

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JUNE 2024

Memory Care



<p>9:00 Morning Exercise 9:30 Bingo 10:30 Color My World 1:00 Snack Break 3:00 Table Games & Puzzles 3:30 Folding Laundry Nancy 4:30 Evening Movie</p>	<p>9:00 Music and Movement 9:30 Scenic Drive 1:00 Color my World 1:30 Music with Larissa 1:30 Snack Break 2:00 Ring Toss 5:00 Evening Movie</p>	<p>9:00 Music and Movement 10:00 Bingo 12:30 Color my World, DR 1:00 Novari Primary Care 1:30 Snack Break 2:00 Sing Along 5:00 Evening Movie</p>	<p>9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Fun Sitcoms 1:00 Afternoon Exercise 1:30 Snack Break 2:00 Balloon Volleyball 3:00 Walking Group 3:30 Molly Time 5:00 Evening Movie</p>	<p>9:00 Music and Movement 10:00 Catholic Prayers 1:00 Novari Primary Care 1:00 Strike Up the Band 1:30 Snack Break 2:00 Walking Club 3:00 Sensory Bin Activity 5:00 Evening Movie</p>	<p>9:00 Meet n' Greet 9:30 Morning Exercise 10:00 Cooking with Nancy 10:30 Mini Horse Visit 1:00 Art Fun 1:30 Snack Break 3:00 Music with Carol 3:00 Walking Club 5:00 Evening Movie</p>	<p>9:00 Morning Exercise 10:30 Music Time 1:00 Balloon Volley Ball 1:00 Snack Break 2:00 Color my World 3:00 Table Games 3:30 Walking Club 4:30 Evening Movie</p>
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THE MONTHLY GAZETTE

June 2024

"What is one to say about June, the time of perfect young summer, the fulfillment of the promise of the earlier months, and with as yet no sign to remind one that its fresh young beauty will ever fade."

~ Gertrude Jekyll



Tree of the Month – Oak

Oak trees have been growing on Earth for an estimated 45 million years. These massive trees begin life as acorns. From these small nuts, which contain one to two oak seeds, the mighty oak grows, reaching between 40 and 80 feet in height with a spread of 60 to 100 feet. Many animals eat acorns, including squirrels, badgers, and mice. Raw acorns are toxic to humans and have a bitter taste. However, when the tannins are leached out, acorns are safe to consume and can be eaten either whole or ground into an acorn meal or flour. The mighty oak tree is



the symbol of Zeus, as it embodies power, strength, longevity, justice, and fertility. Oak wood is very strong and beautiful. Woodworkers use it for making homes, furniture, and cabinetry. While many trees have smooth bark, the oak's bark is rough, wrinkly, and bumpy. Its bark grows very fast, allowing it to repair itself quickly, retain moisture, and survive in dry climates.

Special Days

Shavuot Begins at
Sundown

June 11

D-Day

June 6

Flag Day (U.S.)

June 14

Father's Day

June 16

Juneteenth

June 19

First Day of Summer
(Northern Hemisphere)

June 20

Flower – Rose



June's flower is the fragrant and beautiful rose. A symbol of love, its name comes from the Latin word *rosa*, which means "red."

Since primitive times, roses have been used in perfumes, medicines, and foods. Recently, archaeologists discovered the fossilized remains of wild roses over 34 million years old. Each rose color has its own meaning. A white rose symbolizes purity, a red rose means love and romance, pink stands for happiness, and yellow signals friendship.

Birthstone – Pearl



The pearl is a unique birthstone. All other birthstones are formed by inorganic substances like rocks, but pearls are created by a living thing—a mollusk, such as a clam or a mussel. When an irritant like sand gets inside the mollusk's shell, the mollusk secretes an iridescent substance called *nacre* (also known as "mother of pearl") to seal it off.

Pearls come in a variety of shapes, sizes, and colors, and the color depends on the kind of mollusk and its habitat. The pearl is a symbol of loyalty, friendship, and purity.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Happy Birthday:

Special Activities

Scenic Drive with Dianna ~ June 3rd @ 9:30 AM

Music with Larissa ~ June 3rd @ 1:30 PM

Mini GM Horse Visit ~ June 7th @ 10:30 AM

Music with Carol ~ June 10th @ 1:30 PM

Music with Randy ~ June 11th @ 1:30 PM

Strike Up the Band with Barb ~ June 13th @ 1:00 PM

Art Fun ~ June 14th @ 1:00 PM

Scenic Drive with Dianna ~ June 17th @ 9:30 AM

Cooking with Nancy ~ June 21st @ 10:00 AM

Music with Larissa ~ June 24th @ 1:30 PM

Music with Randy Rogers ~ June 25th @ 1:30 PM

Fun Sitcoms ~ June 26th @ 10:00 AM

Strike up the Band ~ June 27th @ 1:00 PM

Sensory Bin Activity ~ June 27th @ 3:00 PM