



Community Connections

Spring 2024

CLINTON | COLUMBIA | FLORENCE | FOOTHILLS | LAUREL CREST | SUMMERVILLE

MOTHER'S DAY ART FROM A RESIDENT WITH MANY TALENTS

he 2024 Mother's Day Offering art comes from the easel of physician, Army nurse, Vietnam veteran, grandmother, mother, and Christmas Day baby, Dr. MaryAnne Stoeppler. We are pleased to showcase the art of a woman with big dreams and the skills to accomplish them. Never having received formal training beyond a few workshops and classes in this artistic technique, she has always considered herself a dabbler in the art of watercolor painting.

As a member of the U.S. Army Nurse Corps holding the rank of First Lieutenant she was stationed in Da Nang, Vietnam, from 1968 to 1969, where she skillfully cared for soldiers wounded in battle and nursed many of them back to health. After leaving the military, she chose



MaryAnne Stoeppler

to expand her skills by entering the Texas College of Osteopathic Medicine. Graduating in 1980, she went on to complete a residency in Anesthesiology at Vanderbilt University, and practiced in Tennessee and South Carolina. She and her late spouse, Gabe, were for many years residents of Chesnee, SC, and he was a Certified Public Accountant and Professor of Business at Limestone College in Gaffney.

A resident of The Foothills Retirement Community since December 2022, MaryAnne finds great joy in the camaraderie of friends around the community and family throughout the Upstate. This year's Mother's Day art shows clearly MaryAnne's love for the outdoors and for her family.



The beauty of Edisto Island and the pleasure her family found vacationing there over more than 20 years sparked her interest in creating art that radiated their joy. This year's Mother's Day Offering art, capturing MaryAnne's granddaughter Gabriela enjoying the Edisto surf, is titled "Pure Joy" for that very reason. Gabriela, now a teenager, is the proud owner of this treasured piece of personal art.

We thank Dr. MaryAnne Stoeppler for the honor of sharing her art with the many generous supporters of PCSC as we celebrate the 70th Mother's Day Offering. We invite you to support this important bedrock of the PCSC ministry that assists residents who, through no fault of their own, have outlived their life's savings and need financial assistance to continue calling Presbyterian Communities home. Thank you for your generosity.

SHORT-TERM REHABILITATION: AN EXAMPLE OF EXCELLENCE

A few years ago, Presbyterian Communities of South Carolina added Medicare-reimbursed post-acute care to its line of services. This short-term rehabilitation is offered at five of our campuses (Clinton, Columbia, Florence, Foothills, and The Village) in healthcare units certified by the Centers for Medicare and Medicaid Services (CMS).

Seniors can use this service when they are ready to discharge from hospital care (say, due to an illness or surgery) but are not yet ready to return home. During this short stay, they receive high-quality physical, occupational and speech therapy as prescribed, along with whatever skilled care they need. The goal is to help these short-stay residents get stronger so they can return home and be independent as soon as possible.

CMS rates all certified units using a 5-star system ("5" being the best) called "Care Compare." This rating is based on health inspections, staffing levels and quality of care measures. I am excited to tell you that since last summer, **all five of PCSC's rehab units have been rated "5-star."** Only about 20 percent of all the CMScertified units in the country receive a 5-star rating. That alone is a remarkable achievement and something to celebrate.



But there is more. Late last year, U.S. News and World Report released their own ratings using a somewhat different set of quality measures. Once again, these five campuses were awarded the top rating, the **"Best Nursing Home"** award. Only 13 percent of the healthcare units reviewed nationally received this "Best" rating.

Perhaps you are wondering: How many healthcare units in the country received both CMS's "5-star" rating and the U.S. News "Best" rating? Only 5 percent. Clearly, it was not an easy feat for all five of PCSC's rehab units to score like this on two different quality ratings.

I am truly grateful to the staff who have worked diligently and wisely to position our short-term rehab program for this kind of excellence. These things only happen when everyone shares a common intention and works together to achieve it. As someone who is reading this because they care about our mission, I hope you will celebrate this achievement with us.

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Reverend Dr. Franklin Fant President and CEO





The PCSC Foundation is a 501(c)(3) tax-exempt, non-profit organization that receives and manages charitable gifts given to support the mission and ministry of Presbyterian Communities of South Carolina (PCSC). You can make your charitable gifts to PCSC payable to the PCSC Foundation. Your gifts are tax-deductible to the extent allowed by law.

Celebrating 70 Years

I've heard there is a big anniversary being celebrated this year!

In the Fifth Commandment, we are told, "Honor your father and your mother" (Exodus 20:12 NRSV). Scripture later declares "Show respect to the aged; Honor the presence of an elder; Worship the Lord" (Leviticus 19:32 The Message).

In 1954, Presbyterians in South Carolina responded to scripture by receiving the first Mother's Day Offering in support of what would become Presbyterian Communities of South Carolina. Four years later, 20 older mothers and fathers–elders of our churches–entered their new home in Summerville. There, they would find fellowship; opportunities to remain physically, mentally, emotionally, and spiritually active; and a helping touch when needed. Today, 70 years after that first offering, nearly 950 older adults reside in six PCSC communities across the state.

While much has changed over the last 70 years, the purpose of Presbyterian Communities has remained the same. PCSC continues to be an expression of the care South Carolina Presbyterians have for older adults who are no longer able or willing to remain in their own homes. In celebration of seven decades of mission-driven service, you are again invited to give generously to the Mother's Day Offering. Your gift, whether large or small, will be used exclusively to provide charitable care for residents of Presbyterian Communities who, through no fault of their own, have outlived their life's savings. By honoring our fathers and mothers in this way, you help ensure that those with need can continue to call Presbyterian Communities home.

Thank you for joining us in celebrating the 70th anniversary of the Mother's Day Offering. Your prayers, your trust, and your support are vital to this ministry's success.

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Bill McConnell, Director of Foundation Services and Church Relations



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PCSC LEADERS CHOSEN FOR STATEWIDE EXCELLENCE AWARDS



Three members of the PCSC staff were recently selected to receive Excellence in Caring and Excellence in Leadership Awards from LeadingAge SC. LeadingAge is the statewide advocacy organization for not-profit senior living communities in South Carolina.

For each of these awards, employees are nominated by their communities' leaders, who consistently see their work and interactions with residents, family members, visitors, and other staff members. All three awards recognize employees for service that exceeds expectations and contributes to making the community a better place.



Bonita Bennett, CNA, of the Columbia Presbyterian Community received the Excellence in Caring - Caregiver Award. Bonita recently retired from PCSC after nearly 30 years of service in Cassels Health Care Center. Cindy Robbins, Executive Director of the Columbia Community, said in Bonita's nomination, "A good caregiver is efficient, professional, knowledgeable, and friendly. A great caregiver is all of this and more. The great ones have the ability to make residents feel safe, loved, and dignified at times when they are feeling most vulnerable. Bonita exemplifies what a great caregiver is made of."



Linda Burris, receptionist in the Katherine R. Ligon Health Care and Rehabilitation Center at The Village at Summerville, received the Excellence in Caring - Support and Service Staff Award. Writing about Linda's work at The Village, **Executive Director Elizabeth** King said, "Linda Burris has worked at The Village at Summerville for the past three years. She truly cares about this community and the residents, and it can be seen daily in her interactions. I feel very fortunate that Linda is a part of The Village team and is the first face to greet folks as they enter our healthcare center."



Quanisha Grandstaff, RN, Staff Development Coordinator at The Foothills Retirement Community, received the Excellence in Leadership Award. She has been Staff Development Coordinator at Foothills since 2017 and has twice stepped in to fill the position of Director of Nursing when it has been vacant. In addition to her work at Foothills, Quanisha is always ready to assist in onboarding and orienting new nurse leaders at PCSC communities around the state. Leslie Anzalone, Executive Director of the Foothills Community, shares, "Quanisha's focus is enriching the lives of those around her. There is great heart in making the day of others better and it's not something she is asked to do; it is something she seeks to do. She will always do more than asked."

Presbyterian Communities of South Carolina is honored to have these outstanding employees on our team. They are just three examples of the quality people throughout the organization who care for our residents every day. As you are visiting the communities, please take the time to thank staff members for their hard work and remind them that their efforts are deeply appreciated.

AMBASSADORS GATHER FOR 2024 MEETINGS

PCSC Ambassadors met in person this year at five communities (Laurel Crest, Clinton, Florence, Foothills, and The Village). Eighty-eight Ambassadors representing 48 congregations received the red-carpet treatment at the communities. Executive Directors, culinary teams, sales and marketing directors, and all members of the staffs demonstrated the very best in PCSC hospitality. And the food! The Executive Chefs, Culinary Directors, and culinary teams at all five communities received the highest praise for their efforts. Jenny Moore, PCSC Divisional Director of Culinary, and Heath Stone, Divisional Executive Chef, received well-deserved praise for their exceptional leadership at all five locations.

Franklin Fant provided an overview of the status of the communities and Bill McConnell provided information about the Foundation, a report on last year's Mother's Day Offering and specifics for this year's effort. Life Enrichment and Wellness staff from each community provided an overview of the Seven Dimensions of Wellness that guide our work with residents. We appreciate Amy Laughlin, Director of Residential Life, for guiding and assisting staff in the preparation of these presentations. Each was tailored for the individual community and provided good insight into ways that wellness is a vital part of resident life in PCSC.

The Mother's Day art and the Mother's Day video were each unveiled to great appreciation. This year's Mother's Day artist, Foothills Community resident Dr. MaryAnne Stoeppler was with us at Easley to accept the applause of all present for her beautiful watercolor painting, "Pure Joy."

After lunch, participants were treated to tours of the communities, getting up-close looks at life in Presbyterian Communities. We are deeply indebted to our Ambassadors who serve as our very best Mother's Day Offering cheerleaders in their congregations.



Ambassadors from the PeeDee area renew friendships and learn more about the annual Mother's Day Offering.



Rev. Dr. Franklin Fant, PCSC President and CEO



Ailee McKain, Foothills Director of Life Enrichment



Daniel Jordan, Sandra Davidson and Laura Marechal of First Presbyterian Florence with Franklin Fant.



Judy Harriman, recently retired from the Columbia Community, carried the Olympic torch.

OLYMPIC TORCH FLAMES AGAIN

On April 19, nearly 300 residents and staff from all six campuses converged on the Columbia Community for a day of fun, laughs, healthy competition, good food, smiles, and camaraderie. It was the day all had been waiting for. The 2024 PCSC Olympics were about to begin.

Opening ceremonies — complete with the Olympic Torch, an opening prayer, and rousing cheers from each community — let everyone throughout the Columbia Community know that this was not a day like any other. This was a special day!

Amy Laughlin, PCSC Director of Resident Life, captained the ship, ably assisted by Life Enrichment and Wellness Directors from all six communities. No detail was too small to

Division A (Columbia, Foothills and Village at Summerville)

Event	Medal	1st Participants	2nd Participants
Wii Bowling	Gold	Charlotte Grousso - Foothills	Curtis Davis - Foothills
	Silver	Betty Salmond - Columbia	Gene Hopkins - Columbia
	Bronze	Sally Rogers - Summerville	Lewis Mitchell - Summerville
Corn Hole	Gold	Ruth Belk - Summerville	Loren Hagen - Summerville
	Silver	Anna Faye McGehee Brooks - Columbia	Jim Jacques - Foothills
	Bronze	Pat Jacques - Foothills	Kathy Brown - Columbia
Spelling Challenge	Gold Silver Bronze	Yvonne May - Summerville Jackie Perrone - Columbia -	Bob Everett - Summerville Judy Aplin - Columbia -
Walking	Gold	George Hill - Foothills	Joan Erdman - Foothills
	Silver	Carey Brier - Summerville	Tom Lorris - Columbia
	Bronze	Gay Winter - Columbia	Mary Oliver - Summerville
Mini-Golf	Gold	Mary Coleman - Columbia	Ned Shows - Summerville
	Silver	Pat Hollifield - Summerville	Mace Coleman - Columbia
	Bronze	Ginger Hull - Foothills	Ray Howe - Foothills
Bocce Ball	Gold	Carol Curry - Foothills	Phil Clark - Foothills
	Silver	Carolyn Lowe - Columbia	Chuck Belhassen - Summerville
	Bronze	Jan Goin - Summerville	Herbert Croxton - Columbia

receive their careful attention. Not even an unexpected thunderstorm warning (that was lifted almost as quickly as it was announced) could keep Amy and her intrepid, tutu-clad crew from accomplishing an outstanding day of fun that will not soon be forgotten.

Resident competitions were the heart of the day. Match-ups in Wii Bowling, Walking, Spelling, Bocce Ball, Mini-Golf, and newly added Corn Hole brought lots of good-hearted rivalry to the day.

In addition to resident games, each community's culinary department was challenged to bring samples of their very best cookie. At lunchtime, participants sampled the cookies and voted for the best with dollar bills. All proceeds from the challenge benefit the Employee Emergency Fund of the community with the winning cookies. With votes of nearly \$800 received, the Cookie Challenge Champion was the Clinton Community: Tamieka Hawkins, Executive Director; Mark Cox, Executive Chef; and Tracy Anderson, Director of Culinary.

Lastly, the two awards that always brings the most excitement: The 2024 PCSC Olympics Spirit Award went to the Columbia Community (Cindy Robbins, Executive Director) and the 2024 PCSC Olympics Grand Prize for most points went to Laurel Crest (Jim Deel, Executive Director)! Congratulations to all the competitors, communities, staff members, and those who work throughout the year to make this day an Olympic-sized success!

Planning for the 2025 festivities has already begun. Stay tuned!

Check out lots of fun photos from the 2024 PCSC Olympics on the following pages!



Event	Medal	1st Participants	2nd Participants
Wii Bowling	Gold	Lu Ussery - Florence	Rosemary Stacho - Laurel Crest
	Silver	Barbara McKinnon - Laurel Crest	Jim Foote - Clinton
	Bronze	Martha Simmons - Clinton	-
Corn Hole	Gold	Joretta Rawl - Laurel Crest	Joe Rawl - Laurel Crest
	Silver	Gail Waltz - Florence	Chuck Hull - Clinton
	Bronze	Anne Pitts - Clinton	-
Spelling Challenge	Gold Silver Bronze	Robin Dean - Laurel Crest Alice Baker - Florence Sarah Ritter - Clinton	Linwood Small - Laurel Crest Strut Murdoch - Clinton -
Walking	Gold	Sandy Smith - Laurel Crest	George Hallman - Laurel Crest
	Silver	Trudy White - Clinton	Charles Stonerock - Florence
	Bronze	-	Dan Rumer - Clinton
Mini-Golf	Gold	Maymie Lou Spearman - Florence	George Cobb - Laurel Crest
	Silver	Bruce Duffy - Laurel Crest	Bob Lax - Clinton
	Bronze	Laura Ashley - Clinton	Steve Caddell - Florence
Bocce Ball	Gold	Doug Shealy - Clinton	Joe Lax - Clinton
	Silver	Betty Knoth - Laurel Crest	Henry Harkinson - Laurel Crest
	Bronze	-	-

Division AA (Clinton, Florence and Laurel Crest)



These cheerleaders were ready to support participants from ALL the communities!



PCSC Olympics Grand Prize winners, Laurel Crest, celebrate their victories.



The Clinton Community was fired up and ready for the red carpet at this year's Olympics.



"The Flowertown Enforcers" – also known as The Village at Summerville.



Representing the Mighty Ducks from Florence.



Loud and proud to be a Clinton supporter.



Laurel Crest's cheering squad!



The Foothills participants, medal winners, supporters and Fiddlesticks.



Summerville Chaplain Stephen Wilkins



Waiting for the winners to be announced.



Cheering on the Mighty Ducks of Florence.



Spirit Award winners from the Columbia Community's cheering squad.



Foothills Fiddlesticks provided entertainment.



Cheering on Laurel Crest!

Desserts, anyone?? It was fun to taste the various cookies and vote for the best!

PCSC WELCOMES AND THANKS BOARD MEMBERS

One of the most important resources for Presbyterian Communities of South Carolina is the guidance given by its Board of Trustees. In addition, the PCSC Foundation receives leadership from its Board of Directors. These committed leaders provide energy, intelligence, imagination and love for the organization and our residents to help establish long-term goals for the ministry. They also are charged with assuring that management carries out the Board's strategic directives.

At the end of 2023, two members of the PCSC Board of Trustees completed their terms, both of whom had completed a maximum term of nine years: Mark B. Clary and Rev. Dr. J. Eric Skidmore served as members from 2015-2023. We are honored to have elected two new trustees to fill these seats: Anna Corpening Edwards and John "Jay " Jackson, both of whom will bring new skills, talents and energy to this ministry. We look forward to their contributions. In addition, Martha Casto has completed her term as a member of the PCSC Foundation Board of Directors but continues on the PCSC Board of Trustees. We are pleased to welcome new members of the PCSC Foundation Board of Directors, Julian "Jay" Nexsen, and Robert Z. Warren.

PCSC is deeply appreciative of Mark and Eric for their service on the Board of Trustees, and for those who continue to lead this ministry into its next chapters.

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THREE PCSC TEAMMATES COMPLETE LEADERSHIP ACADEMY

PCSC is proud of the accomplishments of three teammates who recently completed the Vicki Moody Leadership Academy, sponsored by LeadingAge SC: Meredith Hughes, Executive Director of the Florence Presbyterian Community; Ailee McKain, Life Enrichment Director of the Foothills Retirement Community; and Joan Beyer, Life Enrichment Director of The Village at Summerville. These leaders spent the last year engaged in activities and seminars designed to prepare them for the future of senior living. At the recent LeadingAge SC State Convention, each presented results of a specialized study they had done through the year.

PCSC is proud that Jennifer Moore, Divisional Director of Culinary, and Vicki Sides, Healthcare Administrator in the Katherine R. Ligon Rehabilitation and Health Care Center at The Village at Summerville, are our 2024-25 Leadership Academy participants.







Ailee McKain



Joan Beyer

FOOTHILLS WELCOMES NEW CHAPLAIN



The Foothills Retirement Community welcomes the Rev. Mary Morrison as their new chaplain beginning April 1, 2024.

For the ten years prior to joining the Foothills Community, Mary served as Associate Pastor for Discipleship and Congregational

Care at Fort Hill Presbyterian Church in Clemson. In addition, she brings experience as Associate Executive Presbyter of Foothills Presbytery, with particular emphasis on vocations and education. She is a member of the Foothills Presbytery.

Mary is a graduate of Union Presbyterian Theological Seminary, holding the degrees of Master of Divinity and Master of Arts in Christian Education.

Mary brings a long history of connections to Presbyterian Communities as both a pastor and as the daughter of a Clinton and later Columbia Community resident.

Mary and her husband Mark are both life-long Presbyterians with two adult daughters who live in Washington state. Mark is a grocer with Food Lion and a better cook than Mary! They enjoy camping, hiking, and anything outdoors. Mary and Mark have two Maine Coon cats, Thomas O'Malley and Monterey Jack, who occupy their laps most evenings. Mary is enjoying her new Foothills family and feeling most welcomed by all the residents and staff.

Foothills Executive Director Leslie Anzalone remarks that Mary has quickly become a member of the Foothills family, from leading vespers and providing pastoral care to being a full participant in the recent staff pre-PCSC Olympics spirit week celebration of "Tacky Day." Leslie continues, "Mary fits in seamlessly with her nurturing and supportive approach, and we are blessed to call her our new chaplain."

RESIDENTS ENJOY REFURBISHED POOL AT FOOTHILLS

The Foothills Community was filled with excitement at the grand re-opening of their repaired and refurbished pool area, which includes a large recreational pool and hot tub.

To celebrate, the therapy and wellness departments held an introductory aquatic session for residents. Lonnie Sexton (below) was one of the first to arrive, ready to enjoy the benefits of water-based activities.



Lonnie has lived in the community for several years and enjoys any opportunity to chat about life and his joy of living. As a former Clemson University

Chief, he knows how to capture attention using his outgoing personality. A Vietnam veteran, Lonnie shared a moving story about being in the waters of the Me Kong Delta and being pulled to safety by members of his battalion. He takes pride in his military background and works very hard to maintain his mobility. Once in the water, Lonnie was surprised how easily he was able to move. As a bonus, it brings a sense of fun and laughter!

Research continues to show the many ways aquatic programs can improve balance, strength and flexibility. It also can significantly enhance posture, improve confidence and reduce the fear of falling. The Foothills Wellness Center pool will allow an expansion of the community's therapy and wellness programs. Be on the lookout for these opportunities.



CLINTON CREATIVES

Drawing, painting, molding, shaping: all are imperative when bringing ideas to life. Creating takes an individual who is willing to humor their own fantastical ideas and believe in their ability to produce them. This process may take lots of patience, determination and willingness to try again, as things always have a way of taking an unexpected turn. How beautiful it is to know that so many artists are among us and are willing to go on that journey time and again. With each new piece we are invited into their world and get to see their heart on display.



Jean Grubb and Betty Youngs take pointers from pottery instructor Eugenia Cochran.



Jim Foote prepares his pottery piece to be fired in the kiln.



Cora Stewart shows off her Art4Life masterpiece.

ECLIPSE PARTY!

Picture it: Clinton, South Carolina, 2024. The day is April 8, and there is something special in the springtime air. A solar eclipse is beginning to take place, and around the Clinton Community everyone is gearing up for a viewing party on the front lawn. Snacks and beverages in hand, residents begin taking their place to observe the heavenly phenomenon. Everyone is smiling, sharing stories, and recalling the last time they experienced an eclipse. Although Clinton only experienced 80% coverage, we celebrated as if we were in the line of totality! The music was loud, and many were singing, as the playlist blared tunes based on the sun, the moon, and the stars, such as King Harvests' "Dancing in the Moonlight." It was awesome to see the moon eclipse the sun, but what was even better was seeing God's children in wonderment at God's creation.



Above: Pastor Debby Plumstead Marshall gets the crowd excited to see the solar eclipse. Below: Residents enjoy an afternoon in the sun as they carefully view the solar eclipse.





Above: Megan Nicholson, Kiesha Whitener, and Jennifer Harris, the Clinton Community Life Enrichment Team, smile watching residents soak up the sun! Below: Johnny Smith finds the perfect way to take in the solar eclipse.





Joe Lax happy with his prize winning egg during the annual Easter egg hunt.



Life Enrichment Coordinator Megan Nicholson and resident Jane Cunningham are overjoyed to have snagged the golden egg.



Marion Simmons beaming with joy over her great find – a golden Easter egg.



Jane Crawford dining with friends during the Dining Around the World Program (Italy).



(L to R): Laura Ashley, Sylvia Rumer and Jan Stewart enjoy a special time with friends at the Women's Day Tea.



Carl Hust reigns as Purcell Place Sweetheart!





Hilda Carter proudly displaying her prize from the Valentine's Day Raffle.

LOVE IS IN THE AIR

Residents at the Clinton Community know just how to make someone feel special and shower everyone with appreciation and gratitude. The annual Valentine's social is a way to extend that same love and appreciation to the residents. With the help of delicious hors d'oeuvres, tea and desserts, residents reminisce with friends around the table. Soft piano melodies fill the room, and all are excited as time for the raffle approaches. One thing you can be sure of when visiting the Clinton Community, love is always present and abundant within these walls!





Chaplain Brooklynn Smith provided a blessing of hands to all Columbia teammates.



Allene Hatfield and Gay Ford visiting with registered therapy bunny, Matilda.



Residents Jan Harrison, Ashley Hill, Sandra Kirby, Barbara Fowler, Berley Lindler and Carolyn Lowe joined staff members on a prayer walk.



Alisha Knight, Sales and Marketing Director, hands out Valentine treats.



The Saints Alive Choir traveled for the first time since well before COVID and performed at Lexington Medical Center Extended Care.



Virginia Martinez and a local audubon society volunteer enjoyed taking part in National Backyard Bird Count.



In celebration of National Bird Day on January 5, senior birder and local Audubon Society member Patricia Voelker led residents on a bird walk on the campus. During the walk, 14 different species of birds were identified!



Sandy Harwell practices Bocce Ball in preparation for the PCSC Olympics.



Ashley Hill and Joann McDuffie having a blast playing corn hole.



Residents Jack Grindstaff and John Cordan enjoy hooping it up for March Madness.

Florence





Residents Betty Caddell and Charles Stonerock were among the crafty group who painted their very own Valentine door mats.



Resident Duna Humphries and her son, Jimmy Hanna, enjoy a delicious Valentine dinner. The evening ended with an entertaining "Not-So-Newlywed Game!"



Resident Grace Blackman shows off her handmade St. Paddy's planters.



Rebecca Hinds and her mother, resident Lola Faye Craig, with Gertrude Hall at the Valentine dinner.



Left: Maymie Lou Spearman, Ruthie Matthews and Alice Baker plant marigolds in the St. Patrick's Day planters they made.

Right: Steve and Betty Caddell, celebrating and toasting Mardi Gras 2024!





Residents Gayle Waltz and Jack Edwards "visit Cuba" during the Dining Around the World Series, a monthly culinary adventure.



The Florence Community was way too "egg-cited" about Easter. Residents join together to become artists for the day, painting the first Annual Eggstravaganza canvas. Above: Maymie Lou Spearman tosses an egg at the canvas, with the final work of art shown above (inset).



Resident Peggy Singletary gets ready for the flowers to bloom by painting a flower pot.



Right: Resident Betty Rogers, competes in a Cheeto game that brought all smiles.



"It's Not Easy Being

Left: Hepsy Parham, proudly shows off her trophy as the 2024 Cheetos Day Winner.

Cheesy!" Residents celebrate National Cheetos Day by doing all things cheesy!





HAPPY RETIREMENT TO FOOTHILLS' CHAPLAIN

The main dining room was "standing room only" during the retirement party for the Reverend Dr. Joseph Gaston (above, with his wife, Karen) in February. Rev. Gaston served as Chaplain at the community for over seven years. Residents and staff of the Foothills Community wish him and Karen many blessings on their new journey into retirement.



Mary Coronato, Fred and Annette Bailine, Carol and Robert Floriani, Jean Bickel and John Minerva pause for a photo at Foothills' annual Valentine's Day Gala. Residents enjoyed an elegant evening with musical entertainment and a four-course dinner with family and friends.



Marianne Bolton, Joan Erdman, Pat and Jim Jacques were among the residents to kick off the first day of Spring with a stroll through Cleveland Park.

LUCK O' THE IRISH

The Foothills Community celebrated St. Patrick's Day with the Foothills Fiddlesticks, a festive lunch and Irish entertainment.



Foothills Fiddlesticks



Betsy Hays and MaryAnne Stoeppler celebrate the Luck o' the Irish.



Swamp Rabbits hockey team mascot, Stomper, made a special visit to the Foothills Community, posing with Fred Owens (above left) before showing off his pull-up skills in the Wellness Center. Go Swamp Rabbits!



The Easter Bunny visits with resident Nancy Dougherty and team member Kendra Bagwell and her family and a friend during the annual Easter Egg Hunt. Below right: One of the many children on-hand for the celebration shows off their treat!





Left: A special violin concert by Basil Alter provided a classical musical treat for residents. Alter studies at the Royal Academy of Music in London. His visit to the community was coordinated by resident Gene Goodwyn.

THERAPY NEWS



Wanda Hughes and Marie Schlemmer venture into the pool for a session.

With the opening of the newly expanded Wellness Center and Therapy Gym, the Foothills therapy clinic now offers Aquatic Therapy. Adults who have chronic pain, osteoarthritis, rheumatoid arthritis, osteoporosis, fibromyalgia, peripheral neuropathy, low-back pain, gait deviations or balance difficulties would benefit from this form of rehabilitation.

The Foothills therapy clinic continues to offer LSVT BIG and SPEAK OUT! programs, which are research-based Parkinson's specific programs. LSVT BIG has been proven effective in helping people walk faster with larger steps, improving their balance and torso movement, and reducing the risk for falls. SPEAK OUT! is a new treatment that emphasizes speaking with intent. This voice program has been effective at reducing risks for speech and swallowing issues as the disease progresses.



Roland Labounty works on his balance.







Above: Nona Clark with a USC volunteer in the beginning stages of spring gardening.

Left: George Cobb and two USC volunteers getting ready for litter pickup in neighborhoods close to Laurel Crest.



Barbara Berkowitz and Physical Therapy Assistant Danielle Krider take in the beautiful view on the paved walking trail during a therapy session.



Residents enjoyed the first Paint and Sip art session, led by Brittney DeRosa (front). Back row: Rose Stacho, Henry Hall, Elisabeth Hall, Barbara McKinnon, Chelsea Goodnight, Barbara Berkowitz and Betty Knoth. Middle row: Allie Scollon, Sally Jackson, Judy Turnipseed and Mary Nichols.



Residents show off their masterpieces in our second session of a Paint and Sip Program. Back row: Judy Turnipseed, Barbara McKinnon, Sally Jackson, Nell Ruffin and Scott Samson. Front row: Sue Hardin, Rose Stacho and Brittney DeRosa (art class leader).



(L to R) Beth Blakeney, Nancy Spurgeon, Rick Handle, Betty Knoth, Jean Timbes, John Spurgeon, Judy Turnipseed, Vivian Chapman, Joe Pinner, Pauline Bresko, Fran Dadisman, Al Jordan, Sallie Guess, Carol Carter, Gayle Chifolo, Judy Thompson, Judy Jordan, Allie Scollon, BF McGee, Cessandra Carter, and Dr. George Hallman pose with the celebratory cake and poster after winning The State's Best!



Gerry Watson (front yellow), Betty Hendrix (middle in black) and Betty's daughter Kim (back left in Gamecock shirt) and a young friend show support at the USC Basketball-Women Gamecock's parade.



Audrey Richards stuffing eggs for the Easter Egg Hunt.



In celebration of Easter, Sallie Guess and Rose Stacho (seated) visit with Taco the Therapy Bunny, thanks to Melissa Busby with Wellhaven Home Care.

(L to R) Sallie Guess, John Dean, a friend of Mr. Dean, and Allie Scollon have fun during our OTAGO Fitness Class, led by Judy Turnipseed.







Eleanor Bosco is happy to receive her Valentine's Day gift from her Life Enrichment team.



Michael McGhee, Ned Shows and Marshal Motte enjoy football trivia at the Super Bowl Kickoff Party.



Jennifer Horton, Healthcare Life Enrichment Coordinator, and Pauline Kelley celebrate St. Patrick's Day in style.



St. Patrick's Day fun with Mary Oliver and Alan Oliver.



Ramona Hatfield looks beautiful in her floral hat at the International Women's Day Tea.



Above: Residents Charlie Barans, Carey Briar and Lewis Mitchell plant a palm in honor of Arbor Day. Below: Resident and staff of The Village celebrate Arbor Day with a newly planted palm.





Residents and staff members from across The Village participated in a colorful Mardi Gras Parade. Let the good times roll!

Right: Residents are so excited about the Pye Buddies Reading Program. This group will go to Joseph Pye Elementary the third and fourth Fridays of every month to work with 3rd graders to improve their reading levels. Plans are even underway for the students to take a trip to The Village to see where their book buddies live.



Above: Frank Jones retires after 25 years of dedicated service to The Village. Congratulations, Frank!

Left: Emeliz Diaz was awarded the American Heart Saver Hero award for her successful part in saving a resident's life.



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