

Assisted living & memory support

1500 O'Day Street Merrill, WI 54452 715-536-5575 info@belltowerresidence.com Set on 12 beautifully landscaped acres with over 68,000 square feet of living and common spaces, Bell Tower is a friendly assisted living community where residents feel at home and live life well with purpose and dignity. We offer private apartments, religious services, activities, outings, delicious home-cooked meals and our caring and compassionate staff are always nearby to help.

For more information or to schedule a tour, please reach out to our Admissions Coordinator, Mikaela Meier.

#### Bell Tower Wish List

Thank you for your donations! https://a.co/eiAYOWM

Phone: 715-536-5575

Email:

mmeier@carriagehealthcare.com





DIRECTIONS: Find and circle the vocabulary words in the grid Look for them in all directions including backwards and diagonally

ESUTWBWOVARMFLAGDAY DSEWNOITAUDAR LXKOCELFENKIEHPXEFK X S T R A W B E R R Y C D N S B K A W

ALEXANDRITE BARBECUE D-DAY DIPLOMA

FATHER'S DAY

FLAG DAY

GARDEN GEMINI GRADUATION HONEYSUCKLE JUNE

JUNETEENTH

LEMONADE LONGEST DAY OUTDOORS PEARL

SOLSTICE STRAWBERRY SUMMER THIRTY DAYS PICNIC VACATION ROSE WEDDING

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## Celebrating June

1st-Pet **Appreciation Day** 2nd-National **Garden Day** 4th-Balloon Flight Day 5th-World **Environment Day** 6th- Drive in Movie Day 7th- Chocolate Ice **Cream Day** 15th- Day of Giving Day 16th—Fathers Day 17th-Nursing **Assistance Week** 20th– The Longest Day 25th-Summer **Camp Stories Day** 29th-Tropical **Getaway Day** 30th-Gone Fishing Day

## The Season of Summer

Journeying Together

You've probably heard the quote, "it's not the destination; it's the journey." This speaks to the mindset of appreciating that all of our experiences along the way in life are just as important as the destination of being where we want to be. Having people to share the journey may also make life sweeter.

As we reach our senior years, having people to share our life and with whom to socialize becomes even more important. Having the chance to socialize may help improve your mood, avoiding the depression or other mental health concerns that result from isolation. Engaging in activities also keeps us from being sedentary and promotes a healthy lifestyle with positive impacts on our blood pressure, cholesterol and blood sugar. And what better way to get involved in activity than to have a friend to bring along!

As we turn the calendar page to June, we look forward to being outside, barbecues, Trishaw rides, and outings—with each other. Indoors we will still have exercise, Bible studies, sing-alongs, and one-to-one visits. At Bell Tower Residence our activity program isn't just designed to keep our residents busy, but also to provide the socialization and camaraderie that promotes the well-being of residents and staff alike.

We are on this journey together. We are experiencing life with each other along the way. We share each other's happiness and tears. We invite you to journey with us at Bell Tower Residence, and welcome you as a resident, employee, volunteer, or community supporter. Join us, and enjoy the journey. -Kris Mcgarigle

#### Staff Birthdays

3rd- Lynn E
9th- Phyllis S
24th- lan M
25th- Allison B
26th- Adeline C
29th- Darlene L

#### Staff Anniversaries

1 year- Ivan A
1 year- Martha C
1 year- Angela H
1 year- Ian M
1 year- Phyllis S
2 years- Sabrina W
2 years- Som S
4 years- Allison B
6 years- Rebecca R

#### Resident Birthdays

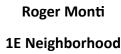
4th- Pennie B
5th– Betty M
6th– S Carol C
11th– S Anita H
16th– Ruth R
19th– Janet F
24th– S John Marie

#### Resident Anniversaries

1 year- Willie C
2 years- Donna G
2 years- Arlene Y
4 years- Shirley O
5 years- Larry P
7 years- Marlene S
19 years- S Anita

## Welcome to Bell Tower!







Sandra Monti
1E Neighborhood



Kathrine Backe

1E Neighborhood



Deborah Geier Dietary Aide



Dietary Aide



PCW



Becky Beltz PCW

## The Importance of

### Activities for our Memory Care Program:

Offering Stimulating activities to an individual suffering from either Dementia or Alzheimer's increases their quality of life substantially. Stimulating the senses of a person with dementia may lead to positive outcomes such as an increased level of concentration along with their cognitive function. This is why it is so important to provide physical activities, sensory stimulation, musical therapy and mental stimulation such as trivia and reminiscing to ensure we are meeting their needs and providing the support needed.

#### Movie Matinee's Coffee Counter

"Wonka"
Monday June 3rd 2024
Showing Time: 2:00 pm
PG 1h 57m

"Up"
Monday June 17th 2024
Showing Time: 2:00 pm
PG 1h 36m

Evening Films on 3rd Floor Movies Premiered every Wednesday at 6:30 pm

5th- "Annie" PG 12th- "Home Team" PG 19th- "Greater" PG 26th- "Matilda" PG

#### CHAPLAINS CORNER

June ushers in the season of Summer. This means warmer weather and a stronger drive for us to spend time outside, soak in the sun. Our worship or faith lives may be shaped differently during the summer months as well.

When I was way younger, 8 or 10 years old, my mother would often shift Sunday worship to less during the summer months, because we were pretty active at church during the school year, and of course we had vacation and other things planned that took us away on Sunday mornings. I get it, summer Sundays are very valuable. They recharge our souls.

How can we continue to enjoy the summer months and moments we have while also keeping attuned to our faith?

Make a plan to attend worship when it is scheduled at Bell Tower is a step, especially if it is a rainy day. Including more prayer and praying for all the fun activities you may participate in can help renew your faith and senses to what God has given us. Consider this prayer for Bicycles! Maybe this can be our prayer when the trishaw is in use during the warm weather months.

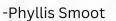
"God of play and transport, We are thrilled to be able to experience your world from the seat of our motorcycles and bicycles, from our skateboards and scooters and rollerblades. Keep those who ride mindful of cars and animals, rocks on the trails, and rounding corners. Keep those who drive aware of speedy bicycles, new riders wavering in their steadiness, and the tenderness of training wheels. Bless

these wheels that they would move us from place to place safely. Bless the helmets that we wear, that they would protect us if we fall and be a sign to those around us that we value the life you have given us. Be the wind at our back and the strength to push up a hill. Grant us safe travel throughout our days and guide us safely home each night. In Jesus' name we pray. Amen."

Or how about for travelers.

"O God, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve us/those who travel: surround us/them with your loving care; protect us/them from every danger; and bring us/them in safety to our/their journey's end; through Jesus Christ our Lord. Amen."

We may need a much-needed break from the cold weather, but isn't it awesome that God never leaves us and gives us great joy? May you have an awesome start to summer and a thriving and growing faithful season.





## JUNE EMPLOYEE

### $oldsymbol{--}$ OF THE MONTH $oldsymbol{--}$



Nominated by Alison Campy
"Jessica demonstrates the Bell Tower Core
Values daily. Jess is determined to provide
the utmost best care to the residents as a
CNA while also working as our nursing staff
scheduler. Jessica is a team player at Bell
Tower and we are very grateful to have her. "



# In Loving Memory of KRISTIN SOBIESCZYK

5/1/1943 - 5/10/2024

Kristin (Kris) J. Sobiesczyk, age 81, died Thursday May 9th, 2024, at Bell Tower Residence in Merrill WI. Kris was born May 1st, 1943, in Appleton WI and was the only daughter of Norman F. and Carmen (Meartz) Pope. Kris graduated from Appleton (West) High School in 1961 where she enjoyed and exceled at playing the clarinet in the high school and city bands. She attended Oklahoma School of Business and then worked at Appleton Coated Paper Company as a receptionist and switch board operator. This is where she met John, whom she married on July 31st, 1965. She left the business world and moved to the country and raised beef cattle, chickens, and pigs. Kris loved to feed and care for both wild and domestic animals, especially dogs, birds, and squirrels. She was an extremely loving and kind mother who raised four children whom loved her dearly in return. Kris then returned to the career world as a school bus driver and Walmart employee. Her favorite hobbies were reading books, tending flowers, and knitting. She enjoyed taking bus trips with friends, her bunko club and assisting other people. Her amazing smile and hugs will be greatly missed.



08/25/1936 - 05/15/2024

Kenneth Allan Graap, age 87, passed away on Wednesday, May 15, 2024 at the Aspirus Hospice House with his family by his side. Kenny was born in the Town of Corning, Wisconsin on August 25, 1936 to the late Charles and Dorothy (Mittag) Graap. On December 22, 1956, Kenny married Carolyn Ann Plautz at Trinity Lutheran Church in Merrill. She preceded him in death on November 17, 2020. Kenny proudly served in the Army Reserve and was called into active duty during the Berlin Crisis and was stationed at Fort Lewis Army Base in Tacoma, Washington. For 20 years, Kenny owned and operated GW Incorporated. He was also a gifted craftsman who built furniture and cabinets as well as finishing the inside of both family homes. He enjoyed deer and bear hunting, target shooting and traveling to their Arizona home in the winter. He enjoyed having coffee with his Tuesday/Thursday men's coffee group and dinners out with friends. Kenny loved people. He adored kids, especially his grandchildren and great grandchildren. He always had full-size candy bars and dollar bills for the kiddos when they visited with grandpa. Kenny loved Carolyn and his children dearly. Kenny was a very kind, generous, and social man who will be missed dearly by his family and friends.