

Sunday

Monday

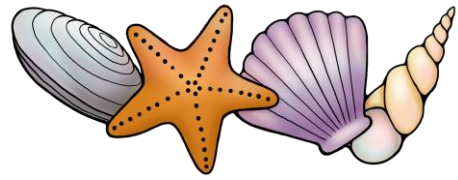
Tuesday

Wednesday

Thursday

Friday

Saturday



Arbors at Ridges June 2024 Life Enrichment Calendar



						<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Book Club with Gabe - CR</p>
<p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:30 Buggy Visits with Ebenezer Toddler Friends - All Floors</p> <p>10:45 Service of Morning Prayer with Chaplain Darin - CR</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR</p> <p>3:00 Wii Bowling - TH</p> <p>6:00 Monday Musical: <i>Funny Girl</i> - Ch 71</p>	<p>CAMP COURAGE CABIN TRIP (JUNE 4-6)</p> <p>9:30 <i>Arthritis Foundation</i> Exercise - CR</p> <p>10:45 Garden Décor Craft with Ebenezer Preschool Friends - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Root Beer Float Social - CR</p> <p>2:30 Piano Music with Heidi - CR</p> <p>6:00 Evening Movie: <i>The Blue Angels</i> - TH</p>	<p>9:30 <i>Ebenezer Ridges Memorial Service</i> - CR</p> <p>10:45 Seated Yoga with Gabe - CR</p> <p>1:00 Brain Teasers - CR (Sensory/Brain Wellness)</p> <p>2:00 Featured Cocktail Hour: <i>Malibu Blue Hawaiian</i> - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 <i>Fit Ball Strength</i> Training Class - CR</p> <p>10:45 Resident Forum - CR</p> <p>1:00 Pet Visits with Carole & Scruffy - CR</p> <p>2:00 Monthly Birthday Party - CR</p> <p>3:00 SUNFLOWER Theme Bingo - CR</p> <p>*6:00 Evening Scenic Drive</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:15 Pet Visits with Paul & Jolie</p> <p>10:30 Friendship Visits - All Floors</p> <p>2:00 Popcorn Social - CR</p> <p>2:30 Piano Music with Heidi - CR</p> <p>3:00 Relaxing Music with Nature Scenes - Ch 71</p> <p>6:00 Inspirational Documentary: <i>A New Perspective - A Nature Conservation Documentary</i> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:30 Friendship Visits - All Floors</p>
<p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:15 Buggy Visits with Ebenezer Infant Friends - All Floors</p> <p>10:45 Name that Prize! (Sensory/Brain Wellness Game) - CR</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 National Iced Tea Day Social - CR</p> <p>3:00 Wii Bowling - TH</p> <p>6:00 Monday Musical: <i>The Pajama Game</i> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>*10:30 Manicures & Mimosas with Bobby Jo & Chantel - WR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Root Beer Float Social - CR</p> <p>3:00 Neighborhood Trishaw Bike Rides - Front Parking Lot</p> <p>*6:00 Evening Scenic Drive Shavuot Begins</p>	<p>9:30 <i>Worship Service with Holy Communion</i> - CR</p> <p>10:45 <i>Art with Heart</i> with Teaching Artists Debbie & Sue - WR</p> <p>*1:00 Shopping Outing: <i>Target (Burnsville)</i></p> <p>2:00 Featured Cocktail Hour: <i>Tequila Sunrise</i> - CR</p> <p>3:00 Divine Mercy Chaplet / Catholic Communion / Rosary - CH</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 Morning Coffee Chats - CR</p> <p>10:30 Super Stretch Seated Yoga with Ebenezer Preschool Friends - CR</p> <p>*12:00 Egg Roll Queen Food Truck - Arbor Lane Parking Lot</p> <p>1:00 Pet Visits with Carole & Scruffy - CR</p> <p>2:00 Chef's Special Social - CR</p> <p>3:00 SUMMERTIME Theme Bingo - CR</p> <p>5:00 - 6:30 Surveys, Sweets & Songs! (5:30 pm - Music by <i>Dragonfly</i>)</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:15 Pet Visits with Paul & Jolie - All Floors</p> <p>10:30 Friendship Visits - All Floors</p> <p>2:00 Popcorn Social (Piano Music with Heidi) - CR</p> <p>3:00 Relaxing Music with Nature Scenes - Ch 71</p> <p>6:00 Baseball: <i>A Film by Ken Burns</i> - Ch 71 (Flag Day (US))</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Actor/Actress Showcase with Amy - CR</p>
<p>10:30 <i>Worship Service with Ebenezer Corporate Chaplain Chris Beckman</i> - Ch 71</p> <p>1:00 Fathers' Day Bingo - CR</p> <p>2:00 Fathers' Day Social - CR</p> <p>3:00 <i>Precious Memories Hymn Sing</i> - CR</p> <p>Father's Day</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:30 Buggy Visits with Ebenezer Toddler Friends - All Floors</p> <p>10:45 Brain Teasers (Trivia and Word Games for Brain Health) - CR</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR</p> <p>3:00 Wii Bowling - TH</p> <p>6:00 Monday Musical: <i>South Pacific</i> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>*10:00 Catholic Mass & Reconciliation - ECH</p> <p>1:00 Dime Bingo - CR</p> <p>*1:45 Ebenezer Art Show Outing (Ebenezer Corporate Office - Edina)</p> <p>2:00 Ice Cream Treats Social - CR</p> <p>2:30 Piano Music with Heidi - CR</p> <p>6:00 Evening Movie: <i>Arthur the King</i> - TH</p>	<p>9:30 <i>Worship Service</i> - CR</p> <p>*10:45 International Picnic Day Outing: Picnic & Trishaw Bike Rides <i>Cleary Lake Regional Park</i></p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Featured Cocktail Hour: <i>Malibu Bay Breeze</i> - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 <i>Fit Ball Strength</i> Training Class - CR</p> <p>10:45 Friendship Visits - All Floors</p> <p>1:00 Pet Visits with Carole & Scruffy - CR</p> <p>2:00 Chef's Special Social - CR</p> <p>*3:15 Ebenezer Ridges Campus Summerfest! - Arbor Lane Parking Lot (Summer Begins)</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:15 Pet Visits with Paul & Jolie</p> <p>*11:45 Special Lunch with Ebenezer Preschool Friends - CR</p> <p>2:00 Popcorn Social - CR (Piano Music with Heidi)</p> <p>3:00 Relaxing Music with Nature Scenes - Ch 71</p> <p>6:00 Inspirational Documentary - <i>Giannis: The Marvelous Journey</i> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:30 Friendship Visits - All Floors</p>
<p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:15 Buggy Visits with Ebenezer Infant Friends - All Floors</p> <p>10:45 Service of Morning Prayer with Chaplain Darin - CR</p> <p>1:00 Unwrapping Music with MacPhail Center for Music - CR</p> <p>2:15 Happy Hour - CR</p> <p>2:30 - 3:30 Monthly Dakota County Library Outreach Service TH</p> <p>6:00 Monday Musical: <i>Oklahoma!</i> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 Morning Greetings with Ebenezer Preschool Friends</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Root Beer Float Social - CR</p> <p>3:00 Neighborhood Trishaw Bike Rides - Front Parking Lot</p> <p>6:00 Evening (Book Club) Classic Movie: <i>The Maltese Falcon</i> - TH</p>	<p>9:30 <i>Worship Service</i> - CR</p> <p>10:45 Seated Yoga with Gabe - CR</p> <p>*11:00 Lunch Outing: <i>Dragon Star Buffet (Burnsville)</i></p> <p>1:00 Friendship Visits - All Floors</p> <p>2:00 Featured Cocktail Hour: <i>Wine Spritzers</i> - CR</p> <p>3:00 Divine Mercy Chaplet / Catholic Communion / Rosary - CH</p> <p>6:00 Classic Comedy Hour - Ch 71</p>	<p>9:30 Morning Coffee Chats - CR</p> <p>10:30 Super Stretch Seated Yoga with Ebenezer Preschool Friends - CR</p> <p>1:00 Pet Visits with Carole & Scruffy - CR</p> <p>2:00 International Pineapple Day Social - CR</p> <p>*2:30 Music by Vinnie Rose & Rita's Italian Ice Treats - Arbor Lane Patio</p> <p>6:00 Minnesota From the Road Presentation with Doug Ohman: <i>Southern Prairie Tour</i> - CR</p>	<p>9:30 <i>Balance & Motion Class</i> - CR</p> <p>10:15 Pet Visits with Paul & Jolie</p> <p>*10:30 Manicures & Mimosas with Bobby Jo & Heidi - WR</p> <p>1:00 Wellness Presentation: <i>Super-Agers: The Health Benefits of Community, Connection & Activity</i> - CR</p> <p>2:00 Ice Cream Treats Social - CR</p> <p>3:00 Relaxing Music - Ch 71</p> <p>6:00 Inspirational Documentary: <i>Happy People: A Year in the Taiga</i> - Ch 71</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - Ch 71</p> <p>10:30 Morning Coffee Chats - CR</p> <p>1:00 Dime Bingo - CR</p> <p>2:00 Happy Hour - CR</p> <p>3:00 Book Club with Gabe - CR</p>
<p>10:30 Worship Service with Ebenezer Corporate Chaplain Chris Beckman - Ch 71</p> <p>1:00 Pokeno - CR</p> <p>2:00 Afternoon Refreshments - CR</p> <p>3:00 Precious Memories Hymn Sing - CR</p>	<p style="text-align: center;">PLEASE NOTE: Outings/programs marked with an asterisk (*) have limited space and require sign-up. Please sign up in the Life Enrichment Binder (in the lobby) where more information is provided.</p> <p>LOCATION KEY: Ch 71 = Arbors TV Channel 71; CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); DR = Dining Room (1st floor); ECH = Ebenezer Care Center Chapel; PDR = Private Dining Room (1st floor); SL = Stoneridge Lounge (1st floor); TH = Theater Room (1st floor); WR = Wellness Room (1st floor)</p>					