

Birthdays

Deborah M. 6/7

Thomas E. 6/15

Stanley B. 6/17

June F. 6/24

John K. 6/27

Staff:

Resident:

Musical Highlights This Month

12

1:00 pm Carol Jean Sing-a-Long

2:30 pm Bobby G Guitar 2:00 pm Charlene Folk

18

26

6:00 pm Kevin Wills

1:30 pm Steve Floyd



Desiree Mosley 6/1 Danielle Ybarra 6/2 Makylie Simmons 6/2 Donna Donakowski 6/6 Latara Collins 6/10 **Jonathan Vitale 6/23** Alyssa Duff 6/26 Yolanda White 6/28





FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

UNIVERSITY CONNECT

JUNE 2024



Redefining Retirement Living

SINGH

3250 Walton Blvd. Rochester Hills, MI 43309 www.waltonwood.com 248-375-2500



Environmental Services Manager

Katelyn Pescola IL Life Enrichment Manager

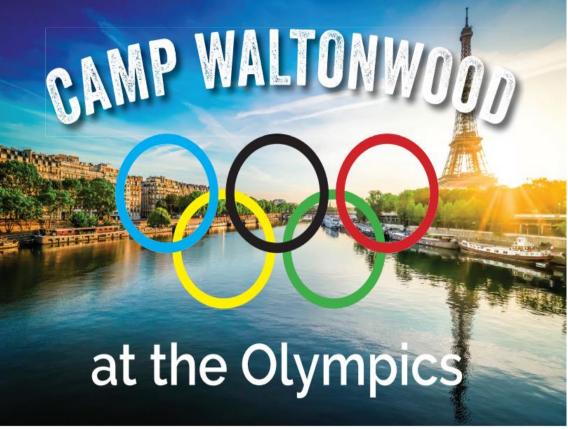
Donna Donakowski AL Life Enrichment Manager

Celeste Roth Marketing Manager

Derricka Mason Resident Care Manager

Fatima Berry Wellness Coordinator

Tammy Collins **Business Manager**



Create Olympic-size Memories at Waltonwood University

Friday, June 21st, 5:30 - 7:30 p.m.

You and your grandchild(ren) are invited to join us for some friendly competition with sports challenges, creative activities, refreshments, and a celebration around the podium.

FUN FOR KIDS AGE 4 - 12

A parent or guardian must remain on-site with all of our campers.



SPACE IS LIMITED! RSVP FOR YOU AND YOUR YOUNG ATHLETE(S) BY JUNE 14TH

248-375-2500

3250 Walton Blvd., Rochester Hills, MI 48309

1 PHE

www.Waltonwood.com | www.SinghCareers.com

Employee Spotlight- Fatima Berry

Hi I'm Fatima! I am very happily single, and I love exercise, particularly soccer! If you see me, ask about my favorite soccer team. I tell you who they are, but only if they are winning! I was approached to do care giving when I was 18, but I declined it because I did not think I could do it. But after a while, I decided to try it and turns out that I love it! I really enjoy working individually with each resident to get their needs met and making them smile each day. I also enjoy working collaboratively with the resident care team to create a safe and comfortable place for all of our residents. I am very happy to be part of this team.

May Highlights

1

May Day Posey Making

9

Mother's Day Buffet

2

Kentucky Derby Party

Tuesdays

Manicures









Alzheimer's and Brain Awareness Month

June is Alzheimer's and Brain Awareness Month, an annual observance raising awareness on Alzheimer's disease and other dementias. For years the Waltonwood family has partnered with the Alzheimer's Association to support the mission of a world without Alzheimer's and other dementias. While there still may not be a cure, taking proactive steps and developing healthy lifestyle habits have been shown to slow the onset of the disease and delay its debilitating effects. Much like heart heath, cognitive health can benefit greatly from increasing physical activity and exercise, eating a well-balanced nutrient rich diet and effectively managing stress. It's never too early or too late to start taking better care of ourselves and small changes today can help lead to healthy years to come.

Visiting Dentist June 6, 2024

Care provided:

Cleanings* Exams* X-rays* Fillings* Gum treatment* Extractions Crowns & Bridges* Dentures* Partials* Repairs* Denture evaluation.

PLEASE CALL TO MAKE AN APPOINTMENT WITH DR. MANSOUR 586-873-5567

Residents have the option to receive dental treatment in their apartment.

Payment in full is required at the time of service. We do not participate with Medicare or dental insurance plans. However, if a patient has dental insurance and full payment has been made; Portable Dental Services will submit dental insurance claim free of charge. The dental insurance company will send the refund check to the patient. For more information, call **586-873-5567**

June

6

Visiting Dentist

21

Camp Waltonwood

Olympic Theme

14

Father's Day Lunch in IL dining room, please RSVP with Activities or Front Desk



Executive Corner

With Memorial Day in the books, we can officially say "summer is here." Summertime in Michigan is one of my favorite seasons of all. Personally, I enjoy being outside as much as I can to soak in the beautiful sunshine! Activities like golf, biking, grilling, being on my boat, and even lounging by the pool are some of my favorite things to do. I encourage everyone to get outside this summer, and take advantage of our beautiful Michigan weather!

Here at Waltonwood, we are looking forward to a few summer events we have planned for our residents, staff, and families. In the week leading into Father's Day weekend, we are arranging a community BBQ to celebrate all of our amazing Father's in the community! On June 21st, we are hosting our 3rd annual Camp Waltonwood. For many of you who have not experienced this event, this is an event for everyone apart of our Waltonwood family to enjoy. Our theme this year is "Olympics" with the summer Olympics 2024 being in Paris, France! More information to come as we get closer to the date.