

#### REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

## Ingleside Communities

Check out our Facebook and tiktok page to see some of the highlighted events we are doing in activities. <u>Bit.ly/fb-ing</u>

#### Laundry Reminder:

If you purchase clothing for a loved one, it is very important that laundry labels the clothing with the resident's name. Please bag the new item up and put a tag on it "to be labeled" with the resident's name. Give the bag to the receptionist and she will place it in the bin. Any questions, please ask a staff member.



407 North 8th Street, Mount Horeb, WI 53572 608-437-5511 Kevin Lawrence, Administrator Brynna Urich, Admissions, Crystal Becker, Activities Like Us On Facebook TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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InglesideCommunities.org



Pick up a calendar in the activity room for events!









Another day we had reptiles and birds visit us!



Later on we had one of our vary own nurses Brittney and her daughter Tatum bring in their bunny for a visit. Nurse Brittney and daughter Tatum also showed us how to make slime in one our science experiment hours.





Mosey, one our dog volunteers has been visiting us weekly.

## Staff Birthdays!

| Mignot U.  | 6/1  |
|------------|------|
| Andora     | 6/2  |
| Mary S.    | 6/5  |
| Addy K.    | 6/5  |
| Joshua M.  | 6/5  |
| Susan L.   | 6/10 |
| Diane S.   | 6/13 |
| Iranea M.  | 6/17 |
| Potina C.  | 6/17 |
| Lyndsay R. | 6/21 |
| Margret L. | 6/28 |
| Ashley J.  | 6/24 |
| Jane Á.    | 6/29 |
|            |      |

## MORE ACTIVITY PHOTO HIGHLIGHTS



We have been enjoying the fresh air as weather permits us!

#### Staff Anniversaries!

Community Members, We are looking for lift chairs (2 button remotes preferred) and flat screen tvs that are working both picture/sound. Feel free to call Ingleside 608.437.5511 to drop off

# We're welcoming new residents!

Call 608-470-4046 to schedule a tour today for any of our continuum of care senior living options:

- Independent Senior Apartments
- Assisted Living Apartments
- Inpatient/Outpatient Rehab Therapy
- Skilled Nursing/Long Term Care



Made Earth Day Cupcakes with Earth Day Trivia



Celebrated birthdays



The plants were for the local schools/teachers for teacher appreciation week.



We hosted a volunteer appreciation lunch in, Thank you again to all of our gracious volunteers!



Science Hours- Made Homemade Soap and another we mined for minerals/rocks!



INGLESIDE









ott tirst month's rent tor new move-ins to Inglewood Independent Senior Apartments! Tell your friends...

Applies to move-in dates 5/31/24-7/31/24. See Admissions for details.

## **Employees of the Month**



Erin P., Resident Assistant. Hi, my name is Erin Pauley, I prefer she/her pronouns, and I'm 23 years old. I've been working at Ingleside for three months now and I can tell already from my short time here that I will be staying for guite awhile. I have found myself feeling very at home here thanks to the professionalism and kindness of my fellow team members. I decided recently that I would like to start my journey towards becoming a nurse and Ingleside has proven the perfect place to start. l live near Ingleside with my loving girlfriend, Jade. We have a wonderful dog named Lena, who enjoys coming into visit her friends in Inglehaven. We also have a very sweet ball python named Pumkin Pie and a mouse named Duvo, who prefer their own company. In my free time I like to play guitar, learn about game development, paint, and read. I like exploring new hobbies and talking with residents and the more experienced staff to learn and have new experiences as often as I can. I did not expect to love working in healthcare as much as I do when I first started, I wanted to try something new to broaden my horizons but was intimidated by the responsibilities that come with being a caretaker. The kind and wise words of the residents I get to work with on a daily basis as well as the staff members around me that always demonstrate such dedication and love for the residents they care for has eased that intimidation and truly given me a fantastic place to learn and grow for the near future. I'm grateful for the nomination as employee of the month and am looking forward to continuing to push myself to improve and work hard to deserve this nomination. Thank you.

#### Claudia T., Activity Assistant.

My name is Claudia Marcella Temby. My two sisters and I were adopted together by two awesome parents in 1989. I've lived in Mount Horeb ever since. After high school, I got an associates degree in child care and development. I worked in daycares for a few years. I then worked at an assisted living place for a little while. Then I finally came here. I first started in housekeeping and then moved to activities. On July 1st, it will be 10 years that I have worked here. I'm so thankful for all of this.



If you are looking to donate a specific item, we have an amazon wish list: <u>bit.ly/i-wishes</u> Thank you for your continued support!



# Get active in the outdoors

During National Great Outdoors Month, there are numerous events and activities that take place throughout the country. Whether a lunchtime cookout, sitting on the porch in a rocker, or even a simple walk in the park, enjoy the wonders of the great open air. The best way to start celebrating is by making a list of fun things to do outside.

## Try some of these light activities:

- Practice yoga or light stretching on the lawn
- Visit a local park to birdwatch or fly a kite
- Take a walk with a friend
- Tend to a flower box, herb or vegetable garden.
- Play chess or cards on the porch or enjoy lawn games
- Read or enjoy a rocking chair leisurely in the sun
- Host or attend an outdoor cookout, lunch or picnic
- Visit a local zoo, park or nature preserve

#### Feeling more ambitious? Try these activities:

- Go fishing or golfing
- Go for a swim in an outdoor pool or lake
- Go boating or kayaking,
- Go for light to moderate hike with friends



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Word Search

Find and circle the 20 words listed. The words are hidden diagonally, across, and up and down. All words are forward-reading. Good luck!



E Υ Κ F Х Υ U Υ W Ρ Κ L J С U Ζ D Υ U Т G F Ζ Т 0 G Е Т Е А Т Ρ L Y Н R Т Ν Т Ζ Е 0 Y G F W Ρ S В U Κ L В R Н Т S L 0 G F А Ω С Н Υ F L S V Х V Ω F Υ S S С н F Ζ D Ρ Т F U Ρ С Y D М D W V U W L Y M С R Ο F С S Ζ Е А U R А Ν Υ А Ο Α R Q Ν S S S С G Ζ Q Ε Т R U Ζ Ε W Е D W Т Ν L S W U W В F В Ν S U Μ С М D Υ Н Y R Μ R В S Т Υ Х L Ρ R D Μ А Ρ Х Ν J Υ W Ζ U D Μ U U Т F L С М Т А Ρ J S V Е S F Е Ο Н S В R D А S K D V G А D Μ Α V J S S 7 0 J Х Α R А Х D Υ L D Α D Ρ  $\bigcirc$ 1 S С С Е U Μ D J В R Ρ С V Α Ν Ζ Ζ В Т F В R Т G S W F  $\bigcirc$ D S J V Κ Ν J J В L L E Y U Κ V R А  $\bigcirc$ Υ В S Κ W V U М Α 0 Е S Ο F Ο А R Н Т Κ G G Υ Ν Н D N J Н W F Х Q 0 Ν D Ο S Ο 0 F S Ν Н Υ V Ε L Т Ρ Κ L U R J Ο Т Ν R D Q Α J Н Ρ Т Ρ L R S 1 G С В Ω S S G Ν N N Ο 1 Μ Х Ν F Х D Ρ Ρ А D R U Ζ Х G G U U D G А А N R Т С Ρ С G Y D R Е W Е А N Т Υ Ν Т Т Ζ F R Н С В Ζ Ζ S Μ Т Q С J U Κ V V А Υ Υ S Y Ο Ν Т W S Т W А Т Е R Μ Ε L Ο Ζ Т N Т D Ν F Т Х Н Т W F F Н Ο D Ο G S Ο Α L G MZRQ Ζ Α С С E С R E А В S Y Т

BARBECUE FAMILY FISHING FLOWERS FRIENDS

THANK .. YOU

FUN HOT HOTDOGS HYDRATION ICE CREAM LEMONADE PICNIC SANDALS SUMMER SUNGLASSES SUNHAT SUNSHINE TOGETHER WATER WATERMELON

# NATIONAL CNA WEEK IS JUN 13-19

Whether it's a caring deed, a warm smile, or a moment of connection, CNAs make our residents' lives better. Thank you to all CNAs for the dedicated work you do.