bridge at Ponte Pete's</b> <b>1:15 Hearing Aid cleaning: sign up</b> <b>2:30 Sing-A-Long w/Ukulele Club-Activity Room</b>	15 <b>10:00 Christi's Chair Exercises</b> <b>10:30 Crochet &amp; Knitting Club</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>3:00 Quarter Bingo</b>	16 <b>10:00 Chair Exercise w/Empower Me Wellness</b> <b>11:00 Quarter Bingo</b> <b>1:00 Bridge in the Sunroom</b> <b>1:00 Mahjong: private dining</b> <b>3:00 Yahtzee</b>	17 <b>9:15 Trivia</b> <b>10:00 Chair Exercise w/ Empower Me Wellness</b> <b>10:30 Water Aerobics-sign up</b> <b>10:30 Supportive Chat: activity rm</b> 1:00 Shopping: Forklift: sign up <b>2:00 Pinochle</b> <b>4:00 Cocktail Hour</b> <b>4:30 Music by: Midtown Jazz</b>	18 <b>1:00 Lunch, Desserts, Champagne, Prizes, Jewelry for sale and much more! Dress up &amp; Sign up at the front desk</b> 
19 8:30 Bus to Catholic Church 9:30 Bus to Gold Country Baptist 9:30 Bus to Methodist Church 10:00 Sunday Brunch 10:30 Bus to Catholic Church & Lutheran 1:00 Mahjong 1:00 Bridge at Ponte Pete's <b>12:30 Movie: Netflix: Nigerian Prince</b> <b>3:00 Sing-A-Long w/Fionna</b>	20 <b>10:00 Motown Monday Chair Exercise w/Christi</b> <b>1:00 Bridge: private dining</b> <b>2:00 Resident Meeting</b> <b>3:00 Quarter Bingo</b> 	21 <b>10:00 Coffee &amp; Donuts @ Pete's</b> <b>10:00 Chair Exercises w/ weights</b> <b>10:45 Catholic Holy Communion</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>11:00 Cribbage: private dining rm</b> <b>1:00 Bridge at Ponte Pete's</b> 	22 <b>10:00 Christi's Chair Exercises</b> <b>10:30 Crochet &amp; Knitting Club</b> <b>11:00 Lunch Outing: The Fat Rabbit in Folsom-sign up</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>3:00 Quarter Bingo</b> <b>2:00 Book Mobile: outside clubhouse</b>	23 <b>10:00 Chair Exercise w/Empower Me Wellness</b> <b>11:00 Quarter Bingo</b> <b>1:00 Bridge in the Sunroom</b> <b>1:00 Mahjong: private dining</b> <b>3:00 Yahtzee</b>	24 <b>9:15 Trivia</b> <b>10:00 Chair Exercise w/ Empower Me Wellness</b> <b>10:30 Water Aerobics-sign up</b> <b>10:30 Supportive Chat: activity rm</b> 1:00 Shopping: Bel Air: sign up <b>2:00 Pinochle</b> <b>4:00 Cocktail Hour</b> <b>4:30 Music by: Crystal Image</b>	25 <b>10:00 Walking Club-Cameron Park Lake-sign up \$2.00</b> <b>10:00 Trivia</b> <b>11:00 Quarter Bingo</b> <b>12:00 Movie: Netflix: "You've got mail"</b> <b>3:00 Cardio Drumming-activity room</b> 
26 8:30 Bus to Catholic Church 9:30 Bus to Gold Country Baptist 9:30 Bus to Methodist Church 10:00 Sunday Brunch 10:30 Bus to Catholic Church & Lutheran 1:00 Mahjong 1:00 Bridge at Ponte Petes <b>12:30 Movie: Netflix: "It ain't over"</b> <b>Yogi Berra documentary</b> <b>3:00 Sing-A-Long w/Fionna</b>	27 <b>10:00 Motown Monday Chair exercise w/Christi</b> 1:00 Bridge: private dining rm 1:00 Scenic Drive-sign up <b>2:00 Music: GOLD RUSH CHORUS SINGING: Clubhouse</b> <b>3:00 Quarter Bingo</b> 	28 <b>10:00 Coffee &amp; Donuts @ Pete's</b> <b>10:00 Chair Exercises w/ weights</b> <b>10:45 Catholic Holy Communion</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>11:00 Cribbage: private Dining rm</b> <b>1:00 Bridge at Ponte Pete's</b> <b>2:00 Chef's Corner w/Chef Alex: clubhouse</b> 	29 <b>10:00 Christi's Chair Exercises</b> <b>10:30 Crochet &amp; Knitting Club</b> <b>11:00 Ukulele Club &amp; Lessons</b> <b>3:00 Quarter Bingo</b>	30 <b>10:00 Chair Exercise w/Empower Me Wellness</b> <b>11:00 Quarter Bingo</b> <b>1:00 Bridge in the Sunroom</b> <b>1:00 Mahjong: private dining</b> <b>1:00 ARTS &amp; CRAFTS: sign up</b> <b>3:00 Yahtzee</b>	31 <b>9:15 Trivia</b> <b>10:00 Chair Exercise w/ Empower Me Wellness</b> <b>10:30 Water Aerobics-sign up</b> 1:00 Shopping: Bel Air: sign up <b>2:00 Pinochle</b> <b>2:30 Virtual Reality-activity room</b> <b>4:00 Cocktail Hour</b> <b>4:30 Music by: Linda Ingoglia</b> 	<b>Happy Anniversary</b> <b>Mike &amp; Sue Prall</b> <b>May 17</b> <b>Bob &amp; Marsali Caldwell</b> <b>May 25</b> 